

m⁷ ANAN R274676

EPITOMIE

OF MOST

Experienced, Excellent and
Profitable SECRETS ¹⁰³⁸ C. 18

appertaining to

PHYSICKE

AND

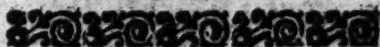
CHIRVRGERY.

For all those Diseases that are
most predominant and dangerous (cu-
rable by Art) in the Body of Man,
as by the TABLE appears. N

Also, the judgement of Urines.

For the benefit of such discreet
Ladies, Gentlewomen and others
which labour to doe good in that Art
Mystery and Profession.

By O. W. Professour in Physicke and
CHIRVRGERY. P.



Printed by T. B. and are to be sold in London
and Westminster-Hall 1691. 10



1030.218



THE EPISTLE

to the READER,



Discreet Ladies, Gentlewomen, and others; this small Epitomy of Physicke and Chyrurgerie; being most usefull, excellent and necessary for all People, as well Rich as Poore, it being such a precious Jewell, and gathered by Doctor O. W. and recommended by that worthy and learned

To the Reader.

Man Doctor Read, that writ so many things of *Physicke* and *Chyrurgery*, and it having his approbation and judgement, I could not let it lye in obscurity; and the rather I put it abroad, because that I have knowne some hundreds of late have found the Benefit of it; and by the practise of this and some others, have with Gods blessing, preserved and recovered many a sicke and diseased Body. And as in all civill and well ordered Commonwealths, even where best Schools of Learning and famous Universities are, you shall finde published not onely methodicall Discourses concerning the curation
of

To the Reader.

of infirmities of the Body of Man; but Treatises also containing parable Medicaments, which any one who is endued but with a meane judgement, may apply to himselfe, where as neither Physician nor Apothecary can be had.

Great plenty of such Books are published in the *German* tongue; for the *Germans* delight in uttering of Pamphlets, promising the revelation of secrets in Physicke, which prove nothing else but triviall toyes.

England in like manner is reasonably ill stored with such stuff, which emboldeneth no small number of bold Knaves and Im-

To the Reader.

prudent Queanes to meddle with
the practise of Physicke, to the
utter ruine of no smal number of
rude and improvident persons,
who commit themselves to the
Skil and Cure of such unworthy
persons. That this is a truth, the
manifold complaints which come
to the Physicians Colledge, when
the Fellowes sit, doe make
good. So that it might seeme
requisite rather to suppress
most of these TREATISES,
then to publish any more of this
kinde. But this BOOKE may
be priviledged to come abroad,
if you respect the Method or
Matter.

The Remedies may easily be
found

To the Reader.

found out, the Diseases being set
downe in the TABLE.

The Remedies are not to be
rejected; but, seeme to have
beene set downe by one who was
no Stranger in the practise of
Physicke.

The PRINTER was not wil-
ling to keepe the TREATISE
within his private wals, but to
present them to the publicke
view and cenlure. He onely
desireth that his good intention,
and purpose to further the pub-
licke good, may be taken in good
part of those who have not too
censuring Spirits. If he shall
finde thy favourable acceptance
of

To the Reader.

of this TREATISE, he will not spare to publish BOOKS of the like Subject come to his hands, if they shall be thought worthy.

ALEXANDER READ

Doctor of *Physicke*.



THE CONTENTS

of this B O O K E.



<i>F all Aches in generall.</i>	Page 1
<i>How to cure old Aches.</i>	p. 2
<i>Aches in Bones or Joynts, the cure.</i>	p. 3
<i>Aches or Lamenesse in Members or Joynts.</i>	ibidem
<i>Aches in any Member.</i>	ibid.
<i>Another for the same.</i>	p. 4
<i>An Oyl that cureth all aches in Man or Beast.</i>	ibid.
<i>An Unguent for Ache, Bruise, or Sprain.</i>	ibid.
<i>For any Ague falne into the Legs and swolne, the cure.</i>	p. 5
<i>Assasmus or Numnesse in Joynts or else-where, to cure.</i>	ibid.
<i>Argentum vivum to Mortifie.</i>	p. 6
<i>Apoplex, to cure.</i>	ibid.
<i>A Salve for the Apoplex.</i>	ibid.
<i>Aqua Composita, good for Head, Memory, and all Diseases.</i>	p. 7
	Another

The Contents.

Another. <i>Aqua Composita.</i>	p. 8
<i>Ague</i> or burning <i>Feaver</i> , to coole or helpe.	ibid.
<i>Ague</i> , a Medicine to binde to the <i>Wrist</i> , to Cure it.	p. 9
<i>Ague</i> hot, a cooling <i>Julyp.</i>	ibid.
<i>Ague</i> to heale both in old and young proved.	p. 10
<i>Aromaticum Rosatum</i> , which healeth the weaknesse of the stomacke, comforteth all parts of the Body, cleanseth corrupt humors in the Breast, comforteth the Braine and Heart, and causeth good digestion.	ibid.
<i>Ague Tertian</i> , the Cure.	p. 11
<i>Ague</i> or <i>Feaver</i> hot a <i>Julip.</i>	ibid.
<i>Ague Tertian</i> , the Cure.	ibid.
<i>Ague Tirtian</i> , the Cure.	p. 12
<i>Ache</i> , <i>Griese</i> or Pain, an <i>Unguent</i> , the Cure.	ibid.
For an <i>Ague</i> , sore in knee or joynt, for swelling or <i>Sciatica.</i>	p. 13
<i>Ague</i> or <i>Feaver</i> of <i>Phlegme</i> , <i>Diary</i> or <i>Quotidian.</i>	ibid.
<i>Pils</i> of excellent vertue to purge all <i>Flegmaticke Feavers</i> or <i>Agues.</i>	ibid.
The poore man's Cure for his <i>Feaver.</i>	p. 14
<i>Ague</i> or <i>Feaver Quartan</i> of <i>Melancholly.</i>	p. 15
For the <i>Feaver Quartan.</i>	ibid.
<i>Ague</i> or <i>Feaver Tirtian.</i>	p. 16
The Cure.	ibid.
First use this <i>Glyster.</i>	p. 17
	Then

The Contents.

Then a purge if need require.	ibid.
Fever which cometh of Blood, the Cure.	p. 18
Back weake to Comfort.	p. 19
Back weak to restore.	ibid.
Or,	ibid.
Belly or Sides hardnesse, an Unguent.	p. 20
Blood to staunch.	ibid.
Another excellent one.	ibid.
Blood spitting to staunch.	p. 21
Blood pissing, to stay.	ibid.
Black and blew in the face by a blow.	ibid.
Blood bruised to avoyd.	p. 22
Breast swolne, to ripe, break and heale.	ibid.
Breast sore, to break.	ibid.
Bruise to Cure and help.	p. 23
Burning or Scalding, the Cure.	ibid.
Another for the same.	p. 24
An Injeſtivement or Lotion.	ibid.
Bruises, a Plaister.	ibid.
Breasts to cleanse of Phlegme.	p. 25
Braine and Back to purge.	ibid.
Braines, Nerves, Sinews, or Griefes of the Head, the Cure.	p. 26
Breath stinking the Cure.	ibid.
Breath stinking, Lozenges to Cure.	p. 27
Bones broken and set, a Plaister to ease Pain.	ibid.
Blood to staunch at Nose, or in a wound.	ibid.
To skale a mortified black Bone.	p. 28
Bruise or Bruises to Cure.	ibid.
	Bloody.

The Contents.

Blody-Flux, Scowring or Gonorrhea.	p. 29
Burning or Scalding, an approved Medicine.	ibid.
Back Paines, the Cure.	ibid.
Breath given, in Consumption or Weaknesse.	p. 30
Bruise to Cure, also good for the Stone.	ibid.
Canker in the Breast, or Ploypus in the Nose.	ibid.
Canker, a Plaister.	p. 31
Canker to extirpate and take out.	ibid.
Canker, a Lotion.	ibid.
Canker in Mans privities, to Cure.	p. 32
Canker in the Body, to cure.	p. 33
Canker or sore Eyes.	ibid.
Consumption, the cure.	ibid.
Consumption, a noted cure.	p. 35
A Dyet drinke for the Consumption.	ibid.
Cough of the Lungs to cure.	p. 36
Cough of very hard Pblegme to cure.	ibid.
Cold hoarcenesse to cause to speake cleere Presently.	p. 37
Cough very cold to cure.	ibid.
Consumption, a Medicine.	ibid.
Collick a present remedy.	p. 38
Cough and strong Consumption, a Potion.	ibid.
Collick and Stone, the cure.	p. 39
Collick of the Winde.	ibid.
Collick and Stone, the cure.	ibid.
Collick the cure.	p. 40
Cramps, Convulsion, or shrinking Sinews.	p. 41
Cramp,	

The Contents.

Cramp, the cure,	ibid.
Cods swelling to cure.	ibid.
Camphire Water to beale.	p. 42
Cornes in the Toes to cure.	ibid.
Carbuncles to rise and breake.	ibid.
Cankers inward or outward to cure.	p. 43
Cramp in Arm or Legge, the cure.	ibid.
Canker or Pock in any part of the Body to cure.	ibid.
Deafnesse to cure.	p. 44
Another.	ibid.
Diseases many and generall, an Elecluary.	ibid.
Dropsie, a Purgation for it.	p. 45
Dropsie, a Medicine.	p. 46
Dropsie, a Dyet-Drinke.	ibid.
Dropsie, or any other Disease; a Treakle to cure.	47
Dropsie, an excellent Potion.	ibid.
Deafnesse, a precious Medicine.	ibid.
A Defensive to stay Impeftumes or Inflamations from all greene Wounds, apply it both sides the Wound.	p. 48
A Defensive for green Wounds.	ibid.
Dropsies, Pox, Consumption, or any Disease.	p. 49
Diafcordium, an excellent cordiall to make.	ibid.
Eyes red and watering, the cure.	p. 50
Eyes that seeme blind, the cure.	ibid.
Egiptiacum to make.	p. 51
Emrods, the cure.	ibid.
Emrods or any other Swelling in the place.	ibid.
	!Emrods

The Contents.

Emrods to cure.	p. 52
Eyes to preserve by Medicines Locall	p. 53
Inner medicine to cleere the Eyes.	p. 54
Eyes that have Pearles, a medicine.	p. 55
Eyes that have Pearle or Web.	ibid.
Another.	p. 56
Another rare secret for the same.	ibid.
Or thus.	p. 57
Eyes to cleere, An approved distilled water.	p. 58
To cure all griefes in the Eyes.	ibid.
Falling-sicknesse, the cure.	p. 59
Falling-sicknesse or Epilepsia, the cure.	ibid.
Feaver to prevent, or all other diseases by this cooling cordiall.	p. 60
Flux of blood to stop and cure.	ibid.
Flux or Womens Menstrous to force or bring.	p. 61
Bloudy Flux to stay especially of Women.	ibid.
Flux of Blood, or Gonoria Pills to stay it.	p. 62
Fistula, the whole cure.	ibid.
A vulnary Potion for the Fistula.	p. 63
Fistula or Cankers, the Plaister to cure.	p. 64
Fistula, a Lotion to wash, or Serenge that cureth.	ibid.
Fistula in the corner of the Eye, or elsewhere.	p. 65
Fistula or sore mouth, a Lotion.	p. 66
Face heat, the cure.	p. 67
Face to cleanse, a water that taketh away all Deformity.	p. 68
	Face

The Contents.

Face Moles to take away.	ibid.
Falling Sicknesse, the cure.	ibid.
Face beat by humours flowing.	p. 70
Face very red pimpled, and Sans pblegm to cure.	ib.
Flux to stop.	ibid.
Tents to make for Fistula's.	p. 71
Flesh to fret or eat away.	ibid.
For Fractures or Bruises a Seareloath.	ibid.
A strong Powder for Fistula, or old Sores, apply it with Tents or otherwise.	p. 72
Fire wilde, or St. Antonies fire.	ibid.
Fistula's or foule Ulcers a Lotion.	p. 73
For the Fistula, a Potion used by the Ancients.	ibid.
Falling sicknesse, the cure.	p. 74
Fistula, a Tent.	ibid.
Flesh dead, to fret away.	ibid.
The best Potion in the world to cure the Fistula.	ib.
For a Trush in a sucking childes mouth, or any fore.	p. 75
Foule festred sores and cankers.	ibid.
For fretting Sores, a cure.	p. 76
Flesh superfluous in Wounds, or proud flesh.	ibid.
Gowt, a Medicine.	p. 77
Gowt, a speciall Medicine.	ibid.
Gonorrhæa, a Pill that cureth.	p. 78
Gonorrhæa, or Womens Whights.	ibid.
Gonorrhæa, a Julip to strengthen the Backe.	ibid.
Gonorrhæa, Pills to cure it.	ibid.
	Green

The Contents.

Greene-sicknesse, the cure.	p. 80
Green-sicknesse, or any other grieve, an Ale to drink in the Spring.	p. 81
Gorrhæa, all Fluxes of Bloud whatsoever, and Wo- mens Whights.	ibid.
Glysters to loose and fasten.	p. 82
Glyster for the winde Chollick.	p. 83
Gowt pain to ease quickly on warrentize.	ibid.
A Gargarizme to wash and cleanse a sore mouth.	ib.
Another good one.	p. 84
Head-ache of Rheume, the cure.	ibid.
Head beating or noyse to purg away by the nose.	p. 85
Head-ache, the cure.	ibid.
Head, a Gargarizme.	p. 86
Humors from any place being settled.	ibid.
Haire to bring againe.	ibid.
Haire to cause to fall or take away.	p. 87
For all Diseases in head, as Megrom, Impostume, Dropisie, Feavers, Headache, and corrupt Sto- mack.	ibid.
Hearing lost, to renew againe.	p. 88
Heat in the Body and Liver, a Julip.	ibid.
Dianthos, which helpeth all feeblenesse of the Body, the Tifficke, the grieve of the Heart and Liver, ter long Sicknesse.	p. 89
Head Megrome or pain, the cure on warrandize.	ib.
To cure any heat or Feaver, a Julip.	p. 90
Humors to stay that floweth out, and will not be stayed.	ibid.
	Hemrods

The Contents.

Hemrods, a Plaister to cure them.	ibid.
Head paines very old to cure.	ibid.
Hurts in the Skull.	p. 91
Head Megrome, paine or winde.	ibid.
Faundies yellow, a sure and quicke cure.	ibid.
Joynts nummed, or nummed Palsie.	p. 93
Joynt ache, the cure.	ibid.
A Bath for the grieved Joynts before Dressing.	p. 94
A Potion to drinke during the cure.	ibid.
Joynt ache, the cure.	ibid.
Joynt-numnesse and ache.	p. 95
Joynt-numnesse or ache.	ibid.
Joynt ache, a Medicine.	p. 96
For ache or swelling in joynt or any other parts.	97
Joynt swolne with winde and water, to draw it out.	ibid.
Joynt or Gout swolne to mollifie and ease.	ibid.
A speciall unguent for Aches, Sciatica, or any other paine.	p. 98
To helpe any shrunk Sinewes, or Ache hard in them.	p. 99
Impostume in the head to break and is good for head ache and the bearing.	ibid.
Impostume outward to heale in any parts.	p. 100
Impostume to bring to matter or Suppuration.	ibid.
Impostume in the body to destroy.	p. 101
Impostume an Attractive to draw it forth.	ibid.
Joynt ache the cure.	p. 102

The Contents.

An Incarnative to cover a naked bone with flesh.	ibid	Le
Ipcoras to make at all times with Wine, Ale or Li		Li
Beere.	ibid	Li
Itch to kill.	p. 102	Le
Incision by a blister to make.	ibid	A
Issues out of the body or members to stop.	p. 104	Le
Impostume in the head that runnes out at the		A
eares.	ibid	Tb
Incision to make, and take out the coare.	ibid	Lu
Impostumes to ripen and maturate.	p. 109	Ma
Joynt ache benumbed or swelling, an approved Me		Me
Bath.	ibid	
Jaundies blaok and yellow, the cure.]	ibid	Ma
Kibes, the cure.	p. 106	Ma
Kidnies wasted, the cure.	ibid	Ma
Kidnies ulcerated, and is approved good ; to melli		Ma
fie and cure them.	ibid	Ma
Kibes or Blood-fals in the Feet, tr cure.	p. 107	Ma
Liver beat the cure.	ibid	Ma
Liver distempered, a Plaister.	p. 108	
Linseed-oyl to purifie or prepare for Medicine.	ib	Ma
Lapis infernalis to make Incision or Issue, and Cor		Mi
rodates an Impostume.	p. 109	Ma
Legges swolne, the cure.	ibid	
Livers inflammation a Julip, or a ptisan for it.	p. 110	Mo
Another to coole the inflammation of the Liver,	ibid	
Liver, all Griefes, the cure.	ibid	Mo
Liver and Milt oppilation the cure.	p. 111	
	Lethargy	

The Contents.

ib	Lethargie or Epilepsie, the cure.	ibid.
e o	Liver and Milt, oppilation, the cure.	ibid.
bid	Lice and Scabs in childrens heads, the cure.	p. 112
102	Leprosie or Leper, the cure.	ibid.
bid	A Purgation for the matter digested.	ibid.
104	Lethargie the cure, and first the unguent.	p. 113
ib	A Glyster for the same.	ibid.
bid	The Oynment.	p. 114
bid	Lungs Impostume, the cure.	ibid.
109	Mad Dogs biting, the cure.	p. 115
ve	Megrome in the head Impostume, Feaver, and all	
bid	Head-aches.	ibid.
bid	Menstruums 1) provoke.	p. 116
110	Menstruums, to stop the much flowing.	ibid.
bid	Morpbew to cure.	ibid.
all	Morpbew, a Lotion.	p. 117
bid	Mother suffocation the cure.	ibid.
107	Mother the paine in a Womans body.	ibid.
bid	Maturative to bring an Impostume to suppuration.	p. 118
108	on.	ibid.
ib	Maturative, another.	ibid.
Cor	Milt opilation, the cure.	ibid.
109	Morpbew spots, or marks in the skin, to cure presently.	p. 119
bid	Mouth Sore, or Sore Gums, and so fasten loose teeth.	ibid.
bid	Mouth Sore or any other part a Lotion most excellent.	ibid.
111		
argy		Morpbew

The Contents.

Morpheew or spots in the skin or in any part.	p. 120
Nerve Oyl to make for all aches and Bruises.	p. 121
Noli me tangere, to cure and coole.	p. 122
Necke Botches or other place, the cure.	ibid.
Neck and Cheeks swelling, the cure.	ibid.
Nose Ulcers, to cure.	p. 123
Oyle of Swallowes to make.	ibid.
Oyle of S. Johns Wort, to make of the best.	p. 124
Another Oyle of Saint Johns Wort for Aches and Bruises.	p. 125
Oyle of Snayles for any Ache, to make.	ibid.
Oyniment to expell Winde, pain in the Back, stone in the Kidnies, Sciatica, or any Ache, anoynt the place warme, being first rubbed with a dry cloth.	p. 126
Oyle of Egges to make.	ibid.
Oyle of Bever-cod, good for paine in Sinews and Joints, Palsie and stiffness of the Necke, it allayes the cold of Agues, if you anoynt the Back-bone therewith.	p. 127
Oyle of Camomile is good to open the Pores and Sweat-vents; it expels Vapours, and is good for paine in Sinews, Joints and Guts.	ibid.
Oyle of Dill asswageth all paine, open the Pores, consumes Winde and all hard Swelling, it takes away ab shaking of Agues, causeth Sleope, eases the paine of the Head in hot Agues, if you anoynt the Back-bone therewith.	p. 128
Oyle	

The Contents.

120	Oyle of Lillies bealeth all paine of cold in Breast,	
121	Reines, Bladder, Matrix and Guts, it digesteeth and	
122	asswageth the cough, ripens all Impostumes, dryeth	
123	all foule Sores in the Head, diminisheth all Sweat-	
124	ings if you mix Saffron therewith.	ibid.
125	Oyle of Wax to make.	ibid.
126	Opiates to procure sleepe in a melancholly mad-	
127	nesse.	p. 149
128	Palsie, the cure.	p. 150
129	Another by Potion.	ibid.
130	Palsie, Gowt, cramp, convulsion, Sciatica, old aches	
131	and contractions.	p. 151
132	Plague, an Antidote.	ibid.
133	Pills the cure.	ibid.
134	Plague, an Antidote.	p. 152
135	Plague, a Defensive.	ibid.
136	Plague to prevent and cure.	p. 153
137	Plague sore to ripen and bring forth.	p. 154
138	Polypus, a grieve in the Nose.	ibid.
139	Pox small, the cure.	ibid.
140	Pleurisie or Stitch the cure.	p. 155
141	French Pox, the cure.	ibid.
142	Pox Great, the soonest cure.	p. 156
143	His Dyet.	p. 157
144	Purgation to prepare.	ibid.
145	A Purgation which purgete all Aqueous Hu-	
146	mours.	p. 158
147	Pills that purgeth the four Humours.	ibid.
148		Plaster

The Contents.

Plaister Basilicon to draw and heale	p. 159
Plaister gratia Dei.	ibid.
Plumbeous plaisters, or of Lead, to heale and finish a sore.	p. 160
Plaister green to cure green and new wounds.	p. 161
Plaister that cureth all waterish and stinking Humours	ibid.
Black Plaister mundifieth all sores, and taketh away all Paine.	p. 162
Plaister of Tapsas barbatus, that cures all cankers, Fistulaes, Plague sores, bot Bruiſes, Botches or Fellons.	ibid.
A Lotion to wash the grieſe before you plaister it, dresse it twice a day, bathe it hot, or serenge it before the plaister be applyed.	p. 163
A Potion to drink warme first and last during the cure, with the Plaister and Lotion.	p. 164
Plaister for any Ache, Grieſe, Sore, Swelling or Pain.	ibid.
Plaister for old sores.	p. 165
Pluresy, the cure.	ibid.
Poyson and plague to prevent.	ibid.
A Pill to give sleepe and ease in all extreame paine.	p. 166
A Purgation that cleanseth the head, braine, and all the body of melancholly.	ibid.
A Dyet that cures all Pox, Scabs, and Lamenesse.	p. 167
Another Dyet for Pox.	p. 168
A Plaister	

The Contents.

159	A Plaister sanative and defensive for Pox or old Sores.	ibid.
160	A Plaister attractive, or drawing to heale sores or wounds.	ibid.
161	Some slight Purgation of Senna.	p. 169
162	A good plaister to heale and dry a sore being cleansed.	p. 170
163	A Plaister of Masalage which bealeth and skinneth much, and is precious and comfortable for Vaines and Nerves.	ibid.
164	Plaister healing called Jacobs plaister.	p. 171
165	Another of Jacobs plaisters.	ibid.
166	An excellent healing and cooling plaister.	ibid.
167	A very good plaister called the black plaister.	p. 172
168	A plaister cold, called colemanes plaister.	ibid.
169	A good plaister to dissolve and cleanse a sore.	p. 173
170	A good Sannative, Incarnative, and Desiccative plaister for Ulcers.	ibid.
171	Powder to incarnate and dry up Sores.	ibid.
172	Another powder to encrease Flesh and heal.	p. 174
173	A plaister to incarnate and mundifie.	ibid.
174	A plaister maturative and ripening.	ibid.
175	A plaister or Searcloath for fractures or bruises.	ib.
176	A plaister to heal Sores and Scabs.	p. 175
177	A plaister for the cramp in Arme or Led.	ibid.
178	A good plaister to heale and cleanse old Sores.	ibid.
179	Another plaister to dissolve and ripen.	p. 176
180	A good plaister desiccative and cleansing.	ibid.
	(b 4)	A plaister

The Contents.

A plaister to skin and heal very fast.	ibid
A plaister to heale and dry.	177
Another of the same nature.	ibid
A plaister to assuage heat and inflammation of the Liver.	ibid
A Powder to correct and abate spongie Flesh, or more tifie it.	p. 178
A powder to destroy Warts any where.	ibid
A powder praised of all chyrurgions, for it scale Bones, and stops the watering of Nerves or Si newes.	ibid
The powder of Mercury sublimare.	p. 179
Pox or plague, or any thing else to purge out.	ibid
A Purgation which wrought good effect.	ibid
Another gentle purgation that is good against me lancholly, and comforts the spirits.	p. 180
Paine or pustulls rising any where.	ibid
A plaster of Adders tongue and sweet Maudline, ad green, which cureth green wounds and old sores.	181
Paine in the belly, or any part to cure.	ibid
A pectorall Electuary that comforts Memory, the Sight, and all griefes.	p. 182
Tiffick or infection of the Lungs.	p. 183
Plague a defensive and cureth the sick of it.	ibid
Purging Lozenges, the Dosse is one or two drams.	p. 184
Reines running, or Gonorrhoea.	ibid
Another for the same.	ibid
	Rupture

The Contents.

ibid	Rupture to cure.	p. 185
177	Ringworme, Tetter, or creeping sore, the cure.	p. 186
ibid	For a red gum, or Sans fleame face old or new.	ibid.
of the	Rhewme, or Tooth-ach the cure.	p. 187
ibid	To stay and dry the Rhewme.	ibid.
more	For Rhewme.	p. 188
, 178	Ruptures or Dislocations.	ibid.
ibid	Sores a drying powder.	ibid.
scale	Sores fretting or eating.	ibid.
r Si	Sores running, leprous, and skin rugged.	p. 189
ibid	Sores old to dry up, a Lotion.	ibid.
, 179	For the same Sore a Plaister.	ibid.
ibid	Sores, a Corrasive.	p. 190
ibid	Sores great and old, a plaister.	ibid.
t me	Sores hollow, a Lotion to mundifie.	ibid.
180	Sores swelling to assuage.	p. 191
ibid	Sores or Ulcers to mundifie, a water.	ibid.
, 181	Sperigo or Tetter to cure.	p. 192
ibid	Sperigo or Tetter, another sure one.	ibid.
, the	Sores, Allon water that cureth.	p. 193
182	Sores old, and Ulcers, an Oyle to heale and dry.	ibid.
183	Sores inflamed to cool much, and ease the pain.	ibid.
ibid	Stone, an outward application.	p. 194
two	Stone a distilled Water for it.	ibid.
184	Stone, a powder.	p. 195
ibid	Stone, straight passage of Urine to help.	ibid.
ibid	Shingles	

The Contents.

<i>Shingles, the Cure.</i>	p. 196
<i>Sinews and Veins cut to cure.</i>	ibid.
<i>Stitch, a present cure.</i>	ibid.
<i>Sciatica the cure.</i>	p. 197
<i>Sweat to procure.</i>	ibid.
<i>Squinancie, or any Swelling the throat.</i>	ibid.
<i>Scurvy, the cure.</i>	p. 198
<i>Swelling, or Inflammation a Poultis.</i>	ibid.
<i>Swelling, or any ache an oynment.</i>	p. 199
<i>Swolne or Scabba Legs to heale.</i>	ibid.
<i>To skin a Sore or heale a wound.</i>	ibid.
<i>Scabs, the cure over all the body.</i>	p. 200
<i>Scabs, an unguent with the former drink.</i>	ibid.
<i>Stomack to cleanse.</i>	ibid.
<i>Scal'd head the cure.</i>	p. 201
<i>Swelling or pain between the skin and the flesh.</i>	ibid.
<i>Speech lost to cure.</i>	p. 202
<i>Strangury and Stone to cure.</i>	ibid.
<i>Sores running to dry and heale.</i>	p. 203
<i>Stitch to cure.</i>	ibid.
<i>Stone to breake.</i>	ibid.
<i>For all sicknesse, Fevers, Impostumes, or any other diseases in Mans body.</i>	p. 204
<i>Stitch, a remedy, in the Spleen, or any part of the Body.</i>	p. 205
<i>A Stone that maketh Water for any sore to bathe it, or heale any Canker in the face.</i>	ibid.
<i>Sciatica,</i>	

The Contents.

Sciatica, an approved Medicine.	p. 206
To skin a Sore and make it perfectly whole.	ibid.
Sciatica, Gowt or Aebe an excellent Oyle to cure it.	p. 207
To cleanse and heal a Sore with a faire linen cloath dry.	p. 208
A drink for the Stone that cleanseth the Back.	ibid.
To make Diacentauria which purgeth the Stomack, comforts the Liver, Milt, and cools the Body.	209
Excellent Powders for the Stone.	ibid.
Stone, a precious Water to drink, and may be taken with the foresaid Powder.	210
A distilled Water to break the Stone.	ibid.
Stitching or drawing wide wounds together, without touching flesh or skin with a Needle.	p. 211
Stinging mouth to cure.	ibid.
Stinking Breath for the Stomack.	p. 212
Speech used in sleep, to remedy.	ibid.
To helpe Children to speake quickly.	p. 213
An excellent Cordiall to comfort the stomach, heart, and braine, quickens the memory, and much comforts the spirits.	ibid.
For soule Scabs.	p. 214
For the Scabs and Tetters.	ibid.
For the Sciatica an unguent, probatum.	ibid.
Tetter, the cure.	p. 215
Tympanie or Dropsie, the Cure.	ibid.
	Thornes

The Contents.

Thornes with splinters, and to draw them out.	p. 216
Tooth-ache with Rheume, the Cure.	ibid.
Tooth-ache, stinking breath, and loose teeth to cure.	p. 217
Tooth-ache of Rheume.	ibid.
Pty sick, or any disease of the Lungs.	p. 218
Turne sole to make.	ibid.
For the Tooth-ace, a medicine made by Doctor Butler of Cambridge.	p. 219
A Triacle, or rather a pretty Methridate.	ibid.
A Stomack drink that cures many diseases, if it be made and drunken May, they are safe all the year after.	p. 220
Thighes ace, or feet.	p. 221
Thornes to draw out any where.	ibid.
For Tetters or any creeping eating Sores.	ibid.
Vein broken, or spetting blood.	p. 222
Vein broken.	ibid.
Ulcers, the cure.	ibid.
Ulcers old to siccatrize and cleanse.	p. 223
Vomit easie with intermission.	ibid.
Vomit to stay.	ibid.
Unguent mundifying.	p. 224
Unguentum Neopolitanum, to Cure the French Pox.	ibid.
Unguent to heale a greene wound at first dressing.	p. 225
Unguent	

The Contents.

Unguent for Ladies chopp'd, sore or Lips.	ibid.
Unguent for deep thrustes or Wounds.	ibid.
Unguent incarnative and healing.	p. 226
Unguent to heale the Hemroids; and breake them.	ibid.
Unguentum defensivum & repercussivum.	ibid.
Unguentum digestive, which brings a Wound to faire matter.	p. 227
Unguent to mundifie.	ibid.
Unguent to cleanse and heale.	ibid.
Unguent to skin any Wound.	p. 228
Unguent to force one to pisse in any sicknesse.	ibid.
Wounds and small Cuts.	ibid.
Wounds green, a Balsome to heale quickly.	p. 229
Wounds green, a Salve to Cure.	ibid.
Wounds or Sores, a good Lotion.	p. 230
Wenne to Cure.	ibid.
Wormes to kill and Cure.	ibid.
Winde Collick to Cure.	p. 231
Winde with pain and swelling in the Stomack.	ibid.
Wilde fire in the flesh to Cure.	ibid.
Water to dry and heale a Sore, and to dry a Humour.	p. 232
Womens milke hard in Breasts to Cure.	ibid.
Warts or Wens to Cure.	ibid.
Water to eject or serenge the Secrets of Man or Women	

The Contents.

<i>Woman, and good Lotion for old Sores.</i>	p. 233
<i>Womans Paps swolne, or hard to Cure.</i>	ibid.
<i>First Medicin temperate, hot in first Degree.</i>	p. 334
<i>Medicines hot in the first Degree.</i>	ibid.
<i>Medicines hot in the second Degree.</i>	p. 235
<i>Hot in the third Degree.</i>	ibid.
<i>Hot in the fourth Degree.</i>	ibid.
<i>Medicines cold in the first Degree.</i>	p. 236
<i>Cold in the second Degree.</i>	ibid.
<i>Cold in the third Degree.</i>	ibid.
<i>Cold in the fourth Degree.</i>	ibid.
<i>Medicines moyst in the first Degree.</i>	ibid.
<i>Moyst in the second Degree.</i>	p. 237
<i>Moyst in the third degree.</i>	ibid.
<i>Moyst in the fourth degree.</i>	ibid.
<i>Medicines dry in the first degree.</i>	ibid.
<i>Dry in the second degree.</i>	ibid.
<i>Dry in the third degree.</i>	p. 238
<i>Dry in the fourth degree.</i>	ibid.
<i>To cure a greene Wound by the Weapon, that gave it without sight of the party wounded.</i>	p. 239
<i>The use of it.</i>	ibid.
<i>How the wound shall be used in the mean time.</i>	240
<i>His Dyet must be temperate.</i>	ibid.
<i>How to make oyle of Snayles.</i>	ibid.
<i>A briefe Collection of all Hearbes, Plants, Seeds, Spices, and Gums now used Physicke, to purge</i>	

The Contents.

purge the Body of Man, omitting all such hearbs
and Plants as have any great Danger to deale
withall. p. 241

These Hearbs purge Head and Braine. p. 248

A brieft discourse of the Colours and Judgements
of Urines. p. 250

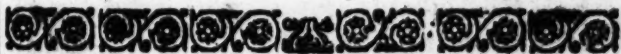
Womens Urine, their significations. p. 253

A rule to know the danger of falling sick by the Di-
ary judgement of the Moon. p. 255

To know the Humor that causeth the sicknesse by the
Patients Spittle. p. 257

A judgement of the state of Mans sicknesse by the
Pulse. p. 258

That every one may know how to compound
these Medicines, without the help of any other
man, therefore the notes of all the Weights which
are used among the Apothicaries, are placed un-
derneath.



The Contents

The first part of this work contains a full and complete
 and perfect description of the nature and qualities of the
 human mind, and of the various faculties and powers
 which it is capable of, and of the manner in which they
 are exercised, and of the effects which they produce.
 The second part contains a full and complete description
 of the various passions and affections of the human
 mind, and of the manner in which they are excited,
 and of the effects which they produce. The third part
 contains a full and complete description of the various
 virtues and vices of the human mind, and of the
 manner in which they are acquired, and of the effects
 which they produce. The fourth part contains a full
 and complete description of the various diseases of the
 human mind, and of the manner in which they are
 cured, and of the effects which they produce. The fifth
 part contains a full and complete description of the
 various disorders of the human mind, and of the
 manner in which they are cured, and of the effects
 which they produce. The sixth part contains a full
 and complete description of the various disorders of the
 human mind, and of the manner in which they are
 cured, and of the effects which they produce. The seventh
 part contains a full and complete description of the
 various disorders of the human mind, and of the
 manner in which they are cured, and of the effects
 which they produce. The eighth part contains a full
 and complete description of the various disorders of the
 human mind, and of the manner in which they are
 cured, and of the effects which they produce. The ninth
 part contains a full and complete description of the
 various disorders of the human mind, and of the
 manner in which they are cured, and of the effects
 which they produce. The tenth part contains a full
 and complete description of the various disorders of the
 human mind, and of the manner in which they are
 cured, and of the effects which they produce.

THE END OF THE FIRST VOLUME

the
 on
 no

THE SECRETS
Of PHYSCKE and
CHIRURGERY.

I.
Of all Aches in generall.

TAKE young red Sage and
Rue ana i lb, yong Bay
leavs iij 3, Wormwood
viiij 3, wash them not,
shred them smal, Sheeps
sewet hot out of the
Sheepe iij lb, mixe the
sewet and hearbs toge-
ther, beating them in a Morter by a little at
once with the hearbs, till it be all green, and
no white seen of the sewet; then mixe all in
B a Pan

2 *The secrets of Physicke*

a Pan with your hand in one pottle of oyle then cover the Pan close, and set it in some private place for eight dayes, then boyle it simpering, stil stirring it with a spatula; when it is halfe boyled, adde thereto oyle of Spike $\text{iiij} \text{℥}$: when it is boyled enough drop one drop on a bright Sawcer, it will be very greene, then it is well boyled; then straine it out very close, rub the small of the backe therewith, it helpeth the Stone as much as a Pease, put into the rare with black wooll, cureth all griefes thereof, and all Aches are cured therewith.

II.

How to cure old Aches.

TAke oyle of Turpentine d i ℥ , oyle of Bayes $\text{iiij} \text{℥}$, Mace, Cloves, Nutmegs, Cinnamon ana $\text{i} \text{℥}$, oyle of Spike $\text{i} \text{℥}$, Juniper berries $\text{viiij} \text{℥}$, Castor Euforbium ana $\text{i} \text{℥}$, Brocks grease $\text{iiij} \text{℥}$, Mummy $\text{i} \text{℥}$ d. digest them for one moneth in horse-dung, then distill them artificially, and anoynt the grieve therewith.

Aches

III.
Aches in Bones or Joynts, the Cure.

TAke blacke knobs of the Ash-tree in the Spring time, grinde them small, and boyle them over a soft fire with fresh Butter in an earthen pot sufficiently; then take them from the fire, let them coole, and keepe them close stopped; then take as many of Broome flowers in May, grinde them as the other, then mixe them all together, and boyle them againe with a quarter of a pinte of Malmsey, then keepe it to anoynt the grieve therewith.

IIII.
Aches or Lamenesse in Members or Joynts.

Take oyle of Exeter, Aquavitz, and Oxe-Gall ana part. \propto uales; mix them together in a great bladder, shaking them well; anoynt therewith warm twice a day till you are wel.

V.

Aches in any Member.

BOyle Oxe-gall, Aquavitz, of each a like in a Pipkin, scum it, and therewith anoynt

4 The secrets of Physicke

noynt the Member grieved with great labor and hardnesse; then cover it warme with a peece of Fur till it be well.

VI.

Another for the same.

BOyle fresh Butter not salted in Malmeley, bathe the grieve very hot therewith, make it up warme as before.

VII.

An Oyle that cureth all Aches in Man or Beast.

TAKE of pure Sops ii 3, Aquavitz iii 3, liquid Storax ii 3, and boyle the Aquavitz, and boyle the other Simples therein, stirring it with a spoon til it come to a thick Unguent; anoynt the grieve therewith twice a day, rubbing it very wel, and cover it warm with Fur or Cotten.

VIII.

An Unguent for Ache, Bruiſe, or Spraine.

TAKE Rue, Vervayne, Dill, ſeſe-heale Yarrowe, Mugwort, Comfrey, Adders tongue, red Sage, red Fennell, red Nettles, and Dock-leaves, Valeryan, and Carduus Benedictus

nedictus ana M:ii. bruise all these in a Morter, boyle them in lb. i d. of May Butter for a quarter of an houre, still stirring it; adde thereto oyle of Exeter, oyle of Dill ana i 3, let them boyle one walme more, first straine out the hearbs, then boyle the oyles, and annoynt therewith.

IX.

For any Ague falne into the Legs and swolne,
the Cure.

TAKE Plantain, Marigolds, Houndstongu, S. Iohns Wort, Bettony, red Fennell, Southistle, Dandelion, Smallage, and Plumtree-leaves ana M i: shred them with Wheat-meale, then seeth them in hot Cowes milke to a Plaister, so apply it: this will dissolve the humour and digest it, by the serositie of the blood: approved.

X.

Aspasms or Numnesse in Joynts or elsewhere, the Cure.

LET the Patient drinke every morning fasting one 3 of Camphire in a draught of Bettony-water, wherein infuse some Stoechiados: this cureth in one Moneth with the use thereof.

6 The secrets of Physicke

XI.

Argentum vivum to Mortifie.

First beat at Almond in your Morter, then put thereinto so much powder of Verdigrise as a Beane, then put in your Quick-silver with a spoonfull of strong Vinegar; incorporate them all well together: this will Mortifie it well for any use.

XII.

Apoplex, to Cure.

TAke Melilot, Pennyryall, Wilde Tyme, Marjorum Balme, Marjorum gentill ana i M: boyle them in water, and bathe or foment the head therewith warme; stampe the hearbe, put to them oyle of Rue, and of Lillies ana i 3, apply them warme to the head, if the weather be cold then anoynt the head with warme oyles, as oyle of Dill, Bevercod, or Pyretrum, or such like; not onely the Head, but also the Necke and whole Back.

XIII.

A Salve for the Apoplex.

TAke Calamus Costus roots ana iij 3, Siler, or filer Mountain, Bazill seed ana iij 3
melt

and Chyrurgery.

7

melt and boyle all these together on a small fire of Charcoale in white wine, untill the Wine be consumed; then mix the oyles with it, and anoynt the whol Head and the back-bone all the length thereof down to the ends if this cure not, then shave all the Head and apply this Plaister following, Spread on a peece of Leather, that all the Head may be covered therewith: Take Galbanum, Sagapenum, Opoponax ana i 3, Aloes succotirn i 3, Turpentine i 3, melt them and mix them together to a Plaister.

XIV.

*Aqua Composita, good for Head, Memory,
and all Diseases.*

TAKE the roots of Saxifrage and the leavs, Parsley, Alexanders, Fennell, Tyme, Hyssope, Pennyryal, Rosemary, Lavander, Primroses, Mints, Origan, Sage, Calamint, Avence Bettony, Savine, Pennyryall, Lettice and Violets ana one small handfull, then take Galingale, Pepper of both sorts, small and long, Cloves, Mace, Nutmegs ana i 3, Cynamon, Cubebs, Setwall, Pellitory of Spain, Lignum Aloes ana i 3 di. stampe small the Hearbs, and pound the Spices, then infuse them all night in six quarts of red Wine, the

8 The secrets of Physicke

next day distill them in a Lymbeck, so is it finished.

XV.

Another Aqua Composita.

TAke Wormewood ii M. Enula Campana a great root, iiii Crops of Horehound, Mints, Parsley, and Centory ana i M. Infuse all these powdred & bruised in three gallons of strong Ale or Wine Lees, adde thereto of Annis seeds and Lycorice ana iiii ℥, bruised with some powder of Ireos and Calamus Aromat, distill them as before is set downe.

XVI.

Ague or burning Feaver, to coole or helpe.

MAke a Posset of new Milk and Butter-milke of a pottle, take off the Curd, let the patient drink so much thereof cold as he can, use it two or three times, it cooleth the body, and taketh away the fit.

Item, After the Posset-Ale is digested, let him to comfort his stomacke drinke Mace-Ale made with small Ale.

Item, also let him eate either great Peares or Wardens cold being baked; they comfort the stomack, and coole the body.

Ague,

XVII.

Ague, a Medicine to binde to the Wrist, to Cure it.

Make a Plaister of Leather fit for the wrist, pricked full of holes, and spread it over with Venice Turpentine; then strew it all over with powder of Rue and Frankincence ana, mixe as much as will sticke thereon, lay it to the wrist a little before the fit commeth, and let it lye untill the fit be gone.

XVIII.

Ague hot, a cooling Julyp.

Mundifie French Barley i M. then boyle it in a gallon of Raine water, put therein Rayfins of the Sunne stoned iiii 3, Damaske Prunes iiij 3, boyle them to the consumption of halfe, then straine it hard out and put them to the fire againe, and put therein Succory, Violet leaves, Sanickle, Spinage, Strawberry leaves, Borage, Coltsfoot, Maydenhaire, Buglosse, Liverwort, Sinckfoyle, Endive, Longwort leaves and Ribwort ana di. M. cut somewhat small, and boyled till halfe be consumed, then straine it hard, for they commix therewith syrup of
Vinegar.

10 *The secrets of Physicke*

Vinegar, the syrops of Lemmons and Roses ana iii ℥, drinke thereof cold at any time, it both cooleth and comforteth very much.

XIX.

Ague to beale both in old and young, proved.

Make a quart of Posset Ale of Milk and Ale, then take the yong tops of Rosemary, Marigolds, Plantine, and young Bay-leaves ana ii ℥, cut them small, and boyle them in the posset Ale, until al their strength be forth, and drinke a great draught thereof warme a little before the ſit commeth, and ſweat upon it; doe this ſome three times, it will cure, being proved on many.

XX.

Aromaticum Rosatum, which bealeth the weaknesse of the stomacke, comforteth all parts of the Body, cleanseth corrupt humors in the Breast, comforteth the Braine and Heart, and causeth good digestion.

Take pure red Roses fifteen ℥, Lycorice mundified i ℥, lignum Aloes, and yellow Sanders ana iii ℥, Cinamon five ℥, Mace and Cloves ii ℥ d. gum Dragant ii ℥ di. Nutmegs, grains of Paradise and Galingale i ℥, Spike-nard,

and Chyrurgery.

II

nard, Ambergreece and Muske ana di. ʒ,
white Sugar as much as sufficeth, & dissolve
altogether in syrup of Roses.

XXI.

Ague Tertian, the Cure.

TAKE Burre roots i ʒ, three cornes of long
Pepper, stampe the roots and Pepper,
boyle them in a pinte of Ale with ii ʒ of
Treacle, till halfe be wasted, drink it warme
and sweat two houres.

XXII.

Ague or Feaver hot, a Julyp.

TAKE Succory, Endive, Violets and Borage
ana M i : Fennell-roots pithed i M, Ly-
corice mundified i ʒ, French Barley ii ʒ, boyl
them in a gallon of water to a pottle, and
drinke thereof, it cooleth much.

XXIII.

Ague Tertian, the Cure.

TAKE nine young red Sage leaves, nine
sprigs of Yarrow, three Bay leaves, three
sprigs of Rue, boyle all these in one pinte
of Posset Ale, to the consumption of a third
part, then straine it hard, let the Patient
drink

12 *The secrets of Physicke*

drinke a good draught thereof very hot before the fit come, and sweat well after it; use this three times.

XXIII.

Ague Tertian, the Cure.

TAKE dry Orenge Pils, Nutmegs, roche Allom ana iiii 3, ten Cloves, all powdered together; give of this powder to the sicke as much as will lye on a shilling, to drinke in three spoonfuls of Wine Vinegar, two houres before the fit cometh; if you take therewith Bezor three graines, it is the better; then take nine roots of Mayden weede for a Man, and six for a Woman, put in a little bagge, and hanged nine dayes about the Patients necke, and six dayes about a Womans necke, then burne the bag and roots, and let the Patient be purged.

XXV.

Ache, Griefe or Paine, an Unguent, the Cure.

TAKE Cammomint, Mallowes, Sage, Dill and Marigold-leaves ana i M, stampe them and boyle them in Malmsey and Linseed-oyle ana di. pinte, and fresh Butter out of the Churn i lb, let them be well boyled, straine them, and anoynt therewith.

For

XXVI.

*For an Ague, sore in Knee or Joynt, for swelling
or Sciatica.*

FRy Alehouse with fresh Butter in a fry-
ing pan, till it be soft, and not too moist,
apply it very hot to the grief or swelling till
it be well, renew it every twenty four hours.

XXVII.

Ague or Feaver of Phlegm, Diary or Quotidian.

TAKE red Roses, Ivory, Buglot flowers, Co-
riander, Orange pils ana iij 3, infuse them
in Vinegar and white wine ana iij 3, of Pe-
nides i lb, of Sugar or Honey i lb di. Your
Syrup, if the Stomack be empty or weak, or
the Guts empty, then put in all Wine and
no Vinegar : this is an excellent Syrup for
either, by adding or diminishing Simples
hereunto, according to the Infirmities, and
nature thereof, it may serve for any grosse
matter in any cold distemper.

XXVIII.

*Pils of excellent vertue to purge all Phlegma-
tick Feavers or Agues.*

TAKE Agarick, Aloes, Acorus, Turbith,
ana i 3, Esula di. Coloquintida i grain,
salt

salt Gem Mastick, Ginger, Wormwood Lettice, Raysons mundified, Bdellium ana iij 3, let syrup of Roses be made up with these Pils, the Dos is ij 3 more or lesse, according to the Patients strength, give them after you have used the other Syrup ix dayes to digest it: These be good in any Tertian Ague, if you adde to them this following in any Phlegmatick Feavers or Diseases, viz.

Item, Rubarb, ij 3, Spikenard di. 3, Diagridij, Mastick ana i 3, mix these with the aforesaid, the Dos is di. 3, more or lesse as the strength of the Patient is, and the vehemency of the Feaver.

XXIX.

The poor man's Cure for his Fever.

First digest the Humour with Oxymell Compositum, then purge the inner Bark of an Elder, an Eg-shell full, or lesse, according to the Patients strength, in a draught of Wine, Posset-Ale, or any thing else warm; when he is purged, give him Aurea Alexandria, with Wine wherein Sage hath been sodden, give it many times.

XXX.

Ague or Feaver Quartan of Melancholly.

First digest the matter with Oximell simplex, or with the Decoction of Senna Epithimum, and Harts tongue, after that use some Oximell Diureticum, then purge with Diasena Diaboraginis sharpened with Lapis Lazuli, and sometimes purge with Hieraruse, and thus by little and little proceed: Or take Violet flowers, Borage, Sena, Time, the juyce of Fumitory and Lycorice, make your Decoction of Whay, infuse therein some Elder bark, then adde thereto iii. sorts of Myrabolanies ana iiii 3, stirred together on a soft fire, and after the straining, adde to it Lapis Acivenius nine times quenched in the same Decoction, and i 3 thereof made in subtile powder; minister this before day.

XXXI.

For the Feaver Quartan.

THis Feaver is cured by giving every morning i 3 of Calamint fasting, with Triacle di, Myrrh di, if need be to comfort the Stomack, adde thereto some juyce of Mints; this given many times together, bath

16. The secrets of Physicke

hath cured many after the Body is well purged.

XXXII.

Ague or Feaver Tertian.

THe true Tertian is caused of burnt choler mixed with other Humours, which happeneth most to young people in Summer time, else it is no true Tertian, though it come of red choler, for choler when it is putrified in the veins, causeth a continuall Feaver, if without the veins it maketh a Tertian; if putrified in two places, it maketh a double Tertian: A Tertian beginneth with figour like the pricking of Needles, and endeth with vaporous sweat.

XXXIII.

The Cure.

TAke of Endive, Succory both kinds, ana iiii 3, the four cold seeds ana i 3, flowers of Violets, Borage, and water Lillies ana ii 3, red Roses iiii 3, Sugar i lb, make your Syrup, and digest it with this, then purge as followeth.

First

XXXIV.

First use this Glister.

℞ Violets, Mercury ana ii M. oyl of Vio-
lets ii ℥, boyl and make your Decodion, then
strain it: Dissolve therein Cassia Extract, and
Tamarinds ana i ℥, oyl of water Lillies ii ℥,
make your Glister.

XXXV.

Then a Purge if need requir'd.

℞ Of the digestive syrup aforesaid ii ℥,
Rubarb and Agarick ana i ℥ di. the seeds of
Endive and Spikenard ana di. Barly water
and Almond Milk ana iii ℥, give this in the
morning.

If the Thirst be great in this Feaver, take
the four cold seeds, husk them, boyl them in
water with Gum Draganc, stamp them well,
and put to them a little Vinegar, let the Pa-
tient drink thereof in his fit.

Also, if you give the Patient the juice of
Plantain to drink before the fit three severall
times, it cureth all Tertians.

Also, the seed of Nettles stamped with
salt and Cobwebs bound to the Wrist, cureth
all Tertians.

XXXVI.

Feaver which cometh of Blood,
the Cure.

First open the Basilica vein, then the Median on the same side or Arm; if you let not blood, provoke the Nose to bleed; then take Endive, Succory, Maiden-hair, Rosemary, flowers of Polieriticum ana iii ℥, Barly di. ℔, of all the cold seeds ana ii ℥, Violets, the flower of Buglosse, Borage and Gillyflowers ana iii ℥, make your Decoction of iii ℔, boyl it till it come to one; dissolve therein Cassia extract i ℥, oyl of water Lillies iii ℥, make your Glister; then make a Ptisan of Barley viii ℥, Lycorice bruised ii ℥, Borage, Buglosse and the cold seeds, boyl and strain it, and adde ii ℥ of Vinegar, and drink it.

To purge, R Barley water di. ℔, dissolve therein Cassia Fistula, Manna and Tamarinds ana di. ℥, Vinegar ii ℥, Sugar, and Penedes ad sufficiat; give this in the morning, and keep a good Diet.

Back

XXXVII.

Back weak to comfort.

Take Knot-grasse stringe, Strawberry stringe, of Cats-tail, Cinquefoil stringe, wilde Tansey, Shepherds purse, Comfrey ana, boyl these with Knuckles of Veal and marrow of Biefa back, thicken with a little Rice powdered, and a few Raisins of the Sun stoned, two large Mace blades, eighteen great Gloves, eat it fasting in the morning.

XXXVIII.

Back weak to restore.

Take the Pith of the water boughs of an Ash i 3, the shels of new laid Eggs powdered i 3, Clary, new Balm, white Mints i M, stamp them and strain them, then take yolks of new laid Eggs, beat and mix them with the juices, and fry it with Butter like a Tan-sie, with the powder, eat of this in the morning, and neither eat nor drink one hour after.

Or,

Rx Roses iii 3, red Sanders ii 3, yellow Sanders i 3 di. fine Bole ii 3, burnt Ivory i 3 Camphire i 3, Wax i 3, oyl of Rose buds ii 3 melt the Oyl and Wax together with the

C 2

rest,

20 The secrets of Physicke

rest, make a Plaister, lay it to the Back, but for want of this Plaister, take oyl of Roses, oyl of Violets and water Lillies mixt together, and anoint the Back therewith, it cooleth.

XXXIX.

Belly or Sides hardnesse, an Unguent.

Mix together Ung. Dialthra iii 3. Agrippa, oyl of Camomile ana i 3, make an Unguent thereof, you may mix some Aqua vitæ therewith.

XL.

Blood to staunch.

Hold Shepherds purte in your hand, look on it, or lay it on the wound, if it be a vein that bleedeth, boyl Rue in water, stamp it and lay it thereon, then lap it up in Lambs wool never washed; or take a great Spider, put in a linen cloath, prick it with a pin, and smell thereto.

XLI.

Another excellent one.

Re Sanguis Draconis, Bole Armoniack, Vermilion ana part. x equal. compound them with

with the white of Eggs, beat to the form of a Plaister; this applied hath stayed the blood of a womans brest cut off.

XLII.

Blood spetting to stannch.

DRink as much powder of Mice dounge as will lye on a groat, in a little juice of Plantain and Sugar, drink it first and last, morning and evening, till you be well.

XLIII.

Blood pissing, to stay.

Boyle Spearmints, Bettony, Rue, Butta, pastoris, and Knot-grasse in Goats milk, or other milk, drink of it three dayes first and last.

XLIV.

Black and blew in the face by a blow.

TAke Paper four double, wet it well in cold water, and lay it to the Bruise.

XLV.

Blood bruised to avoid.

BOyl Nep bruised in Wine or Ale, drink it warm nine mornings together, it cureth.

XLVI.

Breast swoln, to ripe, break and heal.

BOyl Hollyhocks, Mallows ana ii M. in water, then strain them through a cloath the water out, then scrape red Clay from the Wall six spoonfuls, and ten spoonfuls of Wine vinegar, with a little Hogs grease, boyl them with the Hearbs all together to a Poultis, apply it very warm, use it till you are well.

XLVII.

Breast sore, to break.

BOyl Fenegreek seed, and Linseed powdered ana li 3, Figs small cut, ten house Snails, Lilly roots bruised ana ii 3, boyl them altogether in strong Ale to a Poultis, lay it on as hot as she can suffer it; so use it till she be well,

Bruise

XLVIII.

Bruiſe to cure and help.

STamp Solomons ſeal green, and apply it to the grief: Parsley fryed with Butter ſoft, and applyed, doth the like. Egrimony ſtamped ſmall, and rolled up in round balls, then lay it in ſome place till it be moldy, then fry it with Hogs greaſe or May Butter till it be a green Salve, ſo uſe it on rotten Apples, with a ſpoonfull of Rice boyled in Milk to a Poultice, doth the like.

XLIX.

Burning or Scalding, the Cure.

TAKE Sallet oyl well beaten in fair water, therewith anoint the Grief for three dayes, this taketh out the fire. Item, then take the inner Bark of Elder, Hartſtongue, and Houſleek ana iiii ℥, Sheeps trickles i M, Sheep-ſewer iiii ℥, boyl them together to a good thickneſſe, and put thereto Wax i ℥, then ſtrain it, and Plaſter-wiſe apply it to the grief till it be whole without ſcar.

Item, take the fat of Bacon in ſlices, lay it in water two hours, then take it out and dry

4 *The secrets of Physicke*

It with a Cloath, and with a Needle and a twisted thread stitch it together with a Bay leafe, between every slice two Bay leaves, roast it at the fire, turning the thread in your hand, set under it a platter with some fair water therein, to receive the dropping, let it not burn in the roasting, anoint the grief with the dripping.

L.

Another for the same.

TAKE oyl of Roses ii 3, Cream iv 3, Honey i 3 mixed, and make an Oynment, therewith anoint the grief.

L I.

An Iniection or Lotion

BOYL in white Wine Centory, Knotgrasse, wilde Tanfic, Yarrow ana di. M. Honey i 3, Allom powdered ii 3, inject this.

L II.

Bruises, a Platster.

TAKE Virgin Wax viii 3, Galbanum Colat, Honey ana iv 3, Sheeps Tallow viii 3, shred small, and boyled in a little white Wine or Vinegar, adde thereto Frankincense and Mastick ana iv 3. in powder, let it boyl till

till all be melted, Plaisterwise apply it on the grief as hot as you can suffer it, till you be well.

LIII.

Breast to cleanse of Phlegm.

TAKE white Wine and Water ana one Pint, Wine Venegar ten spoonfuls, English Honey clarified with whites of Eggs vi 3, Fennell and Parsley roots, and Lycorice all mundified, and then sliced ana ii 3, Enula Campana powdered ii 3, Egrimony i 3 di. Figs cut in pieces twelve, Annis and Cummin seed, Hysope, Time, and Pennyryall ana i 3 di. boyl all these close covered sufficiently, then strain it, drink thereof first and last till you be well.

LIIII.

Braine and Back to purge.

MAKE a Dos of Pils of Bettony powder, and English Honey, take two Pils thereof as big as a small Nut when you goe to bed, this will manifest it self next morning in the Chamber pot.

Braines,

L V.

*Braines, Nerves, Sinewes, or Griefes of
the Head, the Cure.*

BOyl in ten pounds of Water, the flow-
ers of Stæcados, the seeds of new Piony,
and Fennell ana iv ʒ, Time, Calamint,
Balm, Organy, or wild Marjorum, Sage,
Bettony and Rosemary flowers ana i ʒ di. let
all these boyl to the consumption of half,
then strain it, and boyl the Liquor again
with Hony ana ii lb, to the height of a syrup,
put thereinto Cinamon, Ginger, Calamus
aromaticus bruised ana ii ʒ, bound up in a
thin linen cloath, take of this syrup two
spoonfuls at once first and last.

L VI.

Breath stinking the Cure,

BOyle in a pottle of white Wine, the
tops of Rosemary i M, Anniseed bruised
i ʒ, Wormwood three sprigs, Sassafras, O-
range pills bruised, Cloves and Cynamon
bruised ana i ʒ, Cummin-seed bruised i ʒ, let
all these boyle to the consumption of one
pinte, drink thereof morning and evening a
good draught warme in the morning, cold
at night.

In

In day time use to bite of a Nutmeg, and swallow some, also Mastick chewed some time is good.

LVII.

Breath stinking, Lozenges to cure.

TAKE the juyce of Lycorice mundified ii 3, boyle it in Hyfop water to a good hight, then worke it up in your hands with some oyle of Anniseed, and some Gum Arabick, with three graines of Musk incorporate altogether; make Lozenges thereof, dissolve one at once in your mouth.

LVIII.

Bones broken and set, a Plaister to ease Paine.

TAKE the fresh dung of a Sheep two parts, Barly meale, one part, so much of the white of Eggs beaten well, compound a Plaister, put therein a little Bol Armoniack, lay it about the bone, remove it not in ten dayes.

LIX.

Blood to staunch at Nose, or in a wound.

TAKE the greatest Toad you can find, and hang it up alive, and so let him hang
all

28 The secrets of Physicke

all Summer, till he be as dry as a Stockfish, so keepe him, let the party bleeding smell to him, being wrap'd up in a thinn linnen cloath, it stauncheth the blood.

LX.

To skale a mortified black Bone.

TAKE honey of Roses, dip Spledgets therein, lay them hot on the bone untill it doth loosen, dresse it every night for three nights, if it then loosen not by the sides in feeling, then apply this Oyntment.

Take pure Hogs grease di. 4b, Argentum Vivum ii 3 well mortified, and well brayed together, warme the Vnguent in a Sawcer, with a feather anoynt the bone evening and morning, and lay thereon Lint, and roset it up just, let him keepe his bed, and take no cold, and shortly the Bone will rise, then heale it up as need requireth.

LXI.

Bruise or Bruises to Cure.

POURe out the white of an Egg, then fill the Egg up with Parmacitty, rost it soft, then sup it up, and fast three houres after, use it till you be well.

Bloody-

LXII.

Blody-Flux, Scouring, or Gonorrhea.

TAKE the seed of white Poppy, Mallows, Quinces, and Pursleyne all powdered; take also Mirtell, Gum Arabick, Gum Dracant, Pine kernells, Sugar, Licorice, Penedes, Pissoum mullage, of Almonds ana iiii 3, of fine Bole sanguis Draconis, red Roses, Spodij, Myrrhe ana i 3, mix them with Hydromell, and make it in Trochis; they will last kept in a box in a warme dry place seven yeers, the Dosse is i 3 given in milk.

LXIII.

Burning or Scalding, an approved Medicine.

TAKE the inner Barke of Elder, the leaves of Alexander, and the leaves of Dayssies: boyle them in Hogs grease, then strain them well, and anoynt the Griefe with a feather, and cover it with a red Colwort leafe, and it will whole on warrantise.

LXIII.

Back Paines, the Cure.

He Paracelsian Plaister laid thereon warme
Tourech.

Breatb

LXV.

Broath given in Consumption or Weaknesse.

TAKE China iiii ℥ thinne Slyced, Mayden-haire, Parsley, Fennell, Smallage roots ana i ℥, Zarsa parilla iiii ℥, infuse them foure and twenty houres in three quarts of water, then boyle them till one quart be consumed, then put in your Pullet or Chicken being first boyled one walme, and scum it, then let it boyle all to peeces being seasoned with Lettyce, Violets, Succory, Strawberries, and such like, then straine it, and drink of this comfortable Broath at all times when you please.

LXVI.

Bruise to Cure, also good for the Stone.

TAKE the eyes of Crabs, powder them, infuse them in Wine-vinegar warme, some Parmacitty melt therein, take of this every morning fasting till you be well.

LXVII.

Canker in the Breast, or Ploypus in the Nose.

THE water of Buck wheat distilled in Balneo, will stay the eating Canker or Ploypus, though held uncureable.

Canker,

LXVIII.

Canker, a Plaister.

Mix the juyce of Selandine with Goats dung powdered; and plaister it on, is killeth the Canker any where.

A plaister made of Pepper, Bay-salt, the kernell of Walnuts beaten together healeth also.

LXIX.

Canker to extirpate and take out.

Incorporate the powder of Realgor with fresh Hogs greafe, spread it on leather fit for the Sore, strew thereon all over the flower of Wheat somewhat thick, and upon that honey thick, and lastly over that Womans milk, then lay the plaister on the Sore, and lay on the plaister the bottome of a new baked Loafe of white bread, binde all fast on all night, on the morrow the Canker will be dead on the plaister: Note, if it be in the flesh or sinewes, thick water issueth out, if on the bone, thick yellow matter commeth forth.

LXX.

Canker, a Lotion.

Take white Wine, di. Pinte, English honey iij ℥, white Coperas in powder i ℥ di. Roche-

32 The secrets of physicke

di. Roche-Allom powdered iij 3, boyle all these till one third part be consumed, then wet double linnen cloathes therein, and lay it on the Sore or Canker: Or take new Tanners Oose that never Leather came in, Sage, Bay-leaves, Violet-leaves, and Woodbine-blossomes ana i M: boyle all these together, and use it for a Lotion, first straine it.

LXXI.

Canker in Mens privities, to Cure.

Boyle Roche-Allom i 3, Verdigrease iij 3 in a pinte of Smiths water till part be consumed, then straine it, and use it for a Lotion.

LXXII.

Canker to Cure.

Take the oldest Oyster-shell you can finde in a dunghill (that shine most, are best) powder them, then set three spoonfulls of white Wine-vinegar over the coles, put therein as much of the Oyster-shell powder as will thicken the Vinegar, adde thereto some Allom powder, then bind a linnen-cloth about a stick and dip therein, rub the Sore therewith till it bleed, doe this three times therewith, it will be well.

Canker

LXXIIII.

Canker in the Body, to Cure.

TAKE the powder of the roors of Dragons i 3, lay it all night in water, on the morrow put out the water, then put thereto a quarter of a pinte of white Wine, boyle it well, let the Patient drink it warme three mornings together, it helpeth.

LXXIIII.

Canker or sore Eyes.

TAKE Dovefoot, Archangell, Ivy with the berries, young Bramble tops, white Rose leaves, red Sage, Sellandine, and Woodbine leaves ana i M. cut small, then put thereto powder of Allom i 3, white wine and clarified honey ana one quart: Aloes, Epatick iij 3, distill all these in a Lymbeck together, the water thereof will kill any Canker, two drops put in the eye with Fennell water, taketh away any Pearle or filthinesse.

LXXV.

Consumption, the Cure.

TAKE six Cocke Sparrowes, and two Wagtailes well dressed, Harts-horne and Ivory ana ij 3, powdered China roots
D thinne

34 *The secrets of Physicke*

Thin slyced iiii 3 in two quarts of Spring-water, Rose water one quart, white Wine one quart; Infuse them in a Pipkin close covered one night in the hot Embers, that the water may keep but warme, then boyle three spoonfulls of French Barley in three severall waters; then take Egrimony and Sorrell di. M. Borage, Buglosse, di M. Fennell two roots picked and sliced, the bottom of a white Loafe steeped in Malmsey all night, three large Mace, Rayfins of the Sun stoned iiii 3, six Cloves bruised, halfe a Cock, six Knuckles of Veale, red Sanders i 3, Sage and Rosemary ana i M. six Capdates stoned and cut, let all these boyle close stopped one houre, then put therein six Pearmaine Appels peared and slyced, let all these boyle till it come to a Mash, that there remaine but five pintes; then strain it, drink of this warme, first and at five of the clock in the afternoone, this will comfort much; if it be too thick liquifie it with wine.

Consumption

LXXVI.

Consumption a noted Cure.

TAKE a quarter of a pound of Iordan Almonds blanced, and beat small, adding thereto in the beating some Rose-water, one or two spoonfuls, then take the thigh of a roasted Capon, flea off the skin, beat it in a Morter alone, then take fourteene Dates stoned, skinned and picked, beat them alone, then put them all in a pinte of Rosewater, boyle them three walmes with some Sugar, then take Cinnamon ii ʒ, Lignum Aloes both powdered i ʒ, put them in your Decoction, stir them well together, then put it up in some Glasse, take the quantity of a Walnut at once in the morning, the first three mornings adde to it every time Bezoar two graines.

LXXVII.

A Dyet drink for the Consumption.

THe first weeke in May infuse in your usuall drink Succory, Devils-bit, Scabius, Water-Cresses, Lungwort, Poly-podie, Coltfoot, Penryrall, and Liverwort ana ij M. bruised & put in a thin linnen cloth

36 *The secrets of Physicke*

bagge, and so put in your drink when it is new tunned to work therein; drink no other drink for fourteen dayes.

LXXV III.

Cough of the Lungs to Cure.

TAke greene Box dried, and powdred fine, take so much at once as will lye on a groat, in a draught of warme white Wine first and last till you be well, which will be when you see your selfe voyd blood, then leave your Medicine for you are well. *Probatum est.*

LXXIX.

Cough of very hard Phlegme to Cure.

BOyle two quarts of Creame, halfe a pint of honey, and di. pint of Linseed oyle till it come to an oyle substance, dip therein a red thick woollen cloath, wring it hard, and lay it on the Region of the Stomak as hot as you can suffer it, then cover it warme with another dry wollen cloath all night and morning till you be well.

Cold

LXXX.

Cold hoarcenesse to cause to speake cleare
Presently.

TAKE a Porsnet of scalding water, put therein two Handkerchiefes viij times double folded, wring out the water, hold it to thy Nose and Mouth till it be cold, then put that in the hot water, and take out the other, and so one after another till you be well.

LXXXI.

Cough very old to Cure.

TAKE *Diatragaganij frigidum diaspēdij, suis specibus ana i 3*, the Liver of a Fox powdered i 3 di. Lycorice and Maydenhaire ij 4. all powdered together, take them mixed in the syrup of Mirtles as an Electuary on the point of a knife as oft as you see cause.

LXXXII.

Consumption, a Medicine.

TAKE good Malmsey a pottle, put therein as much crums of Manchet hot out of the Oven as will suck up all the Wine, adde thereto of Cinnamon powdered iij 3, ten

D 3

Cloves

38 *The secrets of Physicke*

Cloves bruised, distill this, and put thereto so much Sugar, as fits your Taste, with two graines of Musk, the Dosse is three spoonfuls morning and evening first and last.

LXXXIII.

Gollick a present remedy.

TAKE Gum Hederæ, warme it that it may spread on a peece of Scarlet the breadth of a shilling or broader, apply it hot to the Navill; your best Gum is sweet, clear, and soft.

LXXXIIII.

*Cough, and strong Consumption,
a Petion.*

TAKE Malmsey one quart, roots of Malloves, and Fennel pithed, Lycorice mundified, Anniseed bruised ana ij 3, Coltsfoot, Longwort, Violet-leaves, Hytop, red Sage, Rayfins of the Sun stoned, Figgs shred, white Sugarcandy ana iiij 3, boyle all these in a Pipkin close covered to halfe, then straine them out hard, adde thereto white Sngar iiij 3, of the roots of Ireos, Florentine ii 3, let it boyle one walme more: then straine it, and take of this first in the morning, fast two houres after, and last to bedward,

ward, if you need to purge, infuse in a draught thereof over night Sena iij ʒ, strain it, and drink it in the morning.

LXXXV.

Chollick and Sone, the Cure.

TAKE Parsley-seed, Gromel-seed, long Pepper, Ieat, Amber, Corall, Ginger, Nutmeg, Bay-berries, Eluna Campana ana ij ʒ fine powdred, drink of it warme in a morning as much as will lye on a six pence in white Wine or Broath, fast two hours after.

LXXXVI.

Chollick of Winde.

TAKE Seahorse Pizell, Hartthorne, and Eluna Campana, ana i ʒ fine powdred, take so much of this as will lye on a shilling in Anniseed-water fasting, or as you need.

LXXXVII.

Chollick and Stone, the Cure.

TAKE a pottle of white Wine in a Pipkin, put two faire flint stones in the fire till they be red-hot, quench them one after another twenty times in the Wine, then put therein Speare Mints. Polypody of the Oak,

40 The secrets of Physicke

Hyssop, Sage, and Rosemary ana i M. boyle them a good while, then straine it, and put it in a Violl close stopped. In the morning fasting drink a draught with these powders, Parsley, Fennell, and Carroway seeds, Philypendula, Saxafrage roots, Grommell, Brome, and Alexander seeds; the kernell of Cherry-stones dried, the round bones of the Thorn-back all powdered together ana iij ʒ, drink of this powder every morning in your wine one spoonfull, fast two houres after, and last at night, take this syrup of Spiknard, of Juniper berries, of Grasshoppers the head and feet cut off powdred ana ij ʒ; compound them together, and drinke ij ʒ in a little warme white Wine.

LXXXVIII.

Collick the Cure.

EAt fasting every morning hot Broaths made of Alexanders, and drink the compound water of them, & Aqua-vitæ ana ij ʒ.

Also drink the powder of Juniper berries in Alexander water and stale Ale ana; warme is good. Also S. Johns wort small chopped, and put thereto Pidgeons dung, a good quantity of honey, fry them in fresh Butter, and very warm bind it to the navill.

Cramps

LXXXIX.

Cramps, Convulsion, or shrinking Sinews.

Take Oyl of Turpentine i lb, Turpentine di. lb. oyl of Bayes iv 3, oyl of Spike i 3, Juniper berries di. lb, Castor Euphorbium ana i 3, Cloves, Mace, Nutmegs, Cinamon, Frankincense ana ii 3, Mummy i 3, Brocks grease iii 3, digest them all for one moneth in horse dounge, then distill them according to Art, and therewith anoynt the place grieved; this also healeth old Wounds and green Sores.

X.C.

Cramp, the Cure.

Take Brimstone and Verven, bind it to the Pulse, and be ever freed.

XCI.

Cods swelling to Cure.

Take Rye, Bay leaves, Purslay, Bean meal, Fengreeke and Linseed ana 3, boyl it in new Cream, with a spoonfull of Hogs greale, to a Poultis, so apply it: Or take Rye Leaven, mingle it with strong Lye, and apply it; this helpeth.

Camphire

LXXXVII.

Camphire Water to heale.

TAKE Camphire prepared with the white of an Egge, infused it in Fumitory water, mix them well together, use it to coole, heale, and skin.

LXXXVIII.

Cornes in the Toes to Cure.

TAKE Merigold leaves, Hearbgrasse, and the broadest Plantaine ana i M. stamp them in a Morter, then put them in a close stopped Pot, with ten spoonfuls of water, so let it stand twelve dayes till it stink, then strain out the liquor, with it anoynt the Cornes, and wet a double cloath thesein, and lay it on them till they be well, so use it.

LXXXIX.

Carbuncles to ripen and breake.

POWDER Bay-salt small, mingle it with the yolk of an Egge, and lay it on the fore; it heales.

Cankers

LXXXXV.

Cankers inward or outward to cure.

Roste Sorrell clenfed of the stalks and strings, take onely the pure leafe in a wet brown paper in the Embers when it is soft, mix therewith halfe fo much honey, as much Wheat flower, and as much burnt Allom, compound all these together in a Morter to a plaister, apply it to the grieſe cold, if the Grieſe be inward Miniſter three Pills thereof morning and evening; waſh the Sore with a Lotion made of Plantaine water, burnt Allom, and ſo much calcined Vitriall as will make it blood-red.

LXXXXVI.

Cramp in Arme or Legge, the Cure.

TAke great Onions, roaſt them, make a Plaister thereof, and lay it warm about the joynt as hot as he can ſuffer it, dreſſe it three times, and cured.

LXXXXVII.

Canker or Pock in any part of the Body to Cure.

Mix the fine powder of Mercury with the powder of Bole, Mix it ſo that the colour be very pale, this killeth either of theſe grieſes,

Deafneſſe

Deafnesse to cure.

TAke Oyl of Castor ii 3, oyl of Roses, and oyl of bitter Almonds ana i 3, Aquavitz ii 3, mix altogether, and boyl it till the Aquavitz be consumed, then every night to Bedwards, drop four drops one after another in the Ear, stop it with Cotten that smelleth of Musk.

XCIX.

Another.

TAke a spoonfull of the Liquor that fryes out of a green Ashen Bough burning in the fire, and the oyl of a silver Eele ana, of the Gall of a Hare, and black Honey ana, one spoonfull of Singreen, boyl them altogether, and drop a little in your Ear, as need requireth.

C.

Diseases many and generall, an Electuary.

TAke red Rose leaves dried, red Coral, Guaiacum, Acorus, Carroway seed, Ivory, Cinamon, Bole armoniack, Egshells all dried, Rosemary powdred ana ii 3, Nutmegs, Cloves and Mace ana i 3, Sugar powdred

dred iiii 3, juice of Plantain, Knotgrasse, Shep-
 hearsds purse, Houfleeke young Bramble tops,
 and Sorrell ana i M, or so much of the juices
 as will make it up an Electuary, take one
 spoonful therof morning and evening warm.
 If it be for the Gonorrhoea, first fumigate him
 upon a close stool with Frankincense, it stay-
 eth bleeding, and is good against the Plague,
 it is good for old Ulcers, and all Fluxes.

C I.

Droppe, a Purgation for it.

TAke Mechoacan, Sugar, Diagredii, Ru-
 barb Sena, Spikenard ana i 3, Anniseed
 ii 9, Cinamon, Mastick, Ginger ana i 9, let
 all these be fine powdered, the Dos is i 3 in
 white Wine or posset Ale three dayes toge-
 ther : Then take Hyssop, Violets, Rosemary,
 Vervain, Bettony, St Johns woort, Mouse-
 ear, Plantain, Avence, Sage, Fetherfew
 ana i M. wash them clean, then dry them,
 and bruise them in a Morter, then put it in a
 new glassed Pipkin, put to it one gallon of
 white Wine, so let it stand all night close
 stopped, and on the morrow seeth it to one
 Pottle, then strain it thorow a hair Sieve,
 and put it up close, then drink it first and last
 nine

46 *The secrets of Physicke*

nine daies together, at night hot, and at morning cold, halfe a pinte at a time.

CII.

Dropfie, a Medicine.

TAKE Dragons, Spiknard ana i ʒ , Alchenet di. ʒ , powder them; drinke of this powder in Ale or Beere, as much as will lye on six pence at one time.

CIII.

Dropfie, a Dyet-Drinke.

TAKE Juniper thin shaved, and the berries bruised, Ash Bark, Sassafras roots, Wallwort roots, Caper roots, Camocke roots, Marsh Mallow roots ana i M. Parsley roots, Eringo roots, Fennell roots, all bruised ana two ʒ , Parsley and Fennell-seeds bruised ana ii ʒ ; put all these in a Pipkin close covered, put upon them as much scalding water as will cover them, then put it up and paste it close, so let it stand in hot Embers and not boyle xxiiij houres, then put all these in a Ferkin of new Ale of seven gallons, so let it worke together till the Ale be stale; drink no other drink during the cure, drinke this at all times.

Dropfie

CIII.

*Dropſie, or any other Diſeaſe; a Treakle
to cure.*

TAKE the powders of Rue and Bettony
ana ten ʒ, Wormewood and Centory ana
three ʒ, Gentian, Myrrhe, Aristolochia ro-
tunda and Ivory ana i ʒ, Pulverize and Cearſe
all theſe, mix them with clarified Honey to a
Treakle.

CV.

Dropſie, an excellent Potion.

TAKE Rue, Sage, Bettony, Polypodij of the
Oake, Watercreſſes, green Broome, Hyſop,
Parsley and Fennell roots pithed, roots of
Lovage, of Flower de Luce, Gladwine the
middle, take of the Elder the ſmall clot bur
ana i M. boyle them in Barley water and
white Wine ana, mix it with pure Honey qd.
ſuffici: let the Patient drinke of this firſt
and laſt till he be well.

CVI.

Deafeneſſe, a precious Medicine.

TAKE Honey, the juyce of Singreene, the
Water that droppeth from a greene
Aſhen

48 *The secrets of Physicke*

Ashe Bat in the fire ana, compound them together, infuse it warm in the deaf ears.

CVII.

A Defensive to stay Impostumes or Inflammations from all green Wounds, apply it both sides the Wound.

TAKE the white of two Eggs well brayed, put thereto Wheat flower, powder of Bole armoniack, and powder of Sanguis Draconis, mix all these well together, and apply it as before, this stayeth and repercusseth all humours: if any heat happen in the wound, then adde thereto Vinegar, Rose water, Singreen, or Plantain juice, this will dissolve all Inflammations or heat quickly.

CVIII.

A Defensive for green Wounds.

TAKE oyl of Roses, Bole armoniack ana ii $\frac{3}{4}$, Terra sigillata, and Vinegar ana i $\frac{3}{4}$, Camphire ii d. Nightshade and Singreen ana i M. beat the Hearbs, strain the juices, mix all together cold, so apply it; if it be too thin, thicken it with Barley meal.

Droffies

CIX.

*Dropfies, Pox, Consumption, or any
Disease.*

TAKE a pinte of spirit of Wine, infuse therein Zarna perilla thinne sliced, so much as will colour the spirit of wine yellow as gold, then dissolve in it Gum of Guajacum ij 3, strain it, and adde thereto naturall Balme di. 3, take thereof one spoonfull in a draught of small Beere or Ale morning and evening till you be well.

CX.

Dascoraium, an excellent Cordial to make.

TAKE Cinnamon, Lignum Cassia ana iij 3, Scordid or water Germander i 3 Dittany or Candy, Tormentill, Bistorta or Snakeweed ana liii 3 Galbanum, Arable, or Candy Mustard-seed i 3 di. Gentian liii 3, Bolarmoniack i 3 di. Terra Linnen liii 3, Opium i 3 di. Storax, Calamint liii 3 di. Sorrell-seed i 3 di. long Pepper, Ginger ana ii 3, pure Honey ii lb di lb. Conserve of red Roses i lb. Aromaticall Wine di lb, boyle all these two walmes to an Electuary.

CXI.

Eyes red and watring, the Cure.

Spread the white of a new layd Egge on
 a red Colewort leafe when you goe to
 bed, plaister the eyes therewith; or the gall
 of a Partridge, or the gall of a Turtle put
 into the eyes helpeth the dimnesse.

CXII.

Eyes that seeme blind, the Cure.

Take Smallage, red Fennell, Rew, Ver-
 vine, Egrimony, Bettony, Sage, Sinkfoyle,
 Pimpernell, Eufrage, Celendine, ana i M.
 wash them and stamp them well, put them
 in some vessell; take powder of xv. pepper
 corns well searced, one pint of wine, three
 spoonfuls of boyes urine that is very young,
 boyle them together till the juyce of the
 hearbs be in the wine, then straine it out
 hard, and put it a Viall close stopped, and
 with a feather drop it in the eyes cold for
 fifteen dayes; during the Cure, drink Beere
 wherein is infused over night (to drink next
 morning) Tormentill and penny-grasse.

Egyptiacum

and Chyrurgery.

CXIII.

Egyptiacum to make.

TAke Verdigrease iiii ℥, powdered Al-
lomii 3 Vinegar vi 3, Honey i 3, boyl
all these till it be red, this clenseth
and siccatriceth old sores.

CXIII.

Emrours, the Cure.

TAke two Hankerchiefes viij double,
put them on a Chafingdish of coles in
a dish of white wine, ready to boyle
or seething hot, then wring out one of them
herd, and lay it on the grieve as hot as hee
can suffer it, let it so lye till it waxeth cold,
then put that in the dish, and so doe one af-
ter another, for halfe an houre at once; use
this till it be well, which will be some three
times; during the Cure some drink Milk-
soyle in white wine, with the powder of
Egshels whende Chickens were hatched.

CXV.

Emrours, or any other Swelling, in the place.

TAke Scabius and Mulline, stamp them
with fresh Butter and Hogs grease, and
make it yellow with powder of Saf-

52 *The secrets of Physicke*

iron, lay it to the grieve warme.

Or take the powder of burn'd Anniseeds, Honey, and Saffron, make a plaister thereof, and lay it to the grieve, every dressing wash it with white wine wherein Scabius hath boyled.

CXVI.

Emrods to Cure.

1 TAKE the juyce of the root of the great Burre, boyle it, and bathe the Emrods therewith very hot, then presently strew thereon the powder of red Archangell.

2 Or take the powders of Lovage and Rew mixed with Honey, make a plaister thereof and use it.

3 Also boyle the leaves of Mercury very tender, apply it thereto as a poultis very hot, dresse it twice a day and be whole.

4 If they bleed or water much, cast on them the fine powder of Lethrage of gold, it dryeth them.

5 Or stamp unset Leeks small, put there-to honey and flower, lay it on warm.

6 Or stamp in a dish of the best Sope with some garden Snailles without shells, and

and the powder of some Muscle shels mixed
and applyed thereto twice,

CXVII.

Eyes to preserve by Medicines Locall.

THe smell of Marjorum is good to
perferve the sight, to drinke Ey-
bright in Ale, Beere, or Wine, with the
juyce of Fennell, is very good, and no-
thing better; the powder of Eybright in a
reare Egge, or in any thing else is also
good: Good Spectacles much helpeth:
Cinnamon, Cloves, Nutmeggs, Mace,
and Pepper, are all good. Also the water
of Eybright, Fennell, Marigold, Perle-
wort, or any of these put into the eyes,
cureth.

2 Item, Vervine gathered young in May,
put in a Vyall close stopped, and so let it
stand till it putrifie, and a juyce sinking
to the bottome of the Glasse, wherewith
drop it into your eyes, it helpeth all blind-
nesse in man or beast.

3 Item, In Aprill gather the finest Fen-
nell, put it into a Glasse with a long nar-
row neck some fiftene dayes, then take the

glasse softly for troubling it, powre out the clearest thereof to another glasse to every dish thereof, put iij of Lignum Aloes fine powdred, and let it so stand fiftene dayes more, then straine it twice to cleare it out; of this drop a little in your eyes, it much cleareth the sight.

4. Item, Lignum Aloes distilled in a Stillatory of Glasse the water of it put in your eyes, it cleareth the sight miraculously.

Item, iij of the distilled water of Rosemary flowers, with ij d. of the powder of Salt Gem dissolved therein, and dropped in the eyes, cureth the sight, and dryeth all moisture from thence.

6. Item, the urine of a Child, or the Eye made of Ashes of Fennell stalks, either of them dropped in the eyes, mends the sight.

CXVIII.

Inner medicine to cleare the Eyes.

TAke the powder of Eybright iij 3, Mace iij 3, mix them together, and take the weight of iij d. thereof in Fennell water in the morning, fasting three houres after.

2. Take the juyces of Fennell Vervin, and Roses ana iij 3, Eybright, Endive and Celendine

lentine ana d i M: boyle the hearbs in two pints of water till halfe be spent; then with the joyces and the Decocton, boyle it with Sugarito a syrup, take of this syrup li 3, in Eybright water liij 3. If the body be windy adde to the aforesaid powders Antiseed and Fennell seeds i 3.

CXIX.

Eyes that have Pearles, a medicine.

TAke Dazies and the roots, red Fennell and Alehoose, stamp them together, take the juyces of them, and drop two or thre in the contrary Eare warme, on that side the griefe is not, till the Pearle fall off. use this every day morning and evening.

CXX.

Eyes that have Pearle or Web.

TAke the white of two new layd Eggs very hard boyled, the shela and yolk being taken away, put the white in a Morter with i d. of fine powder of Copperas, pound them together, then put to it two small spoonfuls of Rose water, then straine it hard throw a linnen cloath into a a Glasse, let it settle with the clearest water thereof, drop it in the eyes with a feather.

56 *The secrets of Physicke*

2 Or take the white of two Egges, very hard sodden, white Sugarcandy i 3, white Copperas i 9, both fine powdred, white Rosewater one spoonfull, stampe the Egges, Sugarcandy and Copperas together, then put the Rosewater thereto, straine it hard into a Glasse, drop thereof three times a day into your eyes,

CXXI.

Another.

3 **T**AKE all the head of a blacke Cat burned to Ashes, blow some of that powder with a quill thrice a day into the Eye, if the paine be great, especially in the night, lay thereon some Oaken leaves doubled together, and wet in Rosewater on the Eye, renew them as need requireth, it cureth,

CXXII.

Another rare secret for the same.

4 **T**AKE nine Wormes, you shall finde them in old hollow Timber with many legs, called Hogs or Swines Lice, if you touch them they will be round; stampe them with the ioyce of Celendine or Beto-nie; then straine them well, let the Patient drink

drinke it fasting warme, not eating in two houres after; use this three mornings together, it will cure.

CXXIII.

Or thus,

TAKE the white of an Egge, and the Juyce of Pelitory of the Wall, beaten together and scummed; one drop of that liquor in the Eye cureth, *Probatum est.*

CXXIV.

For the Eyes: The vertue of Tormentill.

BOYLE the hearbe Tormentill and Roots in white Wine, till the third part be spent; let the Blinde drinke of this Potion nine dayes together, a draught in the morning cold, and at night blood warm, and with in that time (God willing) he will recover: if the Eye be hurt, boyle this herbe stamped in white Wine and a little Water, binde or plaister it to the sore Eyes. If you infuse a good quantity of this Herb in a small Vessell full of Wine, and drinke no other daily, it will recover sight though long blinde.

Eyes

CXXV.

Eyes to cleare, An approved distilled
Water.

1 **T**AKE the juyces of Rue, Fennell, Celendine, and Eybright ana ij 3, Honey i 3 di. Aloes tutia, and Sarcocollz ana iiii 3, the Gall of a Capon or Cocke ii 3, distill all these in a Limbecke or Glasse, drop this Water cold into the sore Eyes once a day three drops together, and use it till he be well.

2 Or take the waters of Roses, Vervine and Fennell ana iiii 3, strong white Wine iiii 3, Tutia prepared, and Sugarcandy ana three 3, Aloes hepaticke two 3, powder fine all the simples that is to be powdred, mix them with the Waters and Wine, let it so stand covered one whol day, then strain the liquor easily in a faire Glasse, and use to drop three drops at once in the eye.

CXXVI.

To cure all griefes in the Eyes.

TAKE three 3 of unslak'd Lyme, infuse it in di. lb of raine Water in a Glasse vessell three dayes; then stirre and mixe them well together, let them settle againe foure and
twenty

twenty houres after; powre out the cleare water very cleane, then put thereto ten $\frac{3}{4}$ of Salarmoniack the whiteſt you can get, very finely powdred, let it therein diſſolve by long ſtanding and oft ſhaking; then let it ſettle, and powre the cleareſt water off it, or filter it away by Diſtillation; drop three drops of this in the Eye at once, and ſo continue it three times every day till it be well; this cureth Spot, Pearle, Web, or any thing elſe in the Eye, be it Canker or Burning.

CXXVII.

Falling-ſickeſſe, the Cure.

MAke two Plaſters as you doe of Maſticke, of Sanguis Draconis, ſpread it with a hot knife, and lay them to the Temple veins.

CXXVIII.

Falling-ſickeſſe or Epilepſia, the Cure.

Firſt every Full and change of the Moone, Purge one day, and Vomit another, then kill a Jay, and dreſſe him, fill his body full of Cummin and Annifeeds bruised, then put the Jay ſo dreſſed in an Oven after Bread is drawne, untill he be ſo dry that you may beat

60 The secrets of Physicke

beat his body, fides and bones to powder, then take of this powder iʒ at a time in Broath, or any other way at pleasure morning and evening till he be well.

CXXIX.

Feaver to prevent, or all other diseases by this cooling Cordiall.

TAKE Lyquorice mundified iʒ, Carroway seed, and Cardimonium ana diʒ, Hyfop, and Carduus Benedictus ana di M. of Galingale ijʒ, bruiſe your drugs, and binde your hearbs in a bundle, boyle them all in a gallon of water cloſe covered, till one pinte be conſumed, then let it ſo ſtand till you ſtrain it ſix houres, then let the Lyquorice and Cardimonium remain ſtill in your ſtrained drink; take thereof morning and evening at your pleaſure, this worketh mervailouſly in preſerving ſtrength.

CXXX.

Flux of blood to ſtop and Cure.

TAKE the round moſſie Bar that groweth on the Bryar that is the wilde Roſe, dry it, and powder it, drink thereof in red or Claret wine morning and evening firſt and laſt.

Flux

CXXXI.

*Flux or Womens Menstrous to force
or bring.*

TAke Germander, Mugwort, Penny-
ryall, Balme Hyrop, and Mallowes
ana i M. Rew, Sage, Wormewood,
Soothernwood, and Marjorum ana di M.
Saffron i d. Castor i 3 thin sliced, Enula
Campaine, and Cinnamon ana i 3 powdred,
boyle all these in a pottle of water to the
consumption of a quart, then strain it hard,
and put thereto white Wine one pinte,
drinke thereof first and last, morning and
evening.

CXXXII.

*Bloudy Flux to stay, especially of
Women.*

MAke a payre of Beads of the Seahorse-
tooth, and weare them on both your
wrists, let no young women weare them
but twenty four houres, for feare of fur-
ther danger.

Flux

CXXXIII.

Flux of Blood, or Gonoria Pills to stay it.

TAka Marmalet of Quinces two 3, Coral Cinnamon, Amber, Shepherds purse, Alchenet, Acatia ana ii 3 powdred and leas-
sed; mix them together to a Masse for Pills,
take foure of these Pills morning and even-
ing first and last.

CX'XXIII.

Fistula, the whole Cure.

First purge the humour offending, then
take the Soles of old Shooes dryed, burn
them on a cleane hearth with Oaken wood
to a bright coale, then lay it where it may
consume to Ashes alone, then adde to the
weight of the Ashes so much Greene Cop-
peras fine powdred, as the Ashes of the
Sole weigheth, and halfe so much weight
of the powder of burned Allom as the Cop-
peras weigheth, and halfe so much of the
powder of golden Seacoale as of the burned
Allom, then grinde all these together on a
Painters Stone, or in a Morter to fine subtle
powder, so put it close up till you use it ei-
ther for Fistula or old Sore: when you are

to use it, take the Creame of the morning Milke of one Cow, set it by it selfe all night and one day, the next day cast away the greenish water in the bottome of that Creame, then lay a spoonfull of the Creame on a Trencher, then mix so much of the powder, therewith as will make the Creame blacke and thicke; then make your Tents of one inch long and no longer, if the Fistula be never so deepe, and role the Tents well in the Medicine, and Tent the Fistula therewith two times a day, and it will worke out in small pushes, wheales from the bottome, cover the Sore with a red Colewort leafe, when it is well digested, heale it up with Plaisters fit for it.

CXXXV.

A vulnary Potion for the Fistula.

BOyle in a quart of Spring-water Cloves bruised, Pimpernell, Egrimony, red Colewort, Valerian, Mouseare, Doe foot and wilde Tanzie ana i M. washed and chopped, boyled all in a Pipkin close covered till halfe be wasted, then put to it two spoonfulls of Honey, and one quart of white Wine, then let it boyle two walmes, and straine it hard forth, keepe it in a close Vyall,

64. The secrets of Physicke

Vyall, drink of it morning fasting at three in the after-noon, and last to bed; In Summer cold, and Winter hot, untill the Potion commeth out of the Orifice of the Fistula, which must be ever kept open with a Gentian tent.

CXXXVI.

Fistula or Cankers, the Plaister to Cure.

TAke Letharge of gold j lb, oyl of Roses ij lb, white Wine Vinegar, and old Vrin ana di lb, boyle it till the Vrine and Vinegar be consumed, adde thereto in the boyling Wax ij ʒ, Frankincense i ʒ, mix it, and it cureth.

CXXXVII.

Fistula, a Lotion to wash, or Sering that cureth.

TAke Bole-armoniack iiij ʒ, Camphire i ʒ, white Vitrioll iiij ʒ all powdred, boyl the Copperas and Camphire in a close stopped Pipkin till they be melted, still stirring them till they grow hard, then powder them and the Bolearmoniack together very fine, then put the powders up in a strong bladder, when you use it, take a pottle

pottle of running water, put it to the fire till it begin to boyl, then take it from the fire, and put therein three spoonfuls of the powder, as much as you can heap and presse on, put all in a double Vvall, shaking it twice every day for fourteen dayes before you use it, let it stand and settle very cleer, and apply it as hot as the Patient can suffer it: if it be for a Sore, wet a double cloath four times double, and apply it: if for a Fistula, use the Seringe, dresse it morning and evening till it be well. This cureth old Sores, Fistulaes, Pustuls, Cankers, Scabs in the Head or Body, green Wounds: if you will have it stronger, put unto it burnt Allom i $\frac{3}{4}$ powdered.

CXXXVIII.

Fistula in the corner of the Eye, or elsewhere.

TAKE Hempseed, Southernwood, Fennell, Parsley, Strawberry leaves and strings, Ribwort, Tanzie, Smallage, Garden madder, red Colewort leaves, ana i M. Nutmegs powdered i $\frac{3}{4}$; boyl all these in three pints of water, then strain it, adde therto Honey four spoonfuls, therewith bathe the Fistula thrice a day, at every dressing let the Patient drink
F of

66 *The secrets of Physicke*

of this potion foure spoonfulls warme; if the Fistula be deepe use a Seringe, and wet a red Coleleafe and lay thereon, you need not tent it; let the Patient sometime with his Potion drinke Triacle diateffaron i 3, in a morning in his bed very hot, and sweate two houres after it. If humours flow much, purge once in ten dayes. Also keepe the Orifice open with Gentian tents that it close not; Also after that make Tents of Linnen, washed in Bucke and not in Sope, scrape lint of them, for tents wet them in fasting spittle, then let them dry, and dip them in the Creames and powder before set downe.

CXXXIX.

Fistula or sore mouth, a Lotion.

TAKE Guiacum $\text{iiij } \frac{3}{4}$, Plantine, small Cranes bill, Comfry, Knotgrasse, Shepherds purse, Woodbine, and Briar-leaves ana i M, boyle all these in three pintes of Smiths water till halfe be consumed, strain it in the liquor, and mix it well, keepe it to your use, if you will have it stronger, put thereto as much burn'd Allom as two Nutmegs, use it alwayes warme.

Face

CXL.

Face heat, the Cure.

1 **F**irst, purge with Pillule aggregative i 3, then take Camphire i 3, prepared Cinnamon ij 3, Brimstone, Ceruse, and Mastick ana ij 3 all fine powdred, and wrought up with oyle of white Roses to a Cerote, anoynt your face with a bigge Pill made thereof as bigge as a Chesnut, ten nights together to bedward, in the morning wipe it hard with a dry linnen cloath, but wash it not all the ten dayes, then wash it foure morninge together with iuyce of Lemmons and Butter-milke, the Lemmons flyced therein.

2 Also if you quilt bay Salt fine pwdred in a paire of linnen Socks, and weare it under your feet, it helpeth much. Abstaine from salt meats, Spices, meat brown roasted or fried, Wine, strong drink, Onions, Garlike, or Mustard, use in your Broaths Purslaine, Sorrell, and Violets, and all other coole hearbs.

3 Or take a quart of sweet Cream, small Ferne roots i M. cleansed and bruised very small, boyle them in the Cream till it come to a Salve, anoynt the face.

CXL I.

Face to cleanse, a Water that taketh away all Deformity.

TAKE Pippins pared and coared, then sliced, Lemmons thin sliced, then take pure Manchet, and crum it fine, put it in new Milk, with all the other, and i ʒ of Camphire thin shred, then distill all these in balneo; use this Water as you need it.

CXL II.

Face Moles to take away.

TAKE the meal of Fengreeke, Honey and Water-creffes ana stamp, and incorporate them together, make a Plaister thereof, apply it to the Mole.

CXL II.

Falling Sicknesse, the Cure.

TAKE powder of the Mistletoe of the Oak, single Piony roots, the powder of mans scull dryed hard in the fire ana i ʒ, Balm ii ʒ, Sage flowers, Rosemary flowers, Marigold flowers ana ii ʒ flowers of the Line tree, Lillies of the Valley ana iii ʒ, powder all these, and tcearce them, take iv ʒ of this powder in the warm Julip following every morning fasting:

fasting: Take Cowslip water distilled i lb,
syrup of Cowslip iv 3 mixed together to the
likenesse of a Jelly. Also take this syrup a
day as occasion serveth, roots of Piony, Mi-
fle of the Oak ana iv 3, Cinamon vi 3, Ma-
rigold flowers, Lilly of the Valley, and La-
vander flowers ana M. red Rose leaves ii M.
all grosse bruised, and put in a vessell with a
narrow mouth, put thereto so much Aqua-
vitæ as will cover them four fingers over,
then stop it close, and pnt it in a balneo for
four dayes, till it be red in colour, then strain
it thorow an Hipograsse bag, then put to it
Sugar-candy powdred di. lb, mix it well to-
gether, then put fire to it in the pot as you
burn Sack, and so let it burn to a syrup, then
put out the fire, so take it: if he have any
grief in the Head, let him wear a Cap as fol-
loweth.

Take Marjorum, Bettony, Balm, Rosema-
ry, Stœchados ana di. M. red Rose leaves,
the rinde of Citron ana iii 3, Cloves, Mace
Nutmegs, Cubbes, flowers of line tree ana
iv 3, all grosse powdred, and quilted with
Cotton bombasse, covered with Taffaty or
Holland, make it in form of a Cap, and wear
it on your Head.

CXLIII.

Face heat by humours flowing.

TAke Sorrell, Succory, Dandelion, and Sowthistle ana i M. the buds of young Hops, Parsly roots ana vi, Fennell roots iij sliced and pithed, and boyled in three Gallons of Alewort, put Yest to it, and drink it at foure dayes old, drink no other drink while it lasteth.

CXLV.

*Eace very red pimples, and Sans plegme
to Cure.*

POWder the liver of a Hare being well dried, drink of that powder in your usuall drink, but better in an Allom Posset. Ale, so much as will lye on a nine pence first and last, morning and evening, *probatum est*, by a Gentlewoman much grieved with this Infirmary, and cured herewith.

CXLVI.

Flux to stop.

1 **M**AKE an Allom Posset, boyled in milk, drinke of it first and last, it cures.

2 Or Make a Cake of Wheat flower,
with

with the iuyce of Plantine and Comfry,
with a little Alknet, bake it hard, sop it in
good red Wine, with powder of Cinna-
mon, eat the Sops, and drinke the Wine;
it cureth.

CXLVII.

Tents to make for Fistulas.

1 **M**ix the powder of greene Coppe-
ras, and Beane meale ana, conſect
them together with hard ſcraped French
Sope in a Morter; Tent therewith, it will
bring forth broken bones.

2 Or the powder of Euphorbium and
Maſtick ana mixed, boyle them in white
Sope, when it cooleth make tents thereof,
it conſumeth all Moyſture.

CXLVIII.

Fleſh to fret or eat away.

THe powder of Euphorbium will fret a-
way fleſh layd thereto.

CXLIX.

*For Fraſtures or Bruiſes a Seare-
cloath.*

TAke Rozine and Wax ana iij 3, Pero-
ſen ij 3, oyle iij 3, melt them hot toge-
ther,

ther, and adde thereto the fine searced powder of Cummin, mix them well together, then hot dip your Searcloath.

C L.

*A strong Powder for Fistula or old Sores,
apply it with Tents or
otherwise.*

TAke Auripigmentum, Virdigrease, gals, Salt Gem, salt Armoniack, Harts-horne burn'd and powdred, the boanes of a Hare burn'd, Mans dung burn'd, Egshells, Oyster-shells, Muscleshells, all burn'd Sanguis draconis, Tartar, Letharge of gold, the shells of a water Crab burn'd, unslaked Lyme, Pepper white and black, Ginger, Frankincense, Glasse Mastik, and an old Shooe all burn'd, and fine powder ana, then adde thereto the powder of burnt Allom, as much as of all the rest in weight, mix all well together, and apply it as before.

G L I.

Fire-wilde, or St. Anthonies fire.

TAke the Lees of Claret or white Wine, and the dreggs of Vinegar, the whites and yolks of Eggs well brayed and mixed together, and lay it to the grieve.

Fistula's

CLII.

Fistula's or faule Vlcers a Lotion.

BOyle one quart of Spring water, Rosemary, Sage, Dazies, Dovefoot, wilde Tanzie, Egrimony, and Plantaine ana i M, bruised Allom as much as a Walnut, white wine Vinegar ten spoonefulls, English honey foure spoonefulls, then strain it hard, and put to the liquor so much powder of burn'd Vitrioll as will colour it like blood, use this with Seringe or Lotion.

CLIII.

For the Fistula, a Potion used by the Ancients.

TAke Barly mundified, and the leaves of Celendine ana i 3, Centory, Egrimony, and Plantine ana ij 3, Aristolochia longa iiij 3, the leaves of Olive, and Dropwort ana ij 3, cut them all, then pound them, and boyle them in white Wine with Sugar, drink a draught of this Decoction every morning fasting one houre after.

Falling

CLIII.

Falling-sickenesse, the Cure.

TAke the Blood, Livers and Hearts of Moales dried and powdred, give i ʒ of this Powder in Piony-water in the morning, fast two houres after, use it fix mornings.

CLV.

Fistula, a Tent.

Mix the powder of Hermodactils with French Sope, make a Tent.

CLVI.

Flesh dead, to fret away.

Lay the powder of Hermodactils on the Sore, it will cleanse it.

CLVII.

The best Potion in the world to Cure the Fistula.

TAke twelve Cloves bruised, Pimpernell, Egrimony, Valerian, red Colewort, Mouleare, wilde Tanzie, Dovefoot, Strawberries, Plantine, red Madder, and sharp Docke ana i M, bruise all these in a stone Morter, boyle them in two quarts of Spring water sufficiently, then straine it hard

hard out, put the liquor to the fire againe, adde thereto one quart of white Wine, honey vi 3, let the Patient drink thereof morning and evening first and last for fourteene dayes; this drink is of an incredible efficacie, for it cleareth all corruption from the Fistula in thirteene dayes, and broaken bones. If the Patient vomit up this Potion three dayes together at the first taking hereof, his Cure is to be doubted, if he vomit not, no doubt of his health, in drinking thereof, put Ginger thereto to allay the winde of the hearbs.

CLVIII.

*For a Trush in a sucking Childs mouth,
or any sore.*

Make a hole in the Crowne of a new laid Egge and take out all the meat, fill the shell with Honey and burn'd Allom mixed, let it boyle on the fire, still stirring it with a Bodkin, then take it out, and dresse the Sore.

CLIX.

Foule festred Sores and Cankers.

Take Ink, Auripigmentum, quick Brimstone, Salt Gemana, dissolve them all
in

76 The secrets of Physicke

in Vinegar, and put them in an unglassed Pipkin, and close it well that the fume goe not forth, and burne it therein till all come to ashes, then powder it, and wash the powder in Vinegar, or infuse it in Vinegar that is warme, and put thereof presently on the Sore, as soone as it is quenched in the Vinegar; then lay this oyntment following thereon, viz. red Lead, the fat of a Goat, filings of Copper, mix them, and make an Unguent thereof.

CLX.

For fretting Sores, a Cure.

TAke oyle of Radish roots and Salt, bray them together, and Plaister them on.

CLXI.

Flesh superfluous in Wounds, or proud flesh.

LAy on the flesh the powder of Asa fetida, it taketh it away; the ashes of burnt Wooll doth the same. Also the powder of wilde Calamint or Scordium will consume the proud flesh, and kill the Wormes.

Gowt

CLXII.

Gowt, a Medicine.

TAKE Mutton-sweet untryed iiii lb , the Kidnies i lb di lb , greene Bay-leaves, Wormewood, and Rew ana i lb , red Sage and Mercury ana i M ; let the Hearbs be all greene gathered in the midst of May, and beat in a stone Morter by little at once, as you may well, be at them small like Greensawce, then boyle them in a close Pipkin halfe an houre softly; adde thereto Sallet-oyle one quart; let it boyle one walme, when it is neere cold straine it hard, and put it in Gally-pots; and with this anoynt the Gowt cold, without heating it, then lay on this Searcloth following, *viz.* Perosine di lb , virgin Wax ii 3 , melt them on the fire in a Pipkin, adde thereto oyle of Roses and red Rose leaves powdred ana ii 3 , boyle them all one walme; make your Searcloth, lay it on the Griefe three dayes without removing.

CLXIII.

Gowt, a speciall Medicine.

1 TAKE so many Raisins of the Sunne stoned as will make a Plaister for the Griefe, pound them like Morter, then plaister

78 *The secrets of Physicke*

fter there ; if the Griefe be extreame, mix some Opium therewith, it will ease the paine.

2 *Item*, anoynt the Griefe with oyle of Wax, it easeth much.

3 *Item*, the Gall of an Ox and Aquavita ana, as much oyle of Exeter as all the other mixed together, and anoynt the place therewith warme, and wet a double cloath therein, and apply it thereto.

CLXIIII.

Gonorrhœa, a Pill that cureth.

TAKE Bolearmoniack, Turpentine washed in Plantine water, Masticke, Borax, dried Eggeshells ana ii 3, Anniseeds, Dragons blood, red Corall ana ii 3, all pulverised and searced, then compound them to a Masse for Pils, give thereof morning and evening first and last two Pils, drink oft red Wine or Alegant.

CLXV.

Gonorrhœa, or Womens Whights.

TAKE the powders of Sanguis draconis, Corall, Cresses seeds, Alchenet, Acorn cups, Terra sigillata, and Venice Turpentine, all powdred ana iii 3, confect them up
with

with Treacle and Conserve of red Roses to a consistance; take thereof first and last morning and evening one or two drams till you be well.

CLXVI.

Gonorrhœa, a Julip to strengthen the Backe.

TAKE Capdates twelve, small Nuts five pints, stampe the kernels by themselves, and the shels by themselves, take Brocklime, Nepe, Clary, Dazies, Dandelion, and Plantine ana i M. the pith of an Oxe backe, the pizle and stones of a young Ram, slit them and make them cleane, and boyle them in five quarts of Alegant to the consumption of halfe; make it fit for your taste with Sugar, straine it and drinke thereof first and last.

CLXVII.

Gonorrhœa, Pills to cure it.

TAKE Pearle and Comfrey roots dried and powdred Coral, Amber ana iiii 3, Bolearmoniack, barke of Guiacum, Terra sigillata, terra Lemnia ana iii 3, make them up to a Masse for Pils with Venice Turpentine washed in Plantine water; take of
this

80 *The secrets of Physicke*

this seaven Pills, as small as Cherry-stones first and last morning and evening, fast three houres after in the morning.

CLXVIII.

Greene-sickenesse, the Cure.

1 **T**AKE clarified Honey one pinte, Rew, red Sage ana i M, stampe them, and straine out the iuyces, mix them with the Honey, stirre them all together, then boyle them one walme, put to them a little powder of Pepper; drinke every morning hereof one spoonfull di. wazme, and fast two houres after, and last at night the like. In the day eat Raisins of the Sunne, and use some exercise during the Cure; eat twice every day Pottage made of Water-Cresss and Brocklime.

2 Sometime use this Almond milke, take Succory, Egrimony, Cardus, French Wormwood, and yellow Dock-roots ana, boyle them in faire Water, then blanch bitter Almonds, take their milke and mix all together; this Decoction drunke in the morning fasting cureth.

3 *Item*, six bitter Almonds eaten in a morning for one weeke, and fast one houre after, is good.

4 *Item*,

Item, your Ale must be reasonable in the Wort, whereof must be boyled Egrimony, garden Wormwood, Costmary, Succory, and yellow Dock roots.

CLXIX.

Greene sicknesse, or any other grieffe, an Ale
this drink in the Spring.

TAKE Zennel vi 3, Wormwood and Halm
ana ij M, Anniseed and Fennell seed ana
ij 3, the iuyce of Scurvygrasse ij pints, wa-
ter-Cresses, and Broke lime ana i pint, let
these be bruised and put in a thinn linnen
bagge, with a stone to sink it into foure Gal-
lons of new Ale out of the Tun, so let it all
work till it be foure dayes old, then drink
thereof in the morning fasting di. pinte, if it
purge not three or foure Stooles a day, then
drink as much at night; use it till you be
well.

CLXX.

Gorrhoea, all Fluxes of Bloud whatsoever, and
Womans Wounds.

TAKE of the foure cold seeds husked, the
seeds of white Poppy, of Mallows,
Quinces, Purlyne and Martiles, Pine Ker-
nels, Gum Arabick, Gum Dragant, white
G Sugarcandy

Sugarcandy, Lycorice mundified, Penides, French Barly, Psilium, sweet Almonds ana liij 3, fine Bole, red Roses, Sanguis Dragonis, Spodij, Mirrhe ana i 3, mix all these being fine searced with so much Hydromell as will make it a Masse for Trochis, make them all of the waight of di 3 a peece; when you use any of these, dissolve one of them in six spoonfulls of very hot milke, if they grow so hard that they will not dissolve, then grate or beat them in fine powder, and put them in the milk; drink or eat this Dosse first and last, it cures in five or six dayes: often proved, the body being before duly prepared.

CLXXI.

Glysters to loose and fasten.

BOyle a Sheeps head with the leaves of Hollyhocks, Mallowes, and Mercury ana i M, the seeds of Fennel and Parsly bruised, the roots of both pithed, Linseed, all the seeds powdred, put in some Butter or oyle, then straine out x 3 thereof, mix therewith Diaphenicon ij 3, or of Diacotholicon ij 3 as the disease requirereth, minister it no warmer then you may abide the bladder on your cheek.

Glyster

CLXXII.

Glister for the winde Chollick.

TAKE Malmsey one pinte, boyle therein the seeds of Parsly and Fennell bruised ana iij 3, mother of Tyme, Penryrablet them boyle a good while, then put thereto Ginger, Cummin, and Enula Campaineall bruised ana i 3, Sugar, Oyle *quod sufficit* for a Glister.

CXXIII.

Gowt paine to ease quickly on warrentize.

STamp red Archangell in a Morter with Vinegar, and binde it to the place grieved, it will presently ease, if it doe not, mix a little Opium therewith, it failes not.

CLXXIIII.

A Gargarisme to wash and cleanse a sore mouth.

TAKE Plantin burn'd, Strawbury leaves and Knotgrasse ana i M. Sorrell, and Sage ana i M. red Rose leaves i M. di. mix therewith long Pepper, Pellitory of Spain ana i 3 3 ij, boyl them in a pottl of water to the consumption of half, then strain it,

84 *The secrets of Physicke*

put thereto honey of Roses i $\frac{3}{4}$ di. and Oxymell Squilliticum ; so it is made.

CLXXV.

Another good one.

TAKE Hyera picra simplex iiii $\frac{3}{4}$, Opimell Sillitticum ii $\frac{3}{4}$, the distilled waters of Hyssope, Bettony, and Organy i $\frac{3}{4}$ di. mix them, and make your Gargarisme, minister it warme to draw humours; but when you will stop them, use cold things in your mouth as Vinegar or Fountaine water.

CLXXVI.

Head ashe of Rheume, the Cure.

TAKE one Nutmeg, Cubebs ; Piony seed, Setwell roots, Marjorum, Anglica roots ana ii $\frac{3}{4}$, dry all these, and powder them fine, and make them up with Honey to a Masse for Pills, whereof take every morning five small ones.

Item, Fry fresh English Hops in Muscadine, and bind them as a Poultis very warm to the Nape of the Neck, renew it as occasion serveth ; this helpeth.

Item, Oyle of Cloves to anoynt the temple, is very good.

Item,

Item, Two plaisters of Flos unguentorum laid to the temples like Mastick plaisters, and on the Nape of the neck, helpeth.

CLXXVII.

Head beating or noyse, to purge away by the nose.

PUt the juyce of Beets, Bettony, Dazie roots, ground Jvy, or any of them put in a Sawcer, and with a quill snuffed in the Nostrill, let your mouth be full of warme water, every time you doe it, then drop two drops of oyle of Amber into your eares, be eating some Crust in your mouth when you doe it, it will enter the better.

CLXXVIII.

Head ache, the Cure.

TAke oyle of Roses, and oyle of Camomile ana ii 3, wax ii 3, Rose Vinegar six drops, dissolve them on the fire, when it is cold anoynt the temples therewith.

Item, if the paine be hot, adde thereto oyle of Violets, white Poppy, unguentum Popilium ana ii 3, and ii^d. of Camphire mixed.

CLXXIX.

Head, a Gargarisme.

TAke Bettony i M. Vinegar i pint, a little Cinnamon, as much Stavesacre, both bruised, boyle them together to the consumption of halfe, Gargarize with one spoonfull thereof, but if the paine come from the stomack, boyl the afore-said simpls in good Gascon Wine, and drinke it with Cinnamon.

Or take Frankincense, Pidgeons dung, Wheat flower ana i 3, temper them with the white of an Egge; and binde it to the aking place.

CLXXX.

Humors from any place being settled.

TAke Bullocks Lights, and parboyle them, and then very hot slit them, and lay them to the place grieved, it will draw it away.

CLXXXI.

Haire to bring againe.

TAke Bulls Tallow, Honey, and oyle of Tartar ana i 3, boyle them together, anoynt the bald place therewith,

Haire

CLXXXII.

Haire to cause to fall or take away.

TAke blond suckers burn'd to Ashes,
mix the ashes with strong Vinegar,
wash any hairy place therewith, it will
fall away.

Or the blood of a Bat suffereth no haire
to grow.

CLXXXIII.

*For all diseases in head, as Megrom, Impostume,
Dropse, Feavers, Headache, and
corrupt stomach.*

TAke the roots of Pellitory of Spaine
Spiknard ana iiij 3 powdred, Vinegar
and Mustard mixed with the powders
well together, keep it in a close Gally pot,
hold half a spoonfull thereof in the mouth a
good while, and spit from him the rhowme
in a Bason as often as he needeth, or for six
dayes, then take this powder for foure
dayes.

Take Galingale i 3, Nutmeg iiij 3, Cloves
and Cinnamon ana ij 3 Lycorice iiij 3, Su-
gar ij 3 all powdred, take thereof first and
last in good lyquor, the Dosse it halfe a
spoonfull.

CLXXXIIII.

Hearing lost, to renew againe.

TAKE the Brine of Beefe, the elder the better, boyle it well, scum it cleane often, keepe it in a Glasse, take the clearest thereof, and wrap it warme to the eares deafe.

CLXXXV.

Heat in the Body or Liver, a Julip.

TAKE pure French Barly ii M, boyle it in a pottle of water, put therein Raisins of the Sun, and Prunes ana i 3, Fennell and Parsly roots cleanted and pithed ana i 3, Endive, Harts tongue, Liverwort, Sowthistle, Crops of Wormwood, Mercury, Mallowes ana iiii 3, boyle them well together in a close Pipkine, then straine it out hard, put the liquor to the fire again, and put to it red Saunders powdred i 3, Sugar to sweeten it to a Julip what suffizeth, adde to it Musk three graines, use the drink thereof warme.

Item, if you will have more cooling, adde thereto Violets, Lettice, Sorrell, Borage, and Clivers the like quantity.

Dianthos,

CLXXXVI.

Dianthos, which helpeth all feeblenesse of the
Body, the Tifficke, the grieve of the Heart
and Liver, after long
Sicknesse.

TAKE Cloves, Galingale, Ginger, Spicke,
Nutmegs ana ii 3 di. Carraway, Annis,
Cardamonium ana ii 3, Liquorice, red
Roses, Violets, and Rosemary flowers ana
iiii 3, Honey clensed, and Rosewater suffi-
cient. Let them be all fine searced, then
mixe it with the Honey and Rosewater, or
simpred on the fire to a confection, the Dosse
is iii 3.

CLXXXVII.

Head Megrome or paine, the Cure on
warrandize.

TAKE gray Sope iii 3, bray therein the
whites of two Egges, and put it in a
Box; when you use it, spread it on a
double cloath, and lay it to the forehead e-
ven to the Eares, and dresse it twice a day
for five dayes together, you shall finde ease at
the first two dressings.

CLXXXVIII.

To cure any heat or Feavour, a Julip.

TAKE Rosewater, or Violet water one pinte, Sugar di. lb, boyle them together by a soft fire, clarifie it with the white of an Egge, colour it with red Sanders so straine it and use it.

CLXXXIX.

Humours to stay that floweth out, and will not be stayed.

TAKE the waters of Endive, Sorrell, Lettice and Vinegar, one pinte of each, boyle them together by a soft fire with sufficient Sugar, drinke thereof often.

CLXXXX.

Hemrods, a Plaister to cure them.

TAKE Lovage, and Rew powdred small mixed with Honey, make a Plaister and apply it.

CLXXXXI.

Head paines, every old to cure.

TAKE Gum Arabick, Myrrhe, Saffron, and Euphorbium ana iii ℥, bray them together

ther with the white of an Egge well beaten,
then applyed Plaister-wise on the temples
and forehead; this presently cures.

CLXXXII.

Hurts in the Skull.

TAKE the juyce of Pimpernell, and wet
therein peeces of Linnen cloath, and ap-
ply it oftentimes thereto, it will heale it
quickly.

CLXXXIII.

Head Megrome, paine or winde.

PUt a lump of the best Mithridate in your
mouth, as big as a good Hazell-nut,
there let it melt without champing, hold-
ing your breath as much as you can; as it
melts receive it into your stomacke; this
will ventose at the eares, and presently ease
the Head.

CLXXXIIII.

Faundies yellow, a sure and quicke Cure.

TAKE Plantine water one pinte, Ivory
powdren ii 3, Saffron so much as will
make it yellow, boyle them all two walmes,
then straine: drink a pretty draught therof
warne first and last.

92 *The secrets of Physicke*

2 Or take the ashes of a Vine burned, lay them thicke on a boord foure square, divide them in nine equall parts, by making with a Knife three cuts one way, and three cuts another, then with the finger make a deepe print in every one of them, then fill every hole, or print with the Patients owne water, let it so stand nine dayes, adding thereto upon the Vrine in every hole three shives of Saffron undryed; if you make nine Cakes of the nine heaps with the Patients water, and bake them, and then lay the Saffron as aforesaid on every one of them for nine days it cureth.

3 Or take Sheeps trickles new made, infuse them in a pinte of Malmsey twenty four houres, and one whole Burre-root scraped, then straine it; and drinke the Wine at three draughts three mornings one after another; keepe a good Dyet; in the meane time refraine all Egges, fresh Beefe, Goose and Fish.

4 Or take Malmsey one pinte, Saffron, Honey one spoonfull, Broome flowers stamped ana i M. infuse them in the Malmsey, adde the juyce of Celendine a pretty quantity i M. of great knotted Earth-wormes blacke or yellow stripped and washed, boyle all these one
walme,

walme, then straine it forth, and drink thereof first and last.

CLXXXV.

Joynts nummed, or nummed Palsie.

TAKE red Sage and Hysope ana, put them in two Linnen Bags in strong Ale on a Chafingdish of coales in a Pewter-dish, let them boyle then very hot, apply the Bags to the Griefe one after another for halfe an houre at once; use it every day till the Griefe be asswaged; after so dressing with the Bags anoynt the Griefe with the oyle of Earth-wormes, oyle of Peter, and oyle of Spike ana, then cover it warme with Furre till next day, so use it.

CLXXXVI.

Joynt aobe, the Cure.

TAKE Oxe-marrow and Sheepes-sewer melted together ana i \bar{z} , Aquavitæ ii \bar{z} , oyle of Tiles and sweet Almonds ana i \bar{z} , all mixed together very warme, anoynt the Griefe therewith morning and evening till it be well; after anoyting apply a good Sear-cloath thereto.

A Bath

197.

*A Bath for the grieved Joynts before
Dressing.*

TAke the inner barke of a young green Oake, red Sage, and Balme ana i M, boyle them all in strong Ale with i M of Earth-wormes mundified, let them all boyle together two houres, bathe the joynt therewith, warme ever before the other dressing.

198.

A Potion to drinke during the Cure.

DRinke first and last a good draught of warme Ale, Beere or Wine boyled with the roots of Cumfrey, Knotgrasse, Solomons seed, Balme and Dazies ana i M. Once in the weeke, in the morning in his bed drink a good draught thereof very hot with i 3 of Treacle Diatesaron mixed therewith; cover him warme, let him sweat two houres.

199.

Joynt ache, the Cure.

Mingle Oxe-dung with Vinegar like a Poultis, apply it hot thereto,
it

it swages paine and draweth out water.

2 Item, Oyle of Roses and Aquavitz ana mixad and warme anoynt the Griefe therewith, then lay a Linnen-cloath wet in Vinegar and water ana mixed, and dryed on very warme.

200.

Joynt-numnesse and ache.

A Linnen cloath wet in Dragon water, and applyed very warme first and last, helpeth.

Item, drinke six spoonfuls of Dragon water with i ʒ. of Mithridate three mornings together, and sweat every morning after it two houres; this cureth.

201.

Joynt-numnesse or ache, the Cure.

Boyle in Water and Vinegar ana, towne Cresses, Bettong, Mallow roots and white Willow leaver ana i M, till halfe be wasted; bathe the Griefe therewith very hot by the fire halfe an houre, then binde the Hearbs thereto very hot for four and twenty houres, so every twenty foure houres bathe it, and dresse it till it be well.

itis

Joynt

Joynt ache, a Medicine.

BOyle di. lb of Goose grease in a quart of Malmsey till it be blacke, and therewith anoynt the Griefe; if the pain remove follow it till it be well, then purge the humour offending.

Item, after the anoynting apply the Plaister of Diaculum simplex thereto.

2 Or take di. lb of chin, scraped Hartshorne, boyle it in i lb of Linseed oyle, and a pottle of white Wine till the salve be black, and the Wine neer consumed, then straine it, and anoynt it therewith warme.

3 Or cut Diaculum small, and melt it with oyle of Roses, Mallowses, oyle of Lillies and Camomile; boyle it to a Plaister; the first Plaister must lye on three dayes, the next two dayes, and the third one day; wipe the Plaister twice every day, warme it and lay it on.

4 Or take great ground Mustardseed iii 3 Wine Vinegar one pinte, three spoonfulls of Aquavitæ; boyle them to a Plaister, put in the Aquavitæ last, let the other be in manner boyled first; apply the Plaister hot to the Griefe some three time, it cureth.

5 Beat a Sheephead, hornes, bones, wooll and

and all to pieces, boyle it with Mallowes
ij M. and Balme ii M in water till the bones
fall out, bathe the lame member with it of-
ten till it be well.

203.

For ache or swelling in joynt or other parts.

STamp the seed of Mustard, Fengreeke,
and Linseed ana i 3, Figs twelve all to-
gether to a Pomace, then boyle them in oyle
and Aqua-vitz ana di pinte to a plaister, use
it hot to the grieve some foure times.

204.

*Joynt swolne with winde and water, to
draw it out.*

BOyle in a pint of strong Beere di lb of
strong black Sope, to the thickeffe of
a plaister, spread it on Leather and apply it,
if it be too soft, put to it in the boyling some
Rozin, stir them well together.

205.

*Joynt or Gowne swolne to mollifie
and ease.*

BOyle the seeds of Cummin, and Fen-
greeke ana i 3, Raisins of the Sun stoned
H di lb

98 *The secrets of Physicke*

distill all together in fresh Butter from the Churne in May, oyle of Rew, and oyle of Roses ana to a plaister, apply it hot.

Item, Rew, Wormwood, and Roses boyled in white Wine with Mutton sewet to a Poultis, and some Beane meale applyed hot, helpeth all swellings, specially in the Cods.

Item, Strong Ale and good Sope boyled together to a thick Salve, spread on Leather and applyed hot, helps all aches. Boyle in Malmsey, and Wine-vinegar ana, Deers and Goats dung ana powdred, to the height of a plaister, lay it on very hot, renew it every foure and twenty houres, till you be well, which will be some four times.

Item, May Butter and Wax ana boyled together with a little Aqua-vitæ, dip double cloathes therein, and lay it to the grieve very hot, it drawes out the water and swages the swelling.

206.

A speciall unguent for Aches, Sciatica, or any other paine.

TAke Ox gall, Aqua-vitæ, Oyle, and the fresh young tops of Rosemary, let them simmer on the fire, close covered, till the
Rose-

Rosemary be very soft, then grinde them all together in a Morter to a Salve, anoynt the grieve therewith by a good fire very hot, then cover it with the clothes dyed in Butter and Wax aforesaid and lap it up warme in fur or Cotten till the pain be gon.

207.

To helpe any strunk Sinewes, or Ache hard in them.

MElt together Oyle of Roses, iiii ℥. Spermaceti i ℥, anoynt the stiffe and lame sinewes therewith warme till it bee well, twice a day, then plaister on the clothes wet in Butter. Wax and Aquavita.

208.

Impostume in the head to breake and is good for headache and the hearing.

BOyle in a quart of white Wine, Rosemary, with the flowers, Rice, Pennyroyall, Winter-savory, and Camomile-flowers i M. in a pot close stopped, set a sunnill on the top of the pot that all the vapor may goe into the Eare, be champing in your mouth a Crust all the while, it will

H 2

goc

100 *The secrets of Physicke*

goe into your head the better, use it foure mornings together, ever new warming, it will be well.

209.

*Impostume outward to heale in
any parts.*

TAKE Hollyhocks roots cleane washed, boyle it in water, till it be tender, then powre out the water, then take Fengreeke and Linseed bruised, boyle them in the same water till they rope like Bird-lime, then stampe the foresaid rootes and put it all well together to a plaister, and lay it to very hot, within nine dayes (God willing) he will be well.

210.

*Impostume to bring to matter or Sup-
puration.*

TAKE the yolks of Eggs i 3, white Salt, powdred Hens dung liquid like Honey, mix them together, without fire lay the plaister on morning and evening warme, it will digest it, draw it forth, breake it, and heale it.

Impost-

211.

Impostume in the body to destroy.

WAlh Tanfy i M. Maiden-haire, flowers that growes in the Wheat i M. bruise them alone, take of either of their juyces one spoonfull, mix them with three 3 of Camomile water distilled, drink thereof very early every morning a prety draught warme; this purgeth the disease downward without paine, but in your ordinary breath eat of the powder of Maiden haire thrice every day.

Item, The roots of Scabius di lb. stamped adde thereto some powder of Corall mix them well together, and drink thereof a draught in Camomile water, the Impostume will break and be spit forth.

212.

Impostume an Attractive to draw it forth.

TAke three great Onyons, two Lilly roots, Rye leaves i M. Mallow roots, then boyle all these in running water till they be soft, then strain them from the liquor, and stamp them with Hogs-grease

H 3

and

102 *The secrets of Physicke*

and black Sope ana i ʒ. Fry them together till they be thick with a little Wheatflower, make a poultis thereof, lay it to the Sore as hot as you can suffer it.

213.

Joynt ache the Cure.

MAke a posset of Varges, or Vinegar and Milke, bathe the joynt very hot therewith, apply the Curd as a Poultis very hot all night and after apply thereto double Clothes wet therein very hot till you be well.

214.

*An Incarnative to cover a naked bone
with flesh.*

BOyle in Vinegar, Oyle of Roses and Ireos roots powdred, then straine it and put thereto honey of Roses, apply it to the grieve, it will cover the bone.

215.

*Ipecras to make at all times with wine,
Ale, or Beere.*

TAKE Cinnamon vi ʒ. Ginger ii ʒ. Cloves Nutmegs, ana i ʒ. Mace, Calamus Aromaticus

maticus ana ii 3, and slyce the Calamus, then put them in a quart of Aqua-viræ in a glasse of three pints close stopped with Wax xii dayes, shake it every day, so keep it when you will use it to make Hypocras, take one pint of what you will, make it sweet with Sugar, then take two or three spoonfuls of your compound liquor to it, and mingle them well together, and drink it.

[216.

Itch to kill.

Mortifie Quicksilver with fasting spit-
tle in a Vyall, mix it with so much
Hogs grease as will make it blackish, there-
with anoynt the palmes of the hands, and
the soles of the feet till he be well, at night
to bedward: in the morning wash it with
this water, viz. take Endive water and Vi-
negar ana, Roche Allom, powder of Enula
Campane, boyle them together, wash the
itch or scurfe therewith; this will destroy
it, and kill the fluxion of blood.

217.

Incision by a blister to make.

Take Cantharides, Euphorbium, and
black Sope, mix it, and apply it.

H 4

Item,

104 *The secrets of Physicke*

Item, Crowfoot bruised doth the like.
Also Garlicke doth the same.

Item, The inner barke of a Walnut-tree
doth raise blisters, and being bruised and in-
fused in Wine-vinegar, it is strong.

218.

Issues out of the body or members to stop.

TAke the waters of Endive, Sorrell
and Vinegar ana, boyle them with
Sugar to a Julip, and take it.

219.

*Impostume in the head that runnes out
at the eares.*

BOyle oyle Olive on a Chafingdish of
coales, put thereto two Cloves of Gar-
lick bruised, boyl it therein, then strain
it, and drop thereof warme into the eares,
and stop them with black wooll,

220.

Incision to make, and take out the Coare.

POwder Rose Alger fine, mix it with
Hogs-grease, and lay it on so broad as
you would have the Core come forth.

Impo-

221.

Impostumes to ripen and maturate.

BOyle the roots of Mallowes and Lillies in water tender, stamp them with fresh Hogs grease and meale of Linseed therewith, and apply it hot.

222.

Joynt ache benumbed or swelling, an approved Bath.

TAKE one gallon of Lye made of Wood-ashes, boyle therein Sage, Rosemary, Mallowes, Wormewood, Bay leaves, St. Johns Wort ana i M. Annis and Cummin seeds bruised ana i 3, Linseed oyle di. pinte, bathe the lame member therewith as hot as you can suffer it, till the Bath wax cold, use it till you be well.

223.

Faundies blacke and yellow, the Cure.

TAKE Earth-wormes, wash them in four or five waters very cleane, strip them every time with your fingers all the earth out, then stampe them very small, put stale Ale unto them, and strain them hard out, and drink it with Saffron, it cureth at thrice taking.

Kibes

224.

Kibes, the Cure.

ROast a Turnip, cut it asunder in the middle, lay the one halfe very hot to the Griefe, renew it till it be well.

Item, make Brine of Water and Salt, bathe the Kibe with the clearest thereof cold.

Item, melt Galbanum, Gum Dragagant, and Oxe tallow together, and apply it.

225.

Kidnies wasted, the Cure.

TAKE and boyle round Plantine well in white Wine, then make a Posset with the Wine, then take the powder of Elderberries dried in an Oven, that they touch not one another; take as much of it as will lye on a groat, and put it in a draught of the cleare warme Posset-Ale; if the Kidnies be wasted, you may know, for the Patients urine will be thicke and bloudy; drinke hereof first and last, it cures.

226.

Kidnies ulcerated, and is approved good; to mollifie and cure them.

TAKE Hollyhocks, and Mallow-roots ana i M. fresh Egges i 3, the Marrow of Veale

Veale bones, Butter and Ducks grease ana
iiii 3, oyle of sweet Almonds, and Camo-
mile ana i 3 di. Camomile and Balme flow-
ers ana i 3, Barly and Wheat meale *quod suf-
ficiat*, to make a Plaister; compound all these
together to pap; this you may doe with all
Impostumes, apply it to the Kidnies on the
backe, use it till you be well.

227.

Ribes or Blood-fals in the Feet, to cure.

TAke Bay salt and a raw Turnip, ana in
Water, stampe them together that your
Salt be very small; then make it up in a lump
and lay it on a Pewter dish whelming on
the one side, put that dish in another dish to
receive the liquor that runs from the Salt
and the Turnip, and therewith anoynt the
Kibe or Blood-fall till it be well.

228.

Liver beat, the Cure.

TAke Liverwort, Mayden-haire, Harts
tongue, Scabius, Strawberry leaves
ana ii M. Egrimony, and Hop buds
ana di. M. boyle all these in a gallon of good
Wort, to the consumption of on quart, then
straine

108 *The secrets of Physicke*

strain it, and put it to the fire again with the white of an Egge, and one spoonfull of pure Honey, let it boyle againe, then with a spoon scum off the white of the Egge, and put in it some Sugarcandy; use to drink thereof every morning fasting till you be well.

229.

Liver distempered, a Plaister.

TAKE oyle of Roses ii 3, Wax iii 3, unguentum Populion di. 3, melt them together on the fire well mixed, then take it off the fire, put it in a Morter, adde thereto red Sanders steeped in Rosewater one spoonfull, and Camphire prepared i 3, worke all these well together with a Pestle till they be well mixed, when it is cold make a Plaister thereof, and lay it on the right side against the Liver, use it till you be well.

230.

Linseed-oyle to purifie or prepare for Medicine.

TAKE fresh Oyster-shells wiped cleane, and small powdred, put that powder into the Oyle, it will draw out all the filth from the Oyle to the bottome, then powre out the clear Oyle from the corruption.

Lapis

231.

*Lapis infernalis to make Incision or Issue,
and Corrodates an Impostume.*

TAke unslacked Lime, Vine, and Willow-ashes, Orgale burned, Salt Peeter, Mercury, Sublimate, Auripigmentem and Copperas ana, all fine powdred; then put them into a new red Pipkin, put thereto of the strongest Sope-makers Lye as will cover them, so let it stand covered to infuse for three dayes, then filter it cleare, or drain the Lye cleane off, then boyle it in a Pipkin close covered, and powre all the substance on a Boord to dry, then frame or cut your stones to the bignesse fit for your purpose: When you would eat a hole with one of them, make a fit hole in the midst of a Plaister right against the place you will open, lay your Stone in the hole, and clap another Plaister upon it to keepe it on, till you have your issue or hole therein.

232.

Legges swolne, the Cure.

BOyle the juyce of Walwort, Wax, Vinegar, and Barley-meal to a Plaister, apply it hot, use it as you see cause.

Livers

110 *The secrets of physicke*

233.

Livers inflammation a Julip, or a ptisan for it.

TAKE three quarts of Spring water and husked Barley i M. boyle them together a good while, then put therein Violets, Lettice, Harts tongue, Liverwort, Sorrell and Borage ana i M. Raifons of the Sunne ston'd, Prunes ana ii 3; when they be well, put in some Sanders, strain it and drink it warme.

Item, the conserves of Barberries, Cherries, Prunes, or Roses, or any of them are good.

234.

Another to coole the inflammation of the Liver.

TAKE syrup of Vinegar, simple Endive water, Succory water, mixe them together with Sugar, and drinke it.

235.

Liver, all Griefes, the Cure.

TAKE Endive water, Fumitory and Scabius waters ana i lb, the syrups of Vinegar simple, of Fumitory and Violets ana ii 3, Sucea rosarum, Confectio hamochana i 3, mixe

and Chyrurgery.

III

mixe it, and put them in a Vyall, take therof
first and last at once i 3, or more if need be.

236.

Liver and Milt oppilation, the Cure.

BOyle Smallage and Elder in Wine, and
drinke it often, it helpeth.

Item, the Potion taken warme with a few
Radish seeds, causeth vomit also.

237.

Lethargie or Epilepsie, the Cure.

MAke an Electuary two parts of Lign.
Aloes, and Cassia ligna. and the third
part of Euphorbium and Cardus, confect
these with Honey, and give the Patient i 3
at once, in the morning, at two of the clocke
in the after noone, and last at night in Balme
water.

238.

Liver and Milt oppilation, the Cure.

BOyle Ivie and Hipericon in Wine, and
drinke it often, it cureth.

Lise

239.

*Lice and Scabs in Childrens heads,
the Cure.*

TAke red Sage, chop it small, and boyle it in fresh Butter, with some Pepper powdered; let it boyle together, then strain it, and anoynt their Heads therewith cold.

240.

Leprosie or Leper, the Cure.

TAke Mercury, Sothernwood, Oridon, Castimint, Rew ana i M. the iuyce of Beets $\text{iiii} \text{ } \text{z}$, Annis, Fennell, and Cummin seed, and Rew ana i z , oyle of Bay ii z ; make your Decoction, and therein dissolve Hiera picra i z ; make a Glyster and minister it, and anoynt the Belly with oyle of Rew. Then digest the matter with Oxymel Squilliticum, with the Decoction of Asarabacca, and Valerian, putting thereto Diagalanga Diapenth ana $\text{iiil} \text{ } \text{z}$, mixe them all together.

241.

A Purgation for the matter digested.

TAke Benedi&ta laxativa, Hiera picra ana ii z , Euphorbium, Spicknard, Mastick

stick ana two graines, make it up in Pills:
let the Euphorbium be very grosse beaten,
and tempered a day and night in Vinegar
or juyce of Orenge, and oyle of sweet
Almonds.

242.

Leibargie, the Cure, and first the unguent.

Take the juyce of Perslaine, white Vine-
gar, oyle of Roses, ana Wax *quod sufficit*,
to make an unguent, therewith anoynt the
hinder part of the head.

243.

A Glister for the same.

Dissolve in your common Decoction for
Glysters Benedicta Laxativa ii 3, and
use it as need requires, then rub the extreame
parts with salt-water and Vinegar, or with
salt and Vinegar strongly, use this every day
for three dayes together, after that anoynt
the hinder part of the head with this fol-
lowing oyntment.

1

The

244.

The Oyntment.

TAKE the iuyces of Smallage, Rew, and Castor fine powdred ana ii 3, Wax and Oyle *quod sufficit*, and continually smell to Assa foetida and Galbanum.

Lastly, use Ruptories which must be laid to the hinder part of the head, as followeth:

Take Mustard, dry Figs ana i 3, Cantharides i 3, incorporate these together with strong vinegar and apply it.

245.

Lungs Impostume, the Cure.

First, let blood on the vaine Basilica, on the right arme, the next day open the same vaine on the left arme, then use this following.

Take the syrups of Maydenhaire, and Endive ana di. lb, of Succory, the foure cold seeds ana i 3, Lyquorice and Barly mundified, Rayfins stoned ana iii 3, honey iii 3, Sugar i lb, make your syrup according to Art, anoynt the Patients breast with this unguent, *viz.*

Take Fennell seed bruised, Linseed bruised, and leaves of March Mallowes, the leaves

leaves of Bearfoot, boyle them well together in water, then stamp them, adde thereto in the stamping Butter unsalted, and fresh Swines grease, make your oyntment, use a good dyet, with bread and broaths, made with Barley or Oatmeal, and Almond milk, Chicken-broath, wherein the foure cold seeds be sodden.

246.

Mad Dogs biting, the Cure.

Take powder of Crafish shells i 3, drinke it in Dragon water with Mithridate id, and apply to the sore the same powder mixed with Garlick bruised.

247.

Meagrome in the head Impostume, Feaver, and all Head-aches.

Take of the roots of Pelletory of Spaine i 3, Spicknard di. beat them together, and boyle them in good Vinegar, then let them coole, put thereto honey and Mustard ana sawcerfull, mix them well together, let the Patient put halfe a spoonfull thereof in his mouth, and hold it there a good while, then spet it forth, renew it so twelve
I 2 times,

116 *The secrets of Physicke*

times, when you goe to bed drink a little downe, use this three dayes, and you shall be well.

248.

Menstruous to provoke.

TAke so much of the powder of Aristolochia rotunda, Mirrhe and Savine mixed ana as will lye on a shilling in warme white Wine, adde thereto one race of Ginger grated,

249.

Menstruous, to stop the much flowing.

TAke the shels of a new laid Egge, the inner skin pilled off, boyl it in water one hour, then dry it and beat to fine powder, drink that powder at twice in red Wine warme, at every drinking goe to the newest Moale casting, put away the earth with her foot, and set downe and make water in the Moale hole, use this till you be well, during this cure let her eat llinglasse.

250.

Morphew to Cure.

TAke the juyce of Orpinis mixed with strong Vinegar, and many times annoynt the same.

Morphew

251.

Morpheus, a Lotion.

TAKE one spoonfull of Mustard, Celandine, and wilde Tanzie ana i M, stampe them till they be thick like greene sauce, then powre to them strong Wine Vinegar foure spoonfulls, mike them well together, then straine the liquor hard out, and therewith often bathe the grieve till it be well.

252.

Mother suffocation the cure.

TAKE the leafe of the great Burre, lay it on the crowne of the head, and lay upon that a hard rosted Egge Crushed thereon, binde them fast on with warme cloathes, first shave the crown of the head.

Item, Take the powders of Harts-horne, Ivory, the haire of a Hares skin, the clawes of a Sheep or Goats burn'd to powder, take of these powders in your Broath.

253.

Mother, the paine in a Womans body.

TAKE Mother-wort, Germander, Hyssop, Diptony, Tyme, Violets, and Marigolds

1 3

118 *The secrets of Physicke*

golds ana i M, boyle them in ordinary Ale, scum it cleane when it is halfe sodden, put to it di. pint of Bastard, and straine it, drink thereof warme morning and evening.

254.

Maturative to bring an Impostume to suppuration.

TAke the juyce of Smallage, hony, flower of Wheat, and yolks of Eggs mixed together, and applyed.

255.

Maturative, another.

TAke juyce of Dazies, Plantine, and Smallage ana, put thereto hony clarified, stir them on the fire together, and thicke it with Wheat meale, when it is almost cold put to the yolks of three Eggs, mix them and lay it on with lint; this is also good for womens breast swolne.

256.

Milt oppilation, the Cure.

TAke the juyce of Docks with Storax liquid, and gum Armoniack, and Vinegar, infuse them three dayes, then boyl them and straine them, adde thereto Wax and Oyle

Oyle, make a plaister thereof, and apply it to the grieve.

Item, Boyle the Dock in wine or water, drink it, it will Cure.

257.

Morphew spots, or marks in the skin, to Cure presently.

TAKE the flower of Brimstone i 3, infuse it all night in strong Wine Vinegar six spoonfulls, mix them well together, therewith anoynt the spots, or wet them well, and put linnen cloathes double, and wet therein, and apply them till it be well.

258.

Mouth sore, or sore gums, and to fasten loose teeth.

TAKE Rosemary, burn'd Allom ana both powdred, a little white Salt, boyle them in water with English honey, therewith dresse the mouth.

259.

Mouth sore or any other part a Lotion most excellent.

TAKE Celendine, red Sage, and Honey-suckle leaves, and flower ana three hand
I 4 fulls

fuls, pure English honey one quart, Roche
 Allom i lb iiiij small beaten, graines of
 Paradise i ʒ, grosse beaten or bruised, boyle
 all these in one gallon of Spring water in a
 close covered Pipkin, from a gallon to a
 pottle, then strain it, and put it up in Vyals,
 it is good to Sunne it six dayes, this Lo-
 tion cureth any sore being washed there-
 with,

260.

*Morphew or spots in the skinne or in
 any part.*

TAKE oyle of Eggs what quantity you
 please, temper them with a good quan-
 tity of Letharge of silver bruised, and anoynt
 the spots therewith.

Item, The oyles of Juniper and bitter Al-
 monds mixed, and anoynt therewith.

Item, Take Hellebore ii ʒ, stamp it to pap,
 and mix therewith as much juyce of Egri-
 mony, and a little Rose water, anoynt there-
 with the spots.

Item, Camphire powdred with two bit-
 ter Almonds, then temper it with Rosewa-
 ter, anoynt.

Item, In using any of these medicines, eat
 morne

morne and even syrup of Eumitory, & purge with Confectio hameck.

Item, let his Drinke be morne and even Fumitory and Centory in Claret Wine, boyled with a little powder of Ivory.

261.

Nerve Oyle to make for all Aches and Bruiſes.

TAke Camomile, white Archangell, Plantine, yong Wormewood, Mints, Walnut tree leaves, Sage, Violet-leaves, Mallows, Rew, Chickweed, Brocklime, Watercresses, Sothernwood, Smallage, and yong Bay-leaves ana i M. Bruise them all in a Morter, then boyle them in a pinte of white Wine close covered, till the Wine be neere wasted, then adde thereto Hoggesgrease and Deare sewet ana one lb, Linseed oyle and Neats foot oyle ana one pinte, Rozin powdred sixe 3, Galbanum prepared two 3, boyle all these on a soft fire close covered, till the Unguent be greene, then straine it out, and presently as it is hot mixe therewith liquid Storax and Oyle of Spicke ana one 3, mixe it till it be cold.

Item,

122 *The secrets of Physicke*

Item, if it be for Beasts, leave out the Storax and oyle of Spick, and in their stead put in their weight of Sope: you must make it in the midst of May.

262.

Moli me tangere, to cure and coole.

TAKE Stubwort and stampe it, and temper it with Honey, make a Plaister of it, lay it cold on the Sore: within foure Plaisters it will mortifie the grieve.

263.

Necke Botches or other place, the Cure.

TAKE Dogs tongue, shred it, and stampe it small, boyle it in Malmfie till it be thick, then mixe therewith the Melilot Plaister, and Plaister it to the Griefe, it will dissolve and heale it without breaking.

264.

Necke and Cheekes swolne, the Cure.

TAKE the fine powder of Cummin seed di. lb, Figs cut small, boyle them together in white Wine till it be thick, then mixe therewith four spoonfulls of Beane meale, make a
Plaister

Plaister therof, lay it to the swelling, to continue till it be well.

265.

Nose Ulcers, to Cure.

TAke small Hollyhock, Plantine and Shepheards purse their juyces ana i ʒ, the white of two Egges, Camphire small bruised iiij ʒ, prepared tutia, Broome-seed ana i ʒ, burned Allom, Coral, Amber ana ii ʒ Starch i ʒ di. Bruise all these together in a Leaden Morter some hours together, use this four times every day till it be well.

Or take the juyces of Hazell leaves i ʒ, and Bettony iiij ʒ mixed, and with a quill drawn up into the nose divers times in the day, is likewise good.

Item, let the Patient purge with Pillulæ cochiae or Hieræpicæ, or such like.

266.

Oyle of Swallowes to make.

TAke ten young Swallowes, put them quicke in a Morter, put to them Lavander Cotten, Spike, Camomile, Knotgrasse, Ribwort, Balme, Valerian, Rosemary tops, Woodbine tops, strings of Vines, French Mallowes, tops of Alehow strings,

124 *The secrets of Physicke*

strings, of Strawburies, Tutſanie, Plantine, Walnut leaves, tops of young Bayes, Hyſop, Violet leaves and Sage, Romane, Wormewood ana i M. Camomile and red Roſes ii M. of each, ſtampe all theſe together, put to it one quart of Neat foot Oyle or May Butter, Cloves fine powdred one ʒ, put all theſe in a new red Pipkin cloſe ſtopped and laid for nine dayes in a Cellar underground, then boyle them in Balneo ſix houres, adde thereto Wax di. lb, and one pinte of Sallet oyle.

267.

*Oyle of Saint Johns Wort, to make
of the beſt.*

TAKE i lb of the flowers and leaves of St. Johns Wort, put them in a broad Vial, with ſo much white Wine as will cover the Hearbs, ſet them in the Sun ten dayes, then put thereto Sallet oyle ii lb, let them ſtand in the Sun other ten dayes, put thereto of Venice Turpentine iiiii ʒ, Saffron powdred i ʒ, Nutmegs, Cloves and elect Myrrhe ana iiiii ʒ, Frankincenſe powdred i ʒ, put them in a great bottle cloſe ſtopped, let them boyl in Balneo till no more vapours will aſcend into the head, which will be ſome 24 hours, then

then take it forth, and strain it whil it is hot put it in a glasse close stopped, so is it made up: this Oyle must be used alwayes warme; Tent no wound therewith, but dresse them all with cloathes wet therein and laid thereon, so it heales best and quickliest.

268.

Another Oyle of Saint Johns Wori for Aches and Bruises.

TAKE Sallet oyle one pinte in a Viall, put thereto of St. Johns Wort flowers beaten ii M. of the leaver of red Rose buds, the white ends cut off, the flowers or tops of Rosemary and Camomile flowers ana i M. set the Vial in the Sun till the Oyle be blood red, put thereto the powder of Alkanet iiii 3, so it is made.

299.

Oyle of Snayles for any Ache, to make.

TAKE in May black Snayles one pinte, put them in a great Oxe bladder with one pinte of Aquavita, & the substance of all the Oxe gall let run into the bladder to the rest, Oyle of Peeter ii 3, oyle of Spick ii 3, tye the bladder fast, and put into another great bladder, and hang it up fast tyed for twenty dayes,

126 *The secrets of Physicke*

dayes, where no Rats nor Mice may come, then straine it, and keepe it to your use, put with it liquid Storax i ℥, it giveth a good smell, and is also good.

270.

Dyntment to expell Winde, pain in the Backe, stone in the Kidnier, Sciatica, or any ache, anoynt the place warme, being first rubbed with a dry cloath.

TAKE an Oxe Gall, slit it in the bottome, let it run out into a Pipkin, adde thereto Neatsfoot oyle i lb, ground Ivie, Rew, Camomile and Thyme ana i M, pound them in a Morter together, adde thereto Aquavita i ℥, boyle them all at a soft fire three quarters of an houre, stir it often in the boyling, then straine it, and so is it made.

271.

Oyle of Egges to make.

TAKE the yolkes of thirty Egges, sodden very hard, put away the Whites, then put the yolkes in a Morter, beat them smal, then put them in a broad Pipkin, cover them with a round Trencher with a hole in the top, & with a rowling pin thorow the

the hole, still stirring them as they boyle, till they be all turned soft, then straine out the yellow yolke.

272.

Oyle of Bever-Cod, good for paine in Sinewes and Joynts, Palsie and stifnesse of the Necke; it allayes the cold of Agues, if you anoynt the Back-bone therewith.

TAke Bever-cod i ℥, Euphorbium iii ℥, Myrrhe ii ℥, strong white Wine viii ℥, Sallet-oyle xii ℥, let them boyle close covered till the Wine be cleane spent, then straine it, and keepe it to your use.

273.

Oyle of Camomile is good to open the Pores and Sweat-vents; it expels Vapours, and is good for paine in Sinewes, Joynts and Guts.

TAke sweet Camomile-flowers, as much as you will, put it in a preserving Glasse, and cover it with sweet Oyle, then stop it, and set it in the Sunne fourteene dayes, afterward boyle it in a Balneo, then straine out the Camomile, and renew the Oyle with fresh flow-
ers

128 *The secrets of Physicke*

ers so often till it perfect in smell and color,
then use it as aforesaid.

274.

Oyle of Dill asswageth all paine, opens the Pores,
consumes Winde and all hard Swelling, it takes
away all shaking of Agues, causeth Sleepe, eases
the paine of the Head in hot Agues, if you anoynt
the Backe therewith.

THIS Oyle is made of the Hearb and flow-
ers, as you make Oyle of Carnomile, with
old Oyle.

275.

Oyle of Lillies bealeth all paine of cold in Brest,
Reines, Bladder, Matrix and Guts, it digesteth
and asswageth the Cough, ripens all Impostumes,
dryeth all foule Sores in the Head, diminisheth
all Sweatings if you mix Saffron therewith.

TAKE the white leaves of Lillies, and pre-
pare the Oyle as aforesaid.

276.

Oyle of Wax to make.

MELT i lb of Wax small chopped, mixe
therewith some ii lb of well burned
Bricks small powdred, or as much as will
serve

serve to work it up like soft past, then put it all up in an earthen pot, to distill with a glasse ly ing a long according to Art.

277.

Opiates to procure sleepe in a mellancholy madnesse.

First, let the Patients hands and feet be washed with a Decoction of Dill, Camomile, Lettice, Poppy, Mallowes, and Willow leaves, and after anoynt them with oyle of Poppy-seed by expression, or let him smell to this Opiat following.

Take i 3 of Mithridate, five graines of Opium, three of Saffron, with one spoonefull of Malmfie, and two graines of Camphire, put all into a Lemmon Pill emptied of the juyce, and smell thereto often about your houre ordinary to sleep. If this faile, swallow twenty graines of Moglosse, or take di. 3 of Philonium to bed, or some other wholsome Opiat going to bed well corrected.

288.

Palsie, the cure.

TAKE Cowslip flowers, or roots, red Mints, Lavander, and Sothrenwood ana i M. stamp them small, and boyle them in strong Ale one pinte, put to it Bay salt i 3 di. when your liquor is halfe wasted, take out the hearbs and stamp them againe, then put thereto as much good Mustard as halfe your hearbs, thereof make a plaister. If the disease be in the tongue, lay it to the Nape of the Neck, If in the jawes towards the eares or cheeks, if in the hand to the pulse, and let it lye 12. houres, wash your hands where Sage hath beene.

289.

Another by Petion.

TAKE the distilled water of Sage iiii 3, Bettony water one spoonfull, Triacle of Venice, Conserve of Sage and Bettony ana di. 3, Conserve of Cowslips di, and Carduus water iiii 3, Chymicall oyle of Nutmegs vi drops, powder of Castor di. 3, and Sugar *quod sufficit*, take foure spoonfulls thereof first and last, or at any time with the use of the foresaid plaister.

Palsie,

and Chyrurgery. 141

290. *Palsie, Gout, Cramp, Convulsions, Seizures, old sores and Contractions.*

291.

Take oyle of Turpentine i lb, Venice Turpentine di. lb, oyle of Bayes iii 3, oyle of Spike i 3, Juniper berries di. lb, Castor i 3, Euforblum ii 3, Cloves, Mace, Nutmegs, and Cinamon ana i 3, Lavander flowers, Sage, and Lillies of the Valley ana i M. Mastick, Myrrhe, Frankincense ana ii 3, Brocks grease iii 3, Mummy i 3 di. digest them for one moneth in horse dung, then distill them, and anoynt the grieve therewith.

291.

Plague, an Antidote.

Take Setwell roots, Calamus Aromaticus, Bole Armoniack, Tormentill roots ana i 3, Sanguis Draconis, and terra Sigillata ana ii 3 fine powdered, mix them all with di. lb of Triacle, so take it.

292.

Piles the Cure.

Take burn'd Muscke-shells fine powdered, mix it with Honey and Saffron, anoynts your Piles therewith.

K 2

Item,

Item, Boyle in fresh Butter Pilwort, Elder leaves or buds till it be a Salve, make it yellow with a little Saffron, anoynt therewith.

Item, Take Anniseeds burn'd, and powdered Honey, and Saffron, mix them well together, make a plaister thereof, and apply it, first wash it in white Wine wherein Scabius hath boyled.

293.

Plague, an Antide.

TAke pure Triacle i lb di. put it in a Gally pot, put to it Myrrhe, Bay-berries husked, Aristolochia retunda, Gentian, Ivory, and Harts horne ana iiii 3, all fine searced and mixed with long Pepper, Annis, Carroway, and Fennell seeds ana iiii 3, stirring them with a Spatula in the pot of Triacle, the Dosse is i 3 alone, or with a Posset Ale mixed.

294.

Plague, a Defensive.

TAke Rew, Elder leaves, Sinkfoyle, or Tormentill, red Sage, red Bramble leaves, Sorrell, Marigold leaves, and Angelica ana i M. stamp them all in a Morter, then

and Chyrurgery. 153

then put to them white wine one quart, wine Vinegar di. pinte, white Ginger powdred iiii 3, let it so stand in a pot close stopped twenty foure houres, then straine it hard forth; let the elder people take every morning two spoonfulls, fast two houres after, and children one spoonfull, use it nine mornings.

295.

Plague to prevent and cure.

TAKE Cinnamon i 3, Terra sigillata vi 3, Myrrhe iii 3, seeds and rinds of Cytrons, roots of Dittany, Burned, Tormentill, Zeduary, and Corall ana ii 3, Vnicornes horne di, yellow Sanders and red ana i 3, white Beane and Marigold flowers ana i 3, Scabius Veroniack, Basil seed, bone of a Stags heart, and Saffron ana ii 3, Sugar iii lb, then with the Vinegar of Cytrons make an Electuary, the Dosse is every morning i 3, this prevents infection, if one be infected with cold take it in Wine, if with heat in Rosewater and Vinegar, and sweat two houres after.

K 3

Plague

154 The secrets of Physicke

296.

Plague sore to ripen and bring forth.

TAke a great white Onion pilled and cut in pieces, fresh Butter iiii 3. Leaven i 3, Mallowes, and Scabius ana di M: if you want the hearbs, take Garlick i 3, boyle them soft to a poultis, apply it very warme.

297.

Polypus, a grieve in the Nose,

TAke the leaves and branches of Buckwheat, distill it in Balneo, the water thereof is perfect good to stay the spreading of the Canker, although though uncurable, then with the Mogistrall boyle heale it up.

298.

Pox small, the Cure.

LEt the Patient sweat first, then give him Mithridate iiii graines, or as much Safron, any of these expels them, then when they are come to a scab, and full ripe, that is, when they look yellow, then take a piece of fat Bacon, roast it, let it drop in faire water: then take the droppings, and wash it againe in three severall waters, and wash it

at last once in Rosewater, then with this
fat anynt your face foure times every day,
this will defend the face from any defor-
mity.

For want hereof, anynt thy face with
oyle of Roses *iiii* 3, and Spermaceti *i* 3
mixed.

299.

Pleurisie or Stitch the Cure.

Melt Dialthea *ii* 3, mix it with oyle of
Sweet Almonds *iiii* 3, warme it, and
anynt the griefe, then sprinkle on the palce
the powder of Cummin searced *iiii* 3, then
warme a Colewort leafe, and anynt it
with fresh Butter, and lay it hot to the place,
binde it fast on.

But the surest way is, to let bloud pre-
sently, and purge next day.

300.

French Pox, the Cure.

MAke a Pil of Sarfa, of Turbith mineral
fine powdred, and mixed with Mithri-
date, let him keepe his Chamber the first
six dayes, sweat as he is able, and drinke for
that six dayes nothing but Posset Ale.

K 4

Pox

301.

Great, the soon-st Cure.

TAke Guaiacum, from the Turners the thinnest chips i 3, of the bark of Guaiacum iiii 3, infuse them four & twenty houres in a Diet pot with pure water eight quarts, the next day boyle it soft simpering to the consumption of three quarts, drinke of this warme morning and evening a good draught, first straine it from the wood, then put the pot with the wood to the fire with eight quarts of water againe to boyle, till two quarts be wasted, then straine it out, let it be his usuall drinke at meales, and all day to drink cold.

Let him every second day drinke a great draught of the strongest first, drinke very hot, and sweat two houres after in bed, and dry it with fresh linnen, and change his shirt, use this till all scabs, aches, &c. be gon, for till then he is not sound,

His

EAt of the stalest white Bread or Bisket, and some of the blewest Raisins of the Sun for Breakfast and Supper, his Dinner must be a neck of Mutton very dry roasted, but once basted, or a Chicken or Rabbet dry roasted.

Item, before he entreth his Diet, he must purge twice, and let blood once, and once a week purge during his Diet.

Item, the first fourteen dayes let him keep his Chamber.

Item, let him alwayes purge with ten grains of dulcified Mercury given in a Pill of Methridate.

TAke Zenna, Turbith, Diagredii ana iii ʒ, Epithimum, Galingale ana i ʒ di. Annis, Cinamon, Ginger, ana i ʒ, salt Gem six grains, all fine searced and mixed, the Dosse is i ʒ in Dia prunis, or Posset Ale.

A Purgation

158 The secrets of Physicke

304.

A Purgation which purgeth all Aquous Humours.

TAKE Rubarb, Turbith, Hermodactils, Diagredii, Senna, Agarick, Mechoacan, Sugar ana ii 3, Cloves, Fennell, Ginger, Annis, Mastick, ana i 3, Saffron and Cinnamon ana ii 3, pulverize and searce all these, the Dosse is i 3 in Succory water or Posset Ale.

Item, for a Childe of seven yeers old, or a Woman with childe, between iii moneths and vii, take Mechoacan fine searced, and of this former Powder ana i 3, give it in Sugar sops within dia prunis.

305.

Pils that purgeth the four Humours.

TAKE Mirabolaus and Rubarb ana iv 3, the juice of Egrimony and Wormwood ana ii 3, Hermodactils, Agarick, Coliquintida, Polipody ana i 3, Diagredii, Turbith, Aloes ana vi 3, Mastick, red Rose leaves, salt Gem, Epithimum, Annis and Ginger ana i 3, mix them and searce them, compound them in a Morter with syrup of Roses to a Masse for Pils, the Dosse is i 3 in
five

five Pills, taken in the pap of a roasted Apple,
or any syrup.

306.

Plaister Basilicon to draw and heal.

TAKE Wax, Rosin, Cowestallow, Pitch,
Birdlime, elect Myrrh, Tarre and Oli-
banum ana vi 3, melt the Rosin, Tallow,
Pitch and Wax, then strain them, powder
fine your Olibanum and Myrrh, then put
them in, and last put in the rest, stir them
well till they be cold.

307.

Plaister gratia Dei.

TAKE Bettony, Vervine, Pimpernell,
Dazies, Plantain, Centory, Ribwort,
and Avens ana i M. Hearb *gratia Dei* ii M.
both Crops and Roots, wash them clean, and
bruise them small in a Morter, then put
them in an earthen Pot, and put to them a
pottle of good red Wine, or white, cover it,
and boyl it from a pottle to a quart, being
boyled, let it stand twelve hours, then strain
it thorow a cloath, then wash the pot again
with white Wine, and put in the Liquor
again, and boyl it, then take Wax di. lb,
Rosin

160 *The secrets of Physicke*

Rosin di. lb, Galbanum i 3, Mastick i 3 small powdered, let it boyl well, still stirring it a quarter of an hour, then take it from the fire, pnt thereto Turpentine iv 3, stir it till it be well compounded, then strain it thorow a strong canvas cloath, the next morning put some womans milk of a man childe to it, melt it on the fire againe ready to boyl, then anoynt your hands with Oyl or Butter, make it up in rowles.

308.

Plumbeous plaisters, or of Lead, to heale and finish a sore.

TAke Chalke ii 3, Hogs grease ii 3, Ceruse i 3, Lapis Calamniaris i 3, then beat and mix the Ceruse and Chalke in a hot Brasse Morter with a hot Pestle halfe an houre, adding some Hoggs grease thereto in beating them, then make it up in small rowles, when you use it spread it on Leather a good thicknesse, let it lye 24 houres unre-moved so use it till you be whole.

Plaster

309.

*Plaister greene to Cure greene aed new
wounds.*

TAKE clarified Sheeps-sewet, the leaves of
greene Tobacco, Hounds-tongue, Saint
Johns Wort, Valerian, Plantaine, Rib-
wort, Selse-heale, and Tutsane leaves ana
di, lb, Hogs grease di. lb, chop the hearbs,
then boyle them in the sewet and grease
till the greenesse be out of the hearbes, then
straine it out, and presently mix therewith
Venice Turpentine, and Wax ana ii ℥, first
melt the Wax, and put it in so hot, mix all
well together.

310.

*Plaister that cureth all waterish stinking
humours.*

TAKE Chalke fine powdred i lb, Hogs-
grease xii ℥, compound them together,
with your hands till they be thick like dung
then lay it on the sore di. inch thick till it
be well.

Blacke

162 The secrets of Physicke

311.

*Black Plaister mundifieth all sores, and
taketh away all Pain.*

TAke Sallet oyl and white Vinegar ana
xii ℥, white Lead and red Lead ana ii ℥,
Wax iii ℥, boyl all together till they
be black, then adde thereto Camphire prepa-
red iv ℥, when it is taken from the fire, and
mix it well.

312.

*Plaister of Tapsus barbatus, that cures all Cankers,
Fistulaes, Plague sores, hot Bruises,
Botches or Fellons.*

TAke the juices of Smallage, Carduus,
young Wormwood, Mullin, Walwort,
Pimpernell, Dovefoot, Plantain, Egrimony,
Mugwort, Sage, Dazies, Nightshade, and Flu-
ellin ana i ℥.

Woodbine iv M. when they be stamped
and strained, put to as much Honey in mea-
sure as you have in juices, then boyl them
together in a new red Pipkin close covered,
let them boyl simpering, still stirring it till it
come to the thicknesse of Honey, then take
it

it from the fire, and keep it in a new earthen pot close covered.

When you make a Plaister for any the uses aforesaid, then take of this Honey $\text{iv } \frac{3}{4}$, Wheat meal $\text{ii } \frac{3}{4}$, boyl all these together one walm, stir it still for fear of burning, then take it from the fire, put to it presently Venice Turpentine $\text{ii } \frac{3}{4}$, mix it well with the rest, when it is almost cold, pour the white of two Eggs well beaten thereto, mix them together till it be cold: now the Plaister it called Diassofmos.

313.

*A Lotion to wash the grief before you plaister it, dresse it twice a day, bathe it hot, or se-
ringe it before the plaister be
applied.*

TAKE Nightshade, Smallage, Egrimony, Fluelline, Sage, Carduus ana M. Woodbine ii M. Allom $\text{iv } \frac{3}{4}$, Honey $\text{ii } \frac{3}{4}$, Plantain water and white Wine ana one pinte, boyl all these Hearbs small cut till their substance be forth, with the Honey, Allom, Wine and water, strain it to your use.

A Potion

164 The secrets of Physicke

314.

*A Potion to drink warm first and last during
the Cure, with the Plaister and
Lotion.*

TAke Sanicle, Fluellin, Pimpernell,
Cransbill, wilde Tanfie, Egrimony, Va-
lerian and Mouscar ana i M. bruise them,
then put to it Cloves bruised i 3, boyl them
all in one quart of white Wine, and one
pinte of water, with three spoonfuls of Ho-
ney, then strain it, and mix therewith one
pinte of Carduus water.

315.

*Plaister for any Ache, Grief, Sore, Swelling
or Pain.*

TAke Rosemary, Camomile, Sage, Elder
buds, Sothernwood, Lavander, Worm-
wood, Costmary, red Mint, Rew, Lavander-
cotton, Buglosse and Brocklime ana ii M.
black Snails one quart, Frankinsence iv 3,
Wax, Rosin ana ii 3, Hens dounge and Cows
dounge di. lb of each; Butter out of the churn
unsalted iii lb, Mace, Cloves, Nutmegs and
Cinamon ana iv 3 fine powdred; boyl all
these together close stopped, strain it, and
put it in Gally pots to your use.

Plaister

316.

Plaister for old sores.

TAKE Olibenum, Lapis Calaminaris Le-
charge of Lead, and Bole ana i $\frac{3}{4}$ pow-
dered and searced, Wax ii $\frac{3}{4}$, and oyle of Roses
 $\frac{3}{4}$, boyle them to a plaister.

317.

Pleurisie the Cure.

BOyle Mallow roots iii $\frac{3}{4}$ in water till
they be tender, then take them forth,
and stamp them with Butter, Honey, and
Pidgeons dung ana ii $\frac{3}{4}$, mix them well, and
apply it to the side affected,

318.

Poyson and plague to prevent.

TAKE the leavs of Rew, Figs, Juniper-ber-
ries ana iii $\frac{3}{4}$, Walnut. kernells ii $\frac{3}{4}$, mix
all these together in Wine-Vinegar, iustuse it
therein all night, next day begin to take
thereof ii $\frac{3}{4}$ every morning.

Item, Bezar, Harts-horne, Ivory, any of
these in Dragon-water or with Methridate
doth the like.

L

A Pill

319.

A Pill to give sleep and ease in all extream paine.

TAke Cinnamon, Cassia lignea, Opium ana ii 3, Myrrh, both the Peppers ana i 3, Castor di 3, Saffron i 3 fine powdered, and made to a Masse for Pills with Honey, the Dosse is two Pills, no bigger then small Tares either.

320.

A Purgation that cleanseth the head, braine, and all the body of melancholy.

TAke Senna vi 3, Ginger i 3, Buglosse i 3, flowers ii 3, infuse all in a close stopped Ale bottle of stone, with a pint of Whay of Goats milk, let them boyle in Balneo one hour, then let it coole, give it to drink warm in the morning: this preserveth against all passions of the braine, it helps hearing, smelling, and seeing, and strengthens all the body, and unburthens the same of every humour that abounds, as Choler, Phlegme, and Melancholy: this was the practise of *Mathiolus Riolanus*, and *Ach-tains*.

A Diet

321.

A Dyet that cures all Potes, Scabs, and
Lamenesse.

Take Zaesa perilla, and Hermodacts ana
vi 3, Calaminaries iiii 3, Senna iiii 3, Tur-
bith ii 3, Guaiacum viii 3, bark of Guaiacum
iii 3, Bole ii 3, Liquorice iiii 3 mundified,
French Barly vi 3, Fennell and Aniseeds ana
iiii 3; put all these in a Diet-pot with foure
gallons of water, stop it close, and infuse
them all night in the hot embers, then boyl
it on a soft fire foure houres; in the end of
the boyling put therein Laudanum Paracel-
sus purified ii 3, Mithridate i 3, mix them
all together, drink thereof often a good
draught, especially first and last: this cureth
all aches in the limbs or body, French Pox,
or any discafe, strengthens the spirits; if you
use it for the Dropfie, put in good store of
Mechoachan; if for Paine in the head, put
in Stacades or Bettony ana iii 3, when it is
strained, put to the simples againe, so much
water againe, boyle it as before for small
drink at meales.

L 2

Another

322.

Another Diet for Pox.

TAke Sarfa petilla iii ℥, Guaiacum viii ℥, bark of Guaiacum iii ℥, bruised not too small floecados iii ℥, Liquorice mundified, and then sliced, Anniseed bruised ana ii ℥, infuse all these in a Diet pot all night close stopped with nine quarts of water, next day boyl it on a soft fire till the third part be spent, then straine it, drink a good draught thereof first and last, use your selfe as aforesaid.

323.

*A Plaister sanative and defensive for Pox
or old Sores.*

TAke oyle of Olive one pinte, Virgin-Wax Olibanum, gum Elemni, Lapis Calaminaris and Rosin ana iii ℥ fine powdred, dissolve all these on a small fire then straine them, adde thereto Bole, Terra sigillata, sanguis Draconis, all fine seareed ana ii ℥, Venice Turpentine iii ℥, mix all these on the fire againe, still stirring it till it be cold, this is very excellent for all ulcerations.

324.

*A Plaister attractive, or drawing to heale
sores or wounds.*

TAke Plantaine, Bettony, Dazies, Mouse-eare, Orpius, Mallowes, Ribwort, Ver-vine,

vine, and Sanicle ana ii M, stamp them with Sheeps sewer sufficient to boyle them, let them so boyle covered till the sewer be greene, then put therein Rosin small powdered i lb, Wax small cut di. lb, boyle them one walme, then straine it, put it to the fire againe, melt therein some oyle of Roses, Mastick, and Olibanum ana i 3, Myr rhe iv 3, Aloes, Succotrine vi 3, then take it off the fire, and put to it Turpentine iv 3, mix it and stir it till it be cold.

325.

Some slight Purgations of Senna.

IN *primis*, take Senna in your Broathes in some quantity, with some Ginger, for paines of the head.

Item, Some iv 3 with Ginger and Annis, may bee given to women with childe, and children.

Item, It may be powdered with Ginger, and mixed with syrup of Roses, Laxative, or Cassia in a reasonable Dosse.

Item, iv 3 infused all night in seething hot posset or white wine with Sugar and Ginger, purgeth gently.

326.

*A good Plaister to heale, and dry a sore
being cleansed.*

THeke Hogs-grease viii ℥, oyle of Roses
iii ℥, white Lead ii ℥, Olibanum, Ma-
stick, and Rosin ana ii ℥ fine powdred, Cam-
phire i ℥, mix them altogether, and make a
plaister thereof.

327.

*A Plaister of Masalage which healeth and skin-
neth much, and is pretious, and
comfortable for vaines
and Nerves.*

TAke Letharge of Lead v lb, of white
Lead i lb, of Wooll oyle one pottle, of
Fengreek viii ℥, powder all these, and
searce them; take also Linseed and Mal-
lowes ana iiiii ℥, boyle them in white Wine
and water very soft and tender, then take
them up from the liquor, straine them, then
set your oyle and powdere on the fire, put
in your powders by little and little at once,
then stir them well, put in the Masalages
when it is off the fire, and stirre them
till they be neere cold, then make it up in
rowles.

Plaister

328.

Plaister healing, called Jacobs Plaister.

TAke Lapis Calaminaris, Lapis Sanguinaris, Letharge of gold, Terra figillata, Ceruse ana i ʒ, Bole ii ʒ, all fine powdred, and scarced, oyle of Linseed di. pinte, Wax v ʒ, Rosin iiii ʒ, Turpentine i ʒ, melt altogether, then straine them, mix in your powders before set downe, by little and little, stirre them well together, and make your plaister.

329.

Another of Jacobs Plaister.

TAke Lapis Emery, Adamants Letharge of gold, Ceruse, Letharge of silver, Lapis sanguinaris, Bole, sanguis Draconis, Ox bones burn'd ana ii ʒ, Camphire i ʒ, Wax i lb, Sheeps seweret and Turpentine ana di lb, oyle of Roses iiii ʒ, fiat emplastrum.

330.

An excellent healing and cooling Plaister.

TAke Wax and Deares seweret ana iiii ʒ;
Lapis calaminaris ii ʒ, May-Buttler ii ʒ,
L 2 Camphire

172 *The secrets of Physicke*

Camphire i 3, oyle of Roses viii 3, mix and melt them together, and make your liquid Plaister.

331.
A very good Plaister called the blacke

Plaister.

Take red Lead viii 3, white Lead viii 3, oyle of Linseed viii 3, red Vinegar, iv 3, stirre all together in a panne of a gallon, boyle them on a Charcoole fire till they be black, try one drop on a bright sawcer, if it be black and well, powre it out in cold water, wet your hands in oyle, and so rowle it up.

332.

A Plaister cold, called Colemanes
Plaister.

Take oyle Olive one pinte, Wax iv 3, Pitch iii 3, melt them all together, and straine them, then put therein Ceruse, white Lead, Letharge of gold, Lapis Calaminaris ana iv 3 all powdred, then put therein the Gums, melt them together, and stirre them well, then take them off, and still stir them till they be almost cold, then powre it in cold water,

A good

333.

*A good Plaister to dissolve and cleanse
a Sore.*

TAKE Galbanum ij , infuse it all night in white Wine, wash the Sore therewith, then mix the Galbanum, working it in your hands, and so plaister it on.

334.

A good Sannative, Incarnative, and Desiccative Plaister for Ulcers.

TAKE a pinte of oyl Olive and Wax iv $\frac{3}{4}$ in small pieces, boyl them on the fire till the Wax be melted, then put them in a Bole dish, put therein Lapis Calaminaris powdered, mix and stir them together with a rolling pin till it be cold, so make it to a plaister.

335.

Powder to incarnate and dry up Sores.

TAKE Frankincense, Dragons blood, quick Lime ana, make powder thereof.

Another

174 The secrets of Physicke

336.

*Another Powder to encrease Flesh,
and heal.*

TAke Dragons blood, Aloes, Olibanum, Sarcacolla ana i 3, powder it, and apply it.

337.

A Plaister to incarnate and mundifie.

TAke Rosin and Wax ana ii 3, Turpentine iii 3, Frankincense and Mastick ana i 3, Saracole, Mummy ana iii 3, oyl of Mastick, and Honey of Roses ana iv 3, Barly meal ii 3, mix them on the fire, and make a Plaister.

338.

A Plaister maturative and ripening.

TAke the juice of Smallage, Honey, flower of Wheat, and the yokes of Eggs, mix them, and make your Plaister.

339.

*A Plaister or Searcloth for fractures
or Bruises.*

TAke Rosin and Wax ana viii 3, black Pitch iv 3, Perofine ii 3, oyl Olive viii 3, melt

melt them, and put shere to Cummin seed
fine powdred and searced it 3, mix &c.

340.

A Plaister to heal Sores and Scabs.

Take the juices of Celendine, Fumitory,
Scabius and red Docks ana iv 3, Le-
tharge and Ceruse ana iv 3 fine pow-
dred, mix them with Vinegar and Hogs
grease ana, set them on the fire, and in boyl-
ing mix your Powders by little and little at
once, stirring them, and so use it.

341.

A Plaister for the Cramp in Arm or Leg.

Take great Onions, roast them tender,
make a plaister, and apply it where the
pain is very hot, and in thrice dressing
it will be well.

342.

A good Plaister to heal and cleanse old Sores.

Take Rosin xii 3, Perosme iv 3, Wax viii 3,
Galbanum i 3, Mastick, Sang. Draconis
ana iv 3, Frankincense i 3, all powdred
small, Honey and Bores grease ana iv 3, Ver-
digrease i 3, melt them, stir them, and put it
up to use.

Another

. 343.

Another Plaister to dissolve and ripen.

TAke Mallow roots, Lillies, Henbane and Smallage, seeth them tender, stamp them, and boyl them with May butter and oyl of Linseed ana, in boyling put some Honey therein, stir them well together, then thicken it with the powders of Linseed and Fene-greek, when you heat it, put Milk and May butter thereto, *quod sufficit.*

345.

A good Plaister defecative and cleansing, lately used.

TAke Rosin, Wax, Hogs grease ana ii 3, Honey clarified i 3 di. put not in your Honey till the Rosin and Wax be melted, then stir them well, and in stirring put in the powder of white Copperas, what you think fit for the Cure.

345.

A Plaister to skin and heal very fast.

TAke oyl of Linseed viii 3, new Wax iv 3, melt them at a soft fire, stir them, then put thereto Lapis Calaminaris i 3. fine powdered, still stir it, in the cooling put in one spoonfull

and Chyrurgery. 177

spoonfull of white Wine Vinegar, so make it, let it be well mixed.

346.

A Plaister to heale and dry.

TAke oyle Olive and new Wax, melt them, put in fine powder of Calaminorum, make it red with the powder of red Lead, if the sore be cleane, dresse it but once in three dayes.

347.

Another of the same nature.

TAke Lapis Calaminaris, grinde it fine on a Painters stone, put thereto fresh Butter. and oyle of Linseed, a little Ale and Ceruse, grinde on the stone.

348.

A Plaister to assuage heat and inflammation of the liver.

TAke Barly meale mixed with the juyces of Sengreen, and Orpium, and Vinegar, mix them with Populion and the cold white oyntment, make a plaister, and lay it to your right side.

A Powder

178 The secrets of Physicke

349.

*A Powder to correct and abate fungie Flesh,
or mortifie it.*

TAKE fine Allom, Verdigrease ana ii $\frac{3}{4}$, Bole
iv $\frac{3}{4}$, all fine powdred and searced, mix
them, and use it.

350.

A Powder to destroy Warts any where.

TAKE Savine dried and powdred, if it be
not strong enough, mix powder of Mer-
cury sublimate, which will destroy Itch, Can-
ker, Pox or Corns.

*Item, burned Allom, or burned Coparas,
or the green powder of Hollyworth, &c.*

351.

*A Powder praised of all Chyrurgions, for it scales
Bones, and stops the warring of Nerves
or Sinews.*

TAKE burn'd Copperas i $\frac{3}{4}$, Auri Pigmen-
tum fine Combust i $\frac{3}{4}$, Verdigrease fine
searced i $\frac{3}{4}$, burn'd Allom fine powdred and
searced iii $\frac{3}{4}$, mix them together, it is excel-
lent in operation.

352.

The Powder of Mercury sublimate.

TAke Mercury powder sublimate, put to it Bole, so that in the mixing the powder may be but pale, a little reddish; this kills all Pox, Cankers, old Sores, &c.

353.

Pox or Plague, or any thing else, to purge out.

TAke the waters of Scabius and Fumitory ana first and last, with Triacle, Diatesaron and Sugar *quod sufficit*.

354.

A Purgation which wrought good effect.

TAke one pinte of white Wine, boyl therein Borage flowers, Violet flowers, Succory, and red Roses ana di. M. boyl them close covered, till half the Wine be wasted, then strain it, and put to it Allosuccotrine fine powdred $\text{iv } 3$, Anniseed fine powdred $\text{ii } 3$, take of this vi spoonfuls at once, it purgeth well with Sugar.

Another

355.

Another gentle purgation that is good against melancholly, and comforts the spirits.

TAke the juices of old Pippins and Borage ana, as much as will make a draught, heat it seething hot, then infuse therein all night Senna iv 3, Manna and Syrup of Roses ana i 3, Anniseed bruised iv 3, next morning strain it, and drink it warm.

356.

Pain or pustulls rising any where.

TAke white Wine, the whay of Butter-milk ana di. pint, damask Rose leaves dried, and Bean flowers or blossomes Mi. boyl them close covered a little while, then take it from the fire, and presently mix di. pint of oyl of Tartar made of white wine, so let it stand close covered till it be neer cold, then strain it, and foment the place very hot with double cloaths a quarter of an hour; this hath cured and eased many.

A Plai.

357.

*A Plaister of Adders tongue and sweet
Maudlin, all greene, which cureth
greene wounds and
old sores.*

TAKE Linseed oyle i pinte, Adders tongue
and sweet Maudlin both green, in May
and June ana iii M, strip forth their stalks,
and bruise them, then boyle them in the
oyle, adde thereto white wine, viz. let them
all boyle till the hearbs be very soft, then
straine them out, and put the liquor to the
fire againe, adde thereto Rosin and Wax
small broken viii 3, boyle them till all be
melted, still stirring it, then take it off pre-
sently, mix therewith Venice Turpentine
vi 3, liquid Storax i 3, so it is made.

358.

Paine in the belly, or any part to Cure.

BOyle in a quart of Posset-Ale Mayden-
naire i M, Anniseed and Liquorice mun-
dified and bruised ana iv 3, Ivorie shavings
one spoonfull, Boyle them well, straine it,
and drink it warme.

M

A Pectoral

359.

*A Peſſorall Eleſtuary that comforts Memory,
the Sight, and all griefes.*

TAKE red Sage, Carduus Benedictus, and Rosemary dried and powdred ana iʒ, Lavander, Pennyryall, Balme, Morjorum, Stœcadus, Sothrenwood, and Tyme ana iv ʒ, all dried, powdred and searced, Ginger and Lyquorice mundified, Cloves, Cinamon, Mace, Annis, Caroway, Fennell, Corianderseed, Cardimonium, Cubebs, Calamus Aromaticus, Ireos, Florentine, Galin-gale, Mirrh, liguum Aloes, long Pepper, Zedoria ana iv ʒ all powdred, shake and stirre all these powders in a quart of spring water, wherein hath been boyled di. lb of Raisins of the Sunne stoned and strained forth, then put in iii lb of English honey, put it to fire againe, let them boyle a quarter of an houre, still stirring it with a spatula, then take it again from fire, and put in the fourth part of a pinte of Rosewater, and Nutmeg viii powdred, when it is cold put it in close pots, the Dosse is i ʒ at once alone, or better with Balme water, or drink a little Balme water with Sugar.

Also

Also boyle with the former simples mirabolans embellick, and Bellerick stoned, powdred, and searced ana ii 3, mirabolans Kebule, and Inde stoned, powdred, and searced ana i 3 altogether.

360.

Tissick or infections of the Lungs.

BOyle the leaves and seeds of March, Malblowes, in Milke or Wine, let the sick drink thereof.

361.

Plague a defensive, and cureth the sick of it.

BOyl in three pints of Malmfie, Sage, and Rew ii M. till it be well boyled, then straine it, put to the liquor againe, boyle it two walmes with Nutmeg, Ginger, and long Pepper all mixed together i 3, then take it from fire, and presently mix to it Michridate i 3, Triacle ii 3, Aqua-vitæ iv 3, mix them together while it is cold, then put it up in a Vyall close stopped; take halfe a spoonfull every second morning for a Defensive, but if infected, one spoonfull first and last, and sweat three houres.

M 2

Purging

362.

*Purging Lozenges, the Dosse is one or two
drams.*

TAke Senna $\text{iv } \text{ʒ}$. Ginger and Liquorice
ana $\text{ii } \text{ʒ}$, Turbith and Rubarb ana $\text{i } \text{ʒ}$,
Diagredij $\text{ii } \text{ʒ}$, Hermodaetills $\text{iii } \text{ʒ}$, Fra-
grariæ folium $\text{i } \text{ʒ}$, Mace $\text{di. } \text{ʒ}$, white Sugar
 $\text{i } \text{lb}$ powdred and searced, Rosewater $\text{viii } \text{ʒ}$,
compound them, and so make them.

363.

Reines running, or Gonorrhæa.

TAke Bole, terra figillata, sanguis Dra-
conis ana $\text{i } \text{ʒ}$, conserve of red Roses
 $\text{iii } \text{ʒ}$, make it to a Masse for Pills, the
Dosse is the quantity of a Nutmeg, morning
and evening.

364.

Another for the same.

First purge well with new drawne Cassia
 $\text{i } \text{ʒ}$ in a draught of white Wine.

Rx Pearle, Corall, Cresses seed and Mad-
der ana $\text{iv } \text{ʒ}$, Cumfry roots dried and pow-
dred, Venice Turpentine dried and
powdred, Acorne cups powdred ana $\text{iv } \text{ʒ}$,
make all these with Venice Turpentine to a
Masse

Masse, the Dosse is vii Pils, as big as Pease,
take it first and last.

365.

Rupture to Cure.

TAKE the white of an Egge beaten like
oyle, colour it red with Alkanet, anoynt
the back or place where the grieve is by a
hot fire, keepe it warme with a Lambs
skin, or take Dove-foot or Cranes bill
powdred, give halfe a spoonefull thereof
in Claret Wine or red warme for one and
twenty dayes together morning and eve-
ning, fasting two houres after; if it be for
old people, adde to it nine Snailes shells
powdred and dryed, during the cure weare
a Trusse, stir it not much, and abstaine from
windy meates; or take Polipody of the old
Horne beame tree, stamp the roots thereof
with the white of an Egge, and binde it
against the place burst, renewing it every
fouse and twenty houres for ten or twelve
dayes, all that time drink nought but small
Beere or Ale, and infuse Cumfry roots and
Solomons scale bruised.

M 3

Ring-

186 The secrets of Physicke

366.

Ringworme, Tetter, or creeping sore,
the Cure.

TAKE of the rustiest yellow fat Bacon, cut it thin, fry the grease out of it, then powre it cleane forth from the salt, make cleane the Pan, and put in the cleare grease againe, fry therein Cup-Mosse, till it be dry like coales, then straine out the cleare grease, and mix it with di, so much Tarre: make an unguent of it, and anoynt the grieve every day, or red Dock roots unwashed and thin sliced, steeped all night in strong Vinegar, and with a clout bathe it often.

367.

For a Red gum, or Sansfleame face
old or new.

TAKE the juyces of Sorrell, Smallage, and Plantain ana, honey alike di. the white of an Eg, adde so much Wheat flower as will compound them to a Salve, mixed all raw together, and cold without fire, and so apply it, it will cleanse, abate the paine, and heale.

Or Pine-nut kernels, bray them in water (make a Salve of it) let it stand till a fat swim thereon, and with the fat anoynt the grieve.

Rheume

368.

Rheume, or Tooth-ache, the Cure.

TAKE Gum Armo, and Mastick ana ij li .
boyle them in Aqua-vitæ iv z , Wine
Vinegaa ij z , till the third part be wasted,
then straine it adde thereto honey iv z , Saf-
fron viii graines powdred, incorporate them
together, and with a clout on the top of a
stick, apply it to the grieve.

Or Staves acre, Pepper, Bay salt, and Pel-
litory ana, all pulverized together, sowe
them in a linnen cloath as big as a Nut,
steep it in Wine-vinegar one quarter of an
houre, then put one of them in your mouth,
champ it, and turne it from one side to ano-
ther, spit out the rewme as it comes.

Or stamp some greene Rew with some
Bay salt, apply it to the gums grieved in a
linnen cloath, it takes away the paine.

369.

To stay and dry the Rheume.

TAKE a piece of white bread, dry, and
hard, then soake it in Malmisie or Mus-
cadine, then strew on it Sugar powdred,
Wormwood and Mints powdred, then dry
it, and eat it.

M 4

For

370.

For Rheume.

TAKE Mustard seed boyled in Vinegar
hold it warme in your mouth where the
paine is spilt.

371.

Ruptures or Dislocations.

BOYLE Rocket roots in water very tender,
then bray them, and plaister them to the
griefe, it cures.

372.

Sores a drying powder.

TAKE Frankincense, Vernish, Fengreek, Al-
loficcitrine, the powder of burned bones
ana ii 3, strew it thick on the sore.

373.

Sores fretting or eating.

TAKE the hearb Female Fluellyn, bruise it
and apply it to the sore, and drink the
juyce of it in wine and water.

Sores

374.

Sores running, leprous, and skin rugged.

TAke two parts of Sope, a third part of Auri pigmentum fine powdred and mixed, anoint the Grief.

375.

Sores old to dry up, a Lotion.

TAke so much dulcified Mercury as will make twelve Spoonfuls of Plantain water white as milk, dip a feather in it, and dresse the sore, it cures.

376.

For the same Sore a Plaister.

TAke white Lead ii 3, Camphire dissolved in the white of an egg i 3, Olibanum and Mastick fine powdred ana ii 3, incorporate all these in a Morter with a Pestle, with oyl of white Rose and Virgins wax thin scraped, to the stiffnesse of a Plaister, lay it to the Sore after the water hath dried it.

Sore

190 The secrets of Physicke

379.

Sore, a Corrasive.

TAke green Copperas small powdered and burn'd in a Crucible on a great fire for xii hours, till it be as red as blood, grind it fine on a Painters stone, lay this Powder on the Sore thin, dresse it every xxiy hours till the dead flesh be clean out.

380.

Sores great and old, a plaister.

TAke oyl of Roses i lb, di. lb, oyl of Myrtle, Oyntment, Populeon ana iv 3, Hens greafe ii 3, Oxe tallow i lb, di. lb, Hogs greafe vii 3, Letharge of Gold and Silver ana iii 3, di. 3, white Lead and red Lead ana iv 3, Wax vi 3, boyl them altogether sufficiently, then take it from fire, and mix to it Turpentine.

381.

Sores hollow, a Lotion to mundifie.

TAke Barbour's lye i lb, honey of Roses iv 3, Saracole iii 3, Smallage leaves and Horehound ana di. M, boyl them, strain them, and use it.

Sores

382.

Sores swelling to affrage.

Boyle in Vinegar and Verjuice sweet Butter, dip double linen cloaths in it, use it hot.

383.

Sores or Ulcers to mundifie, a Water.

Take Egrimony, Saint Johns Wort, Centory, Wormwood, Scabius, Crassula major and Cumfry roots, ana i M. stamp all these together, and boyle them in a gallon of water and a pottle of white Wine, with di lb Sugar, till the Liquor be half wasted, then strain it and keep it to your use, seringe this Water as hot into your Sores as may be: If you would have it more cleansing, adde thereto Melrosarum; if of greater cleansing and cooling, adde thereto Plantain or Nightshade water, wherein is boyled a little Allom, this Water cleanseth from the deep parts of corrupt and filthy Ulcers and Humours, makes other Medicines work the better.

Serpigo

384.

Sperigo or Tetter to cure.

TAke Sallet oyl ii 3, Camphire iv 3, flower of Brimstone, and Sugar ana i 3, grinde all together in a stone Morter, and put it in a glasse, in the day time anoint the Grief, as often as you will with Oyl, wherein the golden Sea-cole powdred is boyled, but at night with the former Oyl.

385.

Sperigo or Tetter, another sure one.

TAke the rustiest Bacon you can get, onely the fat thereof, fry it in a frying pan till you have all the fat forth, then pour it cleer out, and wipe the pan clean, put in the Liquor again, and fry therein i M of Feltory, *alias* Cup-mosse, clean picked and cleansed, fry it in the Liquor till it be hard and black, then strain it into some vessell, and put to it two spoonfulls of Tar, and of liquid Storax iv 3, stir them well together til it be cold, anoint the Grief therewith, and lay a linen cloath dipt therein on the Sore.

Sores,

386.

Sores, Allom water that cureth.

TAke one pinte of unslaked Lime, put it in a pipkin, put thereto of the newest Tan-ners Oose that never had Leather in it very warm, then scum it over clean, let it settle till the water be cleer, and therewith wash the Sore with wet cloaths, four double, and lay them on.

387.

Sores old, and Ulcers, an Oyl to heal and dry.

TAke oyl or gum of Guaiacum ii 3, incorporate it in oyl of Roses ii 3, Ceruse and Letharge of Tin, Alloficcitrine and Turpentine, ana ii 3, mix all these together in a mortar of Lead, then with Lint lay it on the Sore, this will dry and draw together the lips of Sores.

388.

Sores inflamed to cool much, and ease the pain.

TAke oyl of Rotes and Violets, Unguentum Rosarum, ana ii 3, juice of Plantain and Housleek, ana i 3, Letharge of Gold and Silver, ana x 3, Tutia, ii 3, Camphire

194 *The secrets of Physicke*

Camphire i 3, all mixed together and well ground on a stone.

389.

Stone, an outward application.

TAKE the crums of stale Rye bread, boyl it in a pipkin with so much verjuice of Crabs as will boyl it to a thick poultis, spread it on a cloath, and apply it on the grief as hot as you can suffer it; if the pain remove, follow it with your medicine, renew it hot till you be well.

390.

Suone, a distilled Water for it.

TAKE Epithimum, Asparagus, Rape, Saxifrage, Parsley, Sea thistle, Carret, Fennell roots, Maidenhair, Gromill, Parsnips, Pellitory of the wall ana i M. beat your Hearbs, and slice your Roots, then beat Cherry stones in a Morter i M, infuse them all in a quart of red Cowe milk a whole night, then distill it, drink with white Wine five spoonfulls of this at one time four mornings together.

Stone

391.

Stone, a powder.

TAke Euglish Liquorice mundified and bruised ii 3, Parsnip roots, Carrets, March Mallows cleansed any bruised, ana i 3, put them in a pot, pour thereon hot seething water one quart, let it stand close stopped till it be cold, then strain out a good draught, put into it a soft roasted Apple, make it thick as Lambs wool, drink thereof a good draught first and last, morning and evening, it forceth Urine, and opens the Uriners.

392.

Stone, straight passage of Urine to help.

TAke Saxifrage, Ashenkeys, Broom-seeds, Holly berries, Parsley seed, Hawes, Bramble berries, Alexander seed, dry them and powder them ana i 3, the stones of a Boar i 3, take of this powder di. 3, in a draught of warm white Wine, use it at need.

Shingles

393.

Shingles, the Cure.

TAKE the juice of Rue, oyl of Roses and Vinegar mixed, with so much Ceruse to an Unguent, therewith anoint the grif.

Or the juice of Nightshade, with oyl of Roses, Ceruse, Letharge of Gold, as before, or Cats blood, anoint therewith.

394.

Sinews and Veins cut to cure.

TAKE the great red Worms knit together, lay them to the Grief; or Magistrall oyl with Wine and Olibanum, doth the like.

395.

Stitch, a present Cure.

SWallow so much of the powder of Rosin as will lye on a twelve pence in a draught of Sack or Beer, or the powder of a Bores tusk as much as will lye on a groat, in warm white Wine, doth it; or take Camomile and Dazies with the flowers, ana i M, Comin-seed bruised one spoonfull, boyl all these either in Malmsey or Sack, thicken it with leaven bread to a Poultis, lay it very hot to the Grief.

Sciatica,

396.

Sciatica, the Cure.

Make a plaister with Caranna or Taccha, Mahacca with oyle of Roses, lay it on hot, let it lye two or three dayes, then take it off, wipe it and apply it again warme.

397.

Sweat to procure.

Drinke a draught of Sack-Poffet very hot, with iv Bay-berries husked and powdred therein, cover him warme, and wipe off the sweat.

398.

Squinancie, or any Swelling the throat.

Take Camonill flowers, red Rose leaves, Rosemary tops ana i M. and xii Cloves, fill two linnen bags therewith, heat them betwixt two platters on a Chafingdish and coales, with a pinte of white Wine, apply them to the grief, hard wrung out one after another as hot as he can suffer it, as one cooleth, put on another hot, so continue it for one halfe hour at every dressing with warme white Wine wherein is boyled Honey, red Rose-leaves, and Rosemary tops ana.

N

Stur-

. 399.

Scurvy, the Cure.

TAKE Scurvy-grasse, Devils-Bitt, Water-creffes and Brock-lime ana i M. Worm-wood, di. M. stamp and straine them with a quart of white Wine, alayed with a pinte of water, boyle them altogether six walmes, adde thereto in boyling white Ginger powdered ii 3, Enula Champ. i 3. a little Saffron powdered, drink thereof first and last, let him infuse Saxafrage in his drink at meales, but let him first purge with this following.

Take Senna Alexandrine, iv 3. Epithimum ii 3, Raisins of the Sun stoned, i 3, Fennell seed, Annis and Ginger, ana di. 3, infuse them all night in very warme Whay, in the morning wring it out hard, and give it the Patient.

400.

Swelling, or Inflammation a Pultis.

TAKE Mallowes, Commill, and Violet leaves, ana i M. boyle them in fresh Hogs grease till they be tender, then lay on the hearbs hot for a Pultis, if you adde the crums of Rye-bread, it will cleanse any corrupt Ulcer.

Swelling,

401.

Swelling, or any ache an oyntment.

TAKE the marrow of an Oxe and new li-
quid Hens dung, ana di. lb. boyle them
together adde thereto powder of Alkanet,
strain it out hard, and fricate the grief warm
by a fire with a cloath, then anoynt it.

402.

Swolne or scabbea Legs to heale.

TAKE red Dock rootes and Plantaine ana
boyle them till they be tender, then
bruise them till they be small, boyle them
again in Sheeps sewer, and apply it as a
Poultis.

403.

To skin a Sore or heale a wound.

TAKE oyle of red Roses, infuse therein a
little Gum-dragant, and a little pow-
der of Alkanet, let it stand till the Gumme
be like a gelly, then straine it and anoynt
therewith.

N 2

Scabs

404.

Scabs, the Cure over all the body.

TAke Devils Bitt, Scurvy-grasse, Water-creffes, Brocklime, and Fumitory, ana i M. Rosemary tops, di. M. bruise them and infuse them in clarified Whay, drink no other drink for six dayes.

405.

Scabs, an unguent with the former drinke.

TAke the juyce of Scabius i 3, Enulacam. powdred i 3, oyle of red Roses i 3, boyle them in ii 3 of Vinegar till it be hick, anoynt.

406.

Stomack to cleanse.

TAke Centaury, Scabius, Devils Bitt and Egrimony, ana di. M. sprigs of Rosemary tops foure, or one race of Ginger grated, three large Mace, boyle them all in a quart of claret Wine sweetned with Honey, drinke thereof first and last till you be well.

Scal'd

407.

Scal'd head the Cure.

Mix with Hogs grease the juyce of Alexander, and a little Auri-pigmentum fine powdred, to make it looke yellowish, melt it and put it in the powder while it is on the fire, make an oyntment therewith, and anoynt the grieve.

Or take Soute, Oyle. Olive, a little Wine Vinegar, Feltery, Grasse, boyle them together till the Feltery be hard and like a coal, then strain it and put thereto one spoonfull of Tarre, stir it till it be almost cold.

Or take of the worst Salt-butter i lb. the juyce of Celendine, fry them together till it become black, strain it and anoynt.

408.

Swelling or paine between the skin and the flesh.

Take the dung of a Deere, Goate, or Sheep fine powdred, boyl it in Malmsey and Wine Vinegar, ana, adde thereto some powder of Cominsced, boyle them to the thicknesse of a plaister, apply it hot, and dresse it every xxiv houres.

409.

Speech lost to Cure.

Take the iuyce of Sage and Primrose, boyl
it in white Wine, and Gargarize the
mouth therewith.

410.

Strangury and Stone to Cure.

Take one quart of white wine, infuse there-
in all night the rootes of Parsnips and
Carrets thinne sliced, ana i 3, the next day
strain the Wine out, and infuse therein the
powder of a Hares haire, the power of a
Filberts shell, Licorice cleansed and pow-
dred, ana i spoonfull, Cinnamon, Nutmegs,
white Ginger, Ivy-berries, Parsly seed, Ca-
roway, Coriander and Fennell, all fine pow-
dred halfe a Spoonfull Sugarcandy pow-
dred ii 3, shake all these together in the pot
with Wine, so let it stand, drink a good
draught of it first and last, fast two houres
after in morning.

A Diet

411.

Sores running to dry and heale.

TAke the Mosse that growes on the black thorn, powder it fine, the bark of Guaiacum powdred, powder of old ratten oaken post, powder of the burnt bones of the jawes of a Pig, the powder of calcined Vitriall, and burn'd Allomana i 3, compaunded with Honey to a plaister.

412.

Stich to Cure.

APply to the place grieved crummes of Rye-bread wet with verjuyce, as a Pulvis very hot, if the paine run on follow it with the hot Pulvis till it be gone.

413.

Stone to breake.

TAke the shell or thin rinds of Acorne the hips of the Briar, red Holly-beries and Nutmegs, ana all dryed and powdred, drinke hereof first and last in warme white Wine, di. spoonfull at once for six dayes or more ; it helps.

N 4

For.

414.

*For all sicknesse, Fevers, Impostumes, or any
other disease in Mans body.*

TAKE Hyfop, Bettony, Rosemary, Violet,
Vervin, Saint Johns Wort, Avence,
Moufe-eare, Plantain, Feverfew, ana i M.
clean washed and stamped in a Morter, then
put them in a new Earthen pot with one
gallon of white Wine, so let it stand close
covered to infuse all night, in the morning
boyle it close covered to the consumption
of halfe, then straine it through a haire Sieve
into a double Vvall, then give the sick to
drink thereof evening hot, and morning
cold, a great draught every time, this pow-
der following to be drunk therewith.

Take Gallingale and Nutmegs ana iv 3,
Ginger i 3, Cloves, Cinnamon, Spikenard, E-
nula Campain, ana ii 3, Licorice vi 3, Sugar
foure 3, all fine powdred and searced, then
mix one spoonefull of this powder in one
pinte of the liquor aforesaid, so morning
and evening drink a great draught as is set
downe. Take first the simple liquor vi dayes
and vi nights, and then other foure dayes
and nights, take it with the powder, this
will cure you if ever you be cured.

Stich,

415.

Stitch, a remedy, in the Spleen, or any
part of the Body.

CUt a thin Turf, having some short grasse
thereon, broyl it on a Grid-iron, still
basting it with Vinegar, put it in a double
cloth, and apply it very hot.

Or the leaves of the smoothest Holly
dried and powdred fine, drink thereof so
much as will lye on a six pence in any warm
drink.

416.

A Stone that maketh Water for any Sore to bathe
it, or heal any Canker in the face.

TAke Allom and white Copperas ana i 3,
fine powdred, then put them in an ear-
then dish, make the powder hollow, or a
hole in the midst of it, pour on a little white
Wine to moysten the powders, so let them
boyl till they be almost dry, then put to it
white and red Lead powdred ana ii 3, stir
and mix them well together till they be dry,
then make the Hearth very clean where the
fire was, lay the dish and powders with the
bottoms upward thereon, then cover the
dish with hot embers, so let it lye till the
powders

206 *The secrets of Physicke*

Powders dry, and the dish be cold, then take out the stone made of the Powders, and put iv 3 thereof into a pinte of Plantain water, or white Wine and water, and bathe the sore therewith warm, and lay Lint wet therein all day, and all night lay a Plaister made with some of this stone powdred, mixt with Honey and Camphire, but first bathe it with the water, so use it till you be well.

417.

Sciatica, an approved Medicine.

TAKE Malmſie and Neats-foot oyl ana di pint, the youngest tops of Rosemary, the young tops of Bay leaves and Lavander, Spike, ana di. handfull, all cut small, boyled till the Hearbs be tender, then stamped very small, mixed with ten spoonfulls of Aquavitæ, then mix it to a Salve, and anoint therewith.

418.

To skin a Sore, and make it perfectly whole.

TAKE Lapis Calaminaris powdred and searced, mix therewith fresh Butter out of the Churn, and Linseed oyl ana, a little Bole and Ceruse fine powdred, mixt altogether and apply it.

Sciatica,

419.

*Sciatica, Gowt or Ache an excellent Oyle
to cure it.*

TAKE Sallet oyl one pottle, put it in a broad gallon Glasse, infuse therein Rosemary flowers bruised i lb, let them so stand in the Sun close covered till Midsommer, then take red Rose buds i lb, take out the whites, Dill di. lb, St Johns Wort i lb di. lb, Vervine di. lb, bruisse all these Hearbs, then put them into the glasse of Oyl, stop it close again, and Sun it for ten dayes more, then after a shower of Rain, gather Earth-worms one quart, cleanse them in white Wine, and wipe them hard in a course cloath of Linen, then take those Worms, and Lavander, Spike di. lb, and ten young Swallowes out of the new, beat them so small till you can discern neither bones, nor feathers, nor Guts, then put them also into the glasse of Oyl, and stir them well, and so let it stand one night or two, pour out all this egredients into a Pipkin covered, adde thereto one pinte of Malmse, and di. pinte of Aquavitz, let it simmer softly till the Wine and Aquavitz be wasted, then strain it hard, and put it in a double Viall close stopped, boyl it in Balneo with

208 *The secrets of Physicke*

with some powdred Cloves, and Mastick
powdred ana ii 3 for halfe an hour softly,
then Sun it again ten dayes, then put it up,
let it be ten weeks old before you use.

420.

*To cleanse and heal a Sore with a fair linen
cloath dry.*

TAke Plantain water, put thereto Mercury
fine powdred, stir them well together, and
so let them stand infused all night, then
ponre the clear water from the powder, then
wet a clean linen cloath therein, take it out,
hang it over the pot with Mercury to drain
therein, so let it hang till it be dry, let it
come neer no Sun, but let it dry in the sha-
dow, then cut it fit for the Sore, apply it
thereto till it be whole, renew it as you doe
other plaisters.

421.

*A drink for the Stone that cleanseth
the Back.*

GIve him to drink Benedicta laxative in a
draught of warm white Wine, then co-
ver him warm in his bed, let him sweat well
two hours; this is excellent to cleanse the
Reins,

To

423.

To make *Diaacentaria* which purgeth the Stomack,
comforts the Liver, Milt, and
cooles the Body.

TAke the powders of Centaury and Cumin
ana i 3, Fennell, Parsley and Hyfop, Mint
seed, all powdred ana iv 3, boyl all these in
white Wine till the Wine be wasted, then
bray all in a Morter, and compound it all
in a pan with clarified Honey, being cleans-
ed with the white of an egg, let the Honey
be three parts, and the seeds two parts by
weight, then boyl them one or two walms,
till it wax somewhat thick, still stirring it,
then stir and mix therewith the powder of
Anniseed, Cinamon, Galingale and Liquo-
rice mundified ana i 3, let them be well mix-
ed, eat thereof at any time.

424.

Excellent Powders for the Stone.

TAke Smallage seeds, Parsly, Lovage, Saxa-
frage, roots of Philapendula, Cherry-
stones, Gromill and Broom seeds, Ashenkeys
ana i 3, powder them fine, take of this one
spoonfull at once in any thing, fast three
hours after.

Stone

424.

*Stone, a pretious Water to drink, and
may be taken with the foresaid
Powder.*

TAke strong Ale six dayes old three
gallons, Liquorice and Annis bruised
ana iii ℥, Birch leaves burned, Pelli-
tory, Water-creffes, Saxifrage, Cromill,
Philapendula, Alexander, Parsley seed, green
Pennyriall, red Bramble leaves ana i M, Haw
berries di. pinte, distill all these in a Lim-
beck, and keep the Water, which drink alone,
or with the other Powder,

425.

A distilled Water to break the Stone.

TAke wild Mirtle like Butchers broom,
Asparagus or Sparage, Eringus, Rapes,
Pally, Maidenhair, Gromill, wild Car-
rots, Endive, Fennell roots ana, cut or bray-
ed grossly, infuse them in Wine on a soft fire,
this breaks the Stone, and causeth Urine.

Stitching

426.

*Stitching or drawing wide Wounds together,
without touching flesh or skin
with a Needle.*

TAke Mastick, Dragons blood ana ii 3,
Frankincense i 3, Milldust, and Beane
meale ana i 3 di. 3, powder these fine,
and temper it with the whites of Eggs beaten
in a dish, and some Rosewater unto a thin
Plaister, then spread it on two narrow
strong linnen cloathes, full as long as the
wound, lay on each side of the wound one
of them, near the lips of the wound, let
them there lye till they be full dry, then they
will stick fast to the flesh, then with a needle
and thread draw them together as near as
you please without any touch or hurt to the
wound, which much easeth the Patie.it.

427.

Stinking Mouth to Cure.

TAke brown Nuts, boyle them in wine
Vinegar, wash the mouth and gumes
therewith, and after rub them with
dry Mints : this cureth.
Or eat Rosemary fasting.

Stinking

428.

Stinking Breath for the stomach.

TAKE Cumin fine powdred, boyl it in white Wine from a pottle to a quart, drink of it first and last hot, it cures in fifteen dayes : *probatum*, drink a pinte every day.

Or the roots of Spearmints boyled in Honey, drunk to bedward, or mixt with the former Medicine.

Or Mountain Thyme, or wild Thime that growes on Mole-hils, wash it, stamp it small, adde thereto Cumin powdred di. 3, Pepper di. 3 powdred, boyl all together in a pottle of white Wine to a quart, use to drink this alwayes after meat, at afternoon once, and last at night hot as you can abide ; this likewise cureth in fifteen dayes.

Or sometimes dip a Lawrell leaf in Mustard, and hold it under the tongue, it furthers the cure.

429.

Speech used in sleep, to remedy.

TAKE the juice of Sothernwood mixed with white Wine or Vinegar, and give it him to drink when he goes to bed, this helps to sleep quietly.

Or

Or take crops of Rew and Vervineana, stamp them with Vinegar, straine them, and drink it last to bedward ten dayes together, it cureth.

430.

To helpe Children to speake quickly

Rub the tongue with salt Gem and Honey mixed together, it wil profit much.

461.

An excellent Cordiall to comfort the stomack, hearts and braine, quickens the memory, and much comforts the spirits.

Take Calamus Aromaticus, Galingale, Cubes, Spikenard, Cardimonium, graines of Paradise, Myrrhe, Cloves, Ginger, Mace, Nutmegs, Cinnamon, Coriander, Fennell, and Anniseeds ii 3 of each, Liquorice mundified, Conserve of red Roses, syrup of Violets, Rosemary dried, and red Sage dried ana iii 3, Rosewater, Borage water, Balme water ana i 3, or for want the waters, the hearbs dried and powdred ana i 3, Honey clarified with the white of an Egge i lb, pulverize and searce all those simples that are to be powdred, then in a broad gally pot mix all these simples, Honey and waters together,

214 *The secrets of Physicke*

together to a Conserve, let the Patient take the quantity of two Hazell nuts, in the morning fasting, two houres after, and last to bed-ward so much as a Hazell nut.

432.

For foule Scabs.

TAke Scammony and Vinegar, and apply it, it helps and dryeth mervailously.

433.

For Scabs and Tetters.

TAke the juyce of Lymes, old Oyle of Nuts and Tarre ana, let them boyle together, then straine them, and mix therewith the fine powder of chimney foot, make an oymntment thereof.

Or the juyce of the Dock mixt well, doth the same.

434.

For the Sciatica an unguent, probatum.

BOyle a pinte of old Malmfie, with di. lb of Butter out of the Churne unsalted, let them boyle till it come to a Salve, therewith anoynt the grieve warme, use this for any other paine.

Tetter,

Tetter, the Cure.

TAke red Roseleaves, Sage, Camomile, and Rosemary ana i M. Pomgranat Pils, and Allom ana i v 3, boyle all these in two quarts of white Wine, to the consumption of a third part, bathe the sore therewith, and apply on it a plaister of Diapalmæ.

Or black Sops, Ginger, and Pepper, make an unguent of it, and use it, it cures.

Tympanie or Dropsie, the Cure.

TAke five pintes of Rhennish or white Wine, and three porrengers full of the shes of Burn'd Broome, Cinnamon iii 3, infuse them all night together, next morning runne it through a jelly bagge so often till it be cleare, adde thereto so much Sugar as will fit your taste, bottle it up close, let it stand one day, then drink it first and last, and one houre before meales, and after walke till you be warme, at each time take a good draught cold, eate neither Milke, Broath. nor spoone meat, sale meats, nor

216 *The secrets of Physicke*

fryed, drink but little at meales, no wine at all, except the stomack be weake.

437.

Tbornes with splinters, and to draw them out.

TAke a peece of a Fox tongue, steeped all night in Vinegar, bind it fast on for forty houres without removing, it will draw it out.

Or take Ryce meale, Hazell nuts, black Sope, Tarre, Goose dung, and Hens dung, mix them, and boyl them in milk to a poul-tis, plaister it fast on.

Or stamp the roots of a Reed, and lay it to the grieve.

Or stamp Bettony, and use it.

Or take Egrimony, the grease of a Hare and Rye meale mixt, and apply it.

Or take Honey, the gall of a beast, and chalk, and use it.

438.

Tooth-ache with Rheume, the Cure.

Burne Ashen-keyes to ashes, and put them in a fine linnen cloath, bound hard together, then dip it in wine Vinegar, and lay

lay it in the hole behind the eare, this raiseth a blister, and easeth.

Or take Ginger and Liquorice mundified and Powdred ana foure \mathfrak{z} , salt Peeter \mathfrak{z} fine powdred and mixed, then with a quill blow it up into the contrary nostrill where the paine is; this works hard but helps.

439.

Tooth-ache, stinking breath, and loose teeth to Cure.

Dip a linnen cloath in Vinegar of Squills, rub your teeth and gums therewith.

440.

Tooth-ache of Rheume.

TAke English Honey, melt it in a dish, then shred off the inner bark of a white Bullas tree, Pepper, and white Ginger, as much as will make two little Pills, so bigge as a black Cherry, wrap each of them in a thin linnen cloath, dip them in a dish of hot Honey, hold them in your mouth one after another, when one cooleth take another, doe this till the paine be gone,

441.

Physick, or, any disease of the Lungs.

Take the roots of Parsly, Fennell, and Saucory ana i M. pithed, the fresh tops of Rosemary and Bettony ana i M. Anniseed bruised, Liquorice mundified and thin sliced ana i ʒ di. ʒ, Enula Campaine roots powdred iv ʒ, Raisins of the Sunne stoned iv ʒ, English Saffron ʒ i, boyle all these in three quarts of running water one houre, then straine out the liquor, and put it to fire againe, with three spoonefulls of Honey, when it boyles scum it, let it coole, and bottle it up for your use, drink morning and evening eight spoonefulls thereof warme, sometimes rost a Fige, and eat it dipt in the powder of Bettony.

Of this make a syrup, which eat a spoonfull often in the day and night.

442.

Turne sole to make.

Dip linnen cloathes in Allom water, let them dry againe, then take Elder berries, and Black-berries, wring their juyces out, then dip the Allom cloathes therein, let

let them soke well, and keep them when it is well dryed in.

443.

For the Tooth-ache, a medicine made by Doctor Butler of Cambridge.

TAKE the rind of Caper roots, of the black berry bramble, the flowers of Pomgranates called Balaustia ana ii 3, Pellitory of Spain, white Henbane seed, the rind of Mandrake and Roche Allom ana ii 3 di. 3, Spurg of the garden i M, boyle all these together in very hard white Wine, this is rough in taste, therewith gargarize and wash the mouth often.

444.

A Triacle, or rather a pretty Metbridate.

TAKE Gentian, Aristolochia, rotunda, Bay berries husked elect, Myrrhe and Ivory ana i 3, Ginger, Cinnamon, red Roses, Opium, Spikenard Castor Opopdnax, Frankincense, Fennell seeds, Parsly, Caroway, Wormewood, Calamus aromaticus, Enula Campaine, Scordium, or water Germanander, ana ii 3, Storax, Hartswort, Sothernwood, Turpentine wash'd in Rose water

O 4

ana

ana vi 3, powder all that are to be powdered, and searce them fine, incorporate them with honey clarified *quod sufficit*: this is excellent for any strong disease, or other, it expels poyson from the heart of any kinde; it expells winde and venemous vapours, it breakes the Stone, it giveth quiet rest and sleep, it takes away all pain, it causeth urine, and cures all inward griefes and sicknesse, the Dosse is i 3 at a time.

445.

A Stomack drink that cures many diseases, if it be made and drunk in May, they are safe all the year after.

TAke Scabius, Mugwort, Smallage, Devils bit, ground Ivy, Wormewood, Fumitory, Fetherfew, Spicknell ana ii M. boyle them long in Whay made in May, when they be well boyled, in the last walme put in it the whites of six Egges, some Honey clarified, a little Saffron, the powder of twelve Cloves, then straine it, and drink of it first and last.

Thighes

446.

Thighes ace, or feet.

TAKE the roots of Walwort, scrape the inmost rinde, stamp the middest, and temper with Boares grease and plaister it on.

447.

Thornes to draw out any where.

STampe i M, of Dazie roots tempered with yolkes of Egges and wheat flower, and make a plaister thereof, and apply it, dresse it twice a day.

448.

For Tetters or any creeping eating Sores.

TAKE Honey clarified, mix therewith of Daffadill and the roots thereof, anoynt the grieve, or take white Sope i 3, Orpment ii 3, make an unguent therewith, but first wash the place with warme water before you anoynt it.

Or mix the powder of Salt Armoniack with Sope; anoynt and be whole, *probatum.*

Veine

222 *The secrets of Physicke*

449.

Vein broken, or spetting blood.

TAke Mause dounge powdred as much as will lye on a groat, put it in a little draught of the juice of Plantain warm, with a little Sugar, drink thereof first and last till it be well.

450.

Vein broken.

TAke Wormwood, Hemlock, Housleek, anadi. M. Hony and oyl of Roses ana i 3, Bole and sanguis Draconis ana ii 3, beat them together, and plaister it to the Grief.

451.

Ulcers, the Cure.

TAke Roch Allom, powder it, and calcine it till the pot be red hot, and the Allom pure white, then adde thereto Wine Vinegar so much as will cover it, then vapour away the Vinegar till the Allom be black, then calcine it again till it be as white as Snow, then mix it with hony of Roses, make a plaister thereof, any apply it.

Ulcers

452.

Ulcers old to siccatrize and cleanse.

STrew thin over the Ulcer calcined Vitri-
all, then lay on a plaister of Flos Un-
guentorum.

453.

Vomit easie with intermission.

TAke the syrup of Mints and Violets ana
four ℥, boyl them to the thicknesse of
Honey, then draw away the fire, then
mix them with the seeds of Pumpions, Rad-
dish and Nettles dried and powdred, and
Rose water ana iv ℥, the roots of Asarabacca,
dried in the shadow, pure Chalk powdred,
Cinamon and Fennell seed, all powdred,
ana i ℥, confect them altogether into an E-
lectuary, the Dosse is iii ℥ either in Barley
water, Whay or Milk, or honied water.

454.

Vomit to stay.

TAke Mints, Shepherds purse, Plantain,
Knot grasse and Cumfry ana i M, small
chopped, boyl them in a quart of red or
claret Wine, drink of this Wine, and plai-
ster

224 *The secrets of Physicke*

ster the hearbs to the stomach in a double cloath.

455.

Unguent mundifying.

TAke Rosin viii ℥, Colophony foure ℥, Wax i lb. Oyle one lb, Opoponax i ℥, di. ℥, Virdigrease i ℥, melt the Wax and Rosin together, then strew on the gummes being dissolved in Vinegar, then boyle it a little on a soft fire, take it off, and stirre in your Virdigrease last in fine powder by little and little, so plaister it.

456.

Unguentum Neopolitanum, to Cure the French Pox.

TAke Oyle of Spick, Oyle of Tartar, Oyl of Bay, Peterolium, and Swines grease, ana i ℥, Frankincense iv ℥, Euforbium i ℥ di. ℥, ung. dialtheæ, and Agrippa, ana i ℥, Quick-silver mortified with fasting spittle, iii ℥, mix them well and compound an Oyntment thereof, anoynt therewith but hands and armes to the elbowes, legs and feet to the knees.

Un-

T put
greas
on t
pow
red;
open

457.

Unguent to heale a green wound at first dressing.

TAKE Aloes, Siccatrine fine powdred, the powder of Perofine ana, Mix and grind them with the white of an Eg, lay it on with a Spladget of Lint.

458.

Unguent for Ladies chop'd, sore or Lips.

TAKE Butter out of the Churne, melt it with so much Wax, Rosewater, and fine scraped Sugar, compound them together to an Oyntment, and anoynt therewith upon the hands.

459.

Unguent for deep thrustes or Wounds.

TAKE Hogs greas di.℥, the juyce of Plantain, Wormwood, Marigold and Dazies, put to your grease so much Salet Oyle as grease, melt and mix them well together on the fire, put therein so much fine searced powder of Alkanet as covers the unguent red; this cureth without Tent, and keepe it open.

Un-

226 The secrets of Physicke

460.
Unguent incarnative and healing.

TAKE English Honey and Turpentine ,
 melt them on the fire, and scum them
 with a feather, then take it from the fire, and
 stirre it, and put to it the juyces of Dazies
 and Plantain ana, the yolkes of three Eggs,
 stirre them well and mix them to an Un-
 guent.

461.
Unguent to heale the Hemrods , and
 breake them.

TAKE the finest Sope, bray therewith Gar-
 den Snailes without shels , and the fine
 searced powder of burnt Muscleshels , all
 mixed and brayed together , anoynt there-
 with, and in three dressings be whole , and
 then lay on a desiccative powder.

462.
Unguentum defensivum & percussivum.

TAKE Oyle of Roses foure ʒ, Bole two ʒ,
 Terra sigillata one ʒ, Vinegar i ʒ, Cam-
 phire di. ʒ, Nightshade, and Sengreen, ana
 i M. pound the hearbs, and strain the joyces
 out, mix altogether cold, fiat unguentum.

Un-

463.

*Unguentum digestive, which brings a wound
to faire matter.*

TAke Honey and fresh Butter ana, incorporate them well together, with the flower of Fengreeke, Linseed, and Wheat, melt them and mix them on the fire together, make it so.

464.

Unguent to mundi fie.

TAke Rosin, Wax, and Pitch ana iii 3, Deeres Suet i 3, melt them together on a soft fire, strain them purely without pressing, then set it on the fire, and put thereto Verdigrease, vi 3. Allom fine powdred, iv 3, mix them well with six great spoonfuls of Sallet Oyle, and so it is don.

465.

Unguent to cleanse and heale.

TAke white Copperas fine powdred foure 3, Allom fine powdred, and Verdigrease ana iii 3, Honey fine powdred, and Butter ana ii 3, Oyle of Roses ii 3, boyle all together to a liquid unguent, then mix thereto Turpentine ii 3, lay it on with Spledgets.

Un-

466.

Unguent to skin any Wound.

TAke Lapis Calaminaries powdred and searced i 3, fresh Butter, Oyle of Linseed ana ii 3, Bole and Ceruse ana iv 3, powdred and searced, mix them all in a mortar to an unguent, anoynt therewith and lay Spledgets wet therein on it.

467.

Unguent to force one to pisse in any sicknesse.

INfuse and mix ten drops of Oyle of Juniper in ii 3 of Parsley water, drinke it fasting bloud-warm, use it till you be well, which will be at one or two takings.

468.

Wounds and small Cuts.

TAke powder of Storax, mix it with Oyle of Hypericon and Alkanet, it cures quickly.

Wounds

469.

Wounds green, a Balsome to beale quickly.

TAke the oldest white Wine i pinte, Oyle three pintes, Hypericon, Clownes Alheale, and red Rose buds, ana i M, fresh and small thread, earthen wormes cleansed di. lb, boyle all these in the Oyle and Wine, till the Oyle and Wine be consumed; then strain it hard forth, and put it to fire againe, digest therein liquid Storax i 3, and Venice Turpentine i lb, Wax cut in pieces ii 3, mixe them well together, when it is cold put it in Vyals, and Sun it ten dayes, this is a good tenting Salve.

470.

Wounds green, a Salve to Cure.

TAke the Oyle of Linseed one pinte, infuse therein Adders tongue and sweet Maude in small chop'd or cut all night, so much as the Oyle will cover, the next day boyle it close covered, till the hearbs have lost their colour, then straine it, put the Oyle to fire againe, put thereto Wax and Rosin, cut in small pieces ana two 3 till it be well melted, then mix and stirre therein Venice Turpen-

P

tine

230 *The secrets of Physicke*

tine ii 3 being well mixed, take it from fire
put it up to your use.

471.

Wounds or Sores, a good Lotion.

TAke white Wine one pinte, infuse there-
in so much calcined Vitriall as will
make it bloud red, then put thereto the
powder of calcined Allom, so much as a
Walnut.

472.

Wenne to Cure.

Rub the Wen on a dead body, a man on
a woman, and a woman the contrary,
prick the Wen with a Needle in the dead
body to be buried with him.

473.

Wormes to kill and Cure.

TAke Cockle, and with the flower
thereof make a plaister, temper it
with the juyce of Wormwood, lay it
on the Navell.

Or take the powders of Bettony, Savine,
Wormwood, and Century, ana mixed, eat
a little thereof in broaths, or drinke it in
drinke.

Winde

474.

Winde Colick to Cure.

TAKE the powder of Setwell Roots, and put it in white Wine, it is very good.

475.

Winde with pain and swelling in the Stomack.

TAKE Avenice, Licorice and Annis, cleansed and bruised, Gallingale and Hyssop, with the powder of Mace, and a little Gentian, boyle all these in white Wine, the doffe is in discretion, straine it and drinke it warme.

Or oyle of Roses, Wax, powders of Mastick and Mace melted together, and apply it in a plaister to the Stomack.

476.

Wilde fire in the flesh to Cure.

TAKE the dregs or lees of red or Claret Wine, or White, and the dregs of Vinegar, the whites and yolks of Eggs, bray all these together and apply it.

P 2

Water

477.

*Water to dry and beale a Sore, and to dry a
humour.*

TAke white Copperas calcined and
powdred fine, seeth it in faire running
water, then let it stand and settle, take
none but the cleereſt thereof, or ſtrain it
purely, and ſo uſe it.

478.

Womens milke hard in Breasts to Cure.

TAke Mints, Walwort and Vervine ana
Hogs greaſe, ſtamp them together,
and as a Poultis apply it.

479.

Warts or Wens to Cure.

TAke i lb, of the fiſt tap of Sopemakers
Lye, put it in a pot and mix therewith
ſo much quick Lyme as will make it thick,
then put it in a bag, hang it up with a Baſon
under it, and let the water drayne into the
Baſon, then put a drop of that water on the
top of the Wart or Wen, and let it dry in
three or foure times till it looke white, then
it will goe away.

Wa.

480.

*Water to eject or serenge the Secrets of Man
or Woman, and good Lotion
for old Sores.*

TAke water and white Wine ana one quart, Woodbine leaves and flowres, ana ii M. Sage, Rosemary and Water-creffes small chopt and well boyled together halfe an houre close covered, then put therein Allom iv 3, powdred, and Honey two small spoonefuls, then boyle them three walmes,, strain it and keep it to use.

481.

Womans Paps swolne, or hard to Cure.

TAke the juyce of Hearb Benet, bathe the hard breast therewith, and wet a double cloeth therein and lay it thereon, bathe it and wet the cloath againe, so use it till you be well.

P 3

The



The Temperature, Nature and qualities of Plants and Hearbs for Physick.

First Medicine temperate, hot in first Degree.

BEans, Water-lillies, Barley, Knecholme, Maldenhair, Hogs grease, Sweet Oyle, Milke, Wax, White Lead, Letharge of White Lead, Venice haire, or Walferne, Tutty, or Liquorice, Gourds, Citron, or Orange.

482.

Medicines hot in the first Degree.

Round Aristolochia, Hollihocks, sweet Almonds, Chestnuts, Fige, Wormewood, Smallage, and Egermony, Buglosse, Borage, Mercury, Devils Bitt, Harts tongue, Walworte, Aloes, Wheat, Fongreeke, Linseed, Honey, Butter, Sugar, Whay, Melilots, new Wine, Gronsell, Elder tree, Mushrome, or Agarick,

Me.

483.

Medicines hot in the second Degree.

Guaiacum, Cyprus, Calamus Aromat, Piony, Nutmegs, bitter Almonds, Enula, Campain, Comfrey, Branckerurline, Samickle, Lyons tooth, wilde Rocket, Bennet, Lavander, Cardamonium, Horehound, Garden Mints, Stone, Parsly, Scabius, Fenell, Frankincense, Myrrhe, Mastick, Saracole, Bryony, Maddar, Fumitory, Clary, Broome, Hops, Hyssop, Balme.

484.

Hot in the third Degree.

Gentian, Aristolochia longa, Polipodium, Pellitory of Spain, Horf-radish, Dogstones, Galingale, Gladon, Ginger, Ireos, Watercrofoot, Mugwort, Chervill, Cyprus, Selenidine, Origany, Sage, Raperoot, French Dittany, Annis, Opoponax, Rosemary, Hyssop, Galbanum, Juniper, Coliquintida, Costmary, Saint Johns Wort, Privet, Rew, Savine,

485.

Hot in the fourth Degree.

Garlick, Onions, Tinthimale, Mustardseed, Euforbium, Pepper, Petroleum, Pelitory of Spain, Anacardus, Savory.

486.

Medicines cold in the first Degree.

Chestnuts, Mallowes, Pomegranats, Barbaries, Knotgrasse, Lillies, Arach, Barly, Pears, Apples, Violets, Roses, Quinices, Cytrons.

587.

Cold in the second Degree.

Peach, Orange, Gourd, Cucumbers, Primrose, swore Pomegranats, Lungwort, Fleawort, Blossomes of Pomegranats, Acacia Plantain, Endive, the yellow Flower-Deluce.

488.

Cold in the third Degree

Tassell, Housleek, Sorrell, Wilde Endive, Tormentill, Purslain, the lesser Housleek, Night-shade, Strawberries, Raspis, Camphir.

489.

Cold in the fourth Degree.

Poppy, Opium, Hemlock, Henbane, Mandrake.

490.

Medicines moyst in the first Degree.

Enula Campain, Mallowes, Buglosse, Borage.

rage, Butter, Spurge, Almonds, Linseed, Violets, Tarre.

491.

Moyst in the second Degree.

Lillies, Lintels of the Pens, Flowre De-luge, Lettice, wilde Bore-brech, Cucumber, Pursly, Primrose, white Mustard seed, Dates, Fleawort, Ammoniacum, Arache, Ling-wort, Eringus roots, Gourds.

492.

Moyst in the third degree.

Satyrión, wilde Endive, Strawberries, Gourds, Colewort.

Moyst in the fourth degree

Quicksilver.

493.

Medicines dry in the first degree.

Fennell, Hollyhocks, Divels bit, Elder, Pomegranats, Barly, Walwort, Chesnuts, Fengreeke, Camomile, Millilote, Saffron, Frankincense, Sarcacole, Beanes, Fumitory, Tormentill, Sorrell.

494.

Dry in the second degree.

Aristolochia, Guaiacum, Cyprus, Calamus aromaticus,

238 *The secrets of Physicke*

aromaticus, Cinnamon, Dill, Sothernwood, Camphire, Opium, Centaury the lesser, Horehound, Sanicle, Lyons tooth, Hyssop, Broom, Parsly, Scabius, Pimpernell, Cardimonium, bitter Almonds, Millet, the Indian Nut, Nutmegs, Myrrhe, Verjuyce, Honey, Anniseed, Cyprus, Juniper tree, Endive, Fennell, Lavander, Hops, Gariofolia, Balme, Mints, Figs, Pomgranats, Mastick.

494.

Dry in the third degree.

Lavander, Hogs bread, Gladen, Rape root, Pellitory of Spain, Gentian, Galingale, Dragons, Wormewood, Mugwort, Crow foot, Bettony, Celendine, Hemlock, Hellebore, great Celendine, Privet, Towne Cresses, Anniseed, Origan, Cinkfoyle, Rosemary, Savine, Cockell, Tuttsan, Garlick, Cumin, Sanguis Draconis, Galls, Sothernwood, St. Johns Wort, Pennyryall, Rew, Sorrell, Tormentill, Arabick, Chalk, Vinegar, Aloes, Millet.

495.

Dry in the fourth degree.

Pepper, Spurge, Anacardus Savory, Oyle, stone Parsly, Mustard, Euphorbium, Garlick, same Cresses.

To

466.

*To Cure a greene Wound by the Weapon, that
gave it without sight of the
party wounded.*

TAKE of the Mosse growing upon a Scull
iii ℥, of Ceres ii ℥, May Butter clarified
two quarts, Deere sewer i ℥, Bees Wax ii ℥,
Camphire di. ℥, boyle all these in the Butter,
till it come to a pinte, then take Venice Tur-
pentine i ℥, and boyle it a walme with the
rest being a pinte, stir it till it be cold, put
thereinto oyle of Snayles ii ℥, while it is
luke-warme, beat them all together with
your hand, till it be made into a Balsome.

497.

The use of it.

TEMPER the Balsome upon the palme of
your hand, and therewith anoynt the
Weapon that gave the wound, so farre as it
was in the wound, then take a fine linnen
cloath and binde up the weapon, so farre as
it is anoynted, tye it very hard, and put it in-
to a Trunke or other close place from ayre
for xxi dayes, the Patient shall be well.

How

498.

How the Wound shall be used in the meane time.

CAuse the Wound to be washed twice every day with the water of the party wounded, then dip a ragge of fine Holland, in Spring water filling it therewith as full as it can be filled, and lay it close upon the Wound; but if any bone be broken or perished, so that it needeth to be scaled, then let the wound be washed and chafed with the Urine till it bleed at every washing.

499.

His Dyet must be temperate.

WHite bread, Table Beere, fresh Meat, but let him abstain from Beefe, Pork, Goose, and all kinde of fish.

500.

How to make oyle of Snayles.

TAke a quart of black Snayles in May, put them in a bagge, with halfe a handfull of Bay salt, bruised, hang them up untill they drop thorow the bagge, a quart of Snayles will make ii $\frac{3}{4}$ of Oyle.

A briefe



A briefe Collection of all Hearbs, Plants, Seeds, Spices, and Gums now used in Physicke, to purge the Body of Man, omitting all such herbs and Plants as have any great Danger to deale withall.

A Garick purgeth Phlegme and Melancholy, ministred with Spices, and corrected accordingly.

Alto-Cicotine in the pap of a roasted Apple, or any way else purgeth gently, the Dosse is one Dram.

Astrabacca, the leaves purgeth upward and downeward, if so gathered and stripped.

BRiony white, take the young Sprouts thereof boyled, and eat it, purgeth by stooles, and Urine Phlegmes, so doth the roots in decoction, but strong and offensive.

Buckhorne berries, powdred and boyled in the fat broath of flesh, one dram and a half purgeth phlegme and choler.

Broom, the young tops boyled in Wine, purgeth the Dropsie, or any waterish cause.

Bettony

242 *The secrets of Physicke*

Bettony, one dram, of the roots dryed in water and Honey powdred, purgeth upward grosse and filthy humours, and helpeth the Sciatica.

Borage flowers made in Conserve, purgeth Melancholy, and comforts the heart.

Coliquintida, the weight of ten graines of the pith therof in decoction or other wayes, with Mastick and Spices fit for it, purgeth phlegme and choler.

Cowcumber wilde x or xii graines of the juyce thereof infused, purgeth phlegme.

Centory in Decoction looseth the belly, and cureth the Sciatica.

Cassia Fistula purgeth choler and bloud from Superfluities.

Cich, or wilde Tarre, or Orbus seed fine powdred, and taken with Honey, purgeth by Seige and Urine.

Daffodill root with Nettle-seed, boyled in white Wine and Honey, purgeth the blood and spots.

Dodar, that growes on Flax, boyled in white Wine, purgeth by Urine, stoole, and choler.

Danewort i \varnothing , of the seed bruised & taken with syrup of Roses, and a little Sacke, is a good Purgation for Gowt or Dropsie, it purgeth

purgeth waterish humours by Stoole.

Epithimum, or mother of Thyme foure ʒ
powdred with Oxymell, and a little salt
Gem purgeth choler and phlegm, and clean-
seth the blood, so it will doe boyled greene
in Decoction.

Esine with the broad leafe i ʒ, of his inner
bark, boyled in Wine, purgeth phlegme.

Enula Campaine the roots, candied, pre-
served, or in a Loche, to be licked, pur-
geth clammy humours in breast or lungs.

Eldren the crops, leaves, or inner bark ta-
ken in broath, purgeth phlegm, and so doth
the seed infused in Vinegar, and afterward
dried, then take i ʒ any way.

Fumitory the juyce in syrup or decoction
purgeth by Urine, and Seige blood, and
hot humors.

Fennell giant i ʒ of the juyce of an Ele-
ctuary, purgeth phlegme and choler.

Flower-de-luce, the juyce of his roots
drunk with Whay, or otherwayes, to allay
heat, doth effectually purge Choler and wa-
terish humors, and is good for the Drop sic.

Fennell hogs, or hogs fennell, the yellow
sap of the root taken with bitter Almonds
and Rew, purgeth phlegme and choler.

Fleawort seed boyled, and the decoction
made,

244 *The secrets of Physicke*

made & takē, purgerh hot cholerick humors.

Fox gloves in Decoction boyled with white Wine and Honey, or Sugar, purgeth and ripens tough phlegme in the breast, and opens the stopping of the Liver and Intrails.

Fengreek, the juyce boyled with Honey, or the Decoction of the seed in Wine, and a little Vinegar, purgeth by stoole all manner of corrupt humors from stomack & Gowts.

Fetherfew powder drunke with Oximell, purgeth phlegme and melancholy, and cheereth the Lungs from purfivenesse.

Frankincense, Hearbs, Leaves, and Roots, boyled with white Wine and Pepper, purgeth Leprosie and Pox.

Glasse, Saltwort, a little of the hearb any way taken inward, purgeth by Urine the Dropfie.

Gladden stinking, the root infused in Ale, or any other Decoction, purgeth by Sieges, and Urine, but the seeds purgeth more by Urine then the roots doth.

Hellebore black, or Beare foot powdred with sweet Wine, purgeth blacke choler.

Hops, the juyce purgeth blood from choler, by Stoole and Urine.

Hedge Hyssop two \mathcal{D} bruised and boyled, purgeth

purgeth waterish humours.

Isop the iuyce taken with Oxymell, purgeth phlegme.

Lillies red, the roots and leaves boyled in water and hony, purgeth the blood.

Lawrill, his leaves greene or dry i ʒ, purgeth phlegme upward and downward, ten graines of the seed doth the same.

MAndrake, the iuyce of his roots in smal quantity purgeth phlegme.

Mercury, the Decoction purgeth phlegme and waterish humours.

Mechoacan powdred i ʒ in Sack, purgeth phlegme and waterish humors.

Night shade or bitter sweet, the wood hereof in Decoction in white Wine di. M. thin sliced, purgeth both Dropsie and Jaundis by stoole and urine.

Organy or wilde Marjorum, in Decoction purgeth by Seige and Urine.

St. **P**Eeters Wort i ʒ, fine powdred, a decoction of honied Wine purgeth the belly.

Polypody of the Oake in decoction, purgeth phlegme gently, the Dosse is i ʒ.

Pruins damask di. ℥b, boyled with honey one spoonful, & Senna i ʒ, make an Electuary

Q

thereof,

246 *The secrets of Physicke*

thereof purgeth gently, it may be sharped with any the precedent Medicaments.

Palma Christi both hearb and seed boyled in decoction purgeth phlegme and waterish humours upward and downward.

Peniryall with Honey purgeth the Lungs and Breast, and with one ʒ of Aloes purgeth and helpeth the Crampe and Convulsion of Sinews.

Peach flowers or blossomes infused in warme water xxiv houres, then strained out and new put in as before, and so used and renewed vi. times, then strained, and the liquor boyled up with Sugar to a Syrup, take two spoonful, thereof at once, it is the gentlest purgation in the World, none better nor easier.

Rubarb two ʒ more or lesse to the parties strength, infused or otherwayes purges Choler.

Southernwood seed one ʒ powdred and boyled in white Wine, purgeth phlegme by Urine.

Scammony ten or xii graines roasted in a Quince, and the Scammony cast away, then eat the Quince or make an Electuary with Pruins and some viii grains thereof, purgeth Choler and slimy phlegme.

Sca-

Scabius the Decoction purgeth Scabs and Sores of the Bladder by Urine.

Seny ii 3, Mechoacan iv 3, white Ginger one 3, Anniseed and Licorice, ana li 3, Saltgem, iii 3, all fine powdred and seared, take it fasting one or two spoonfuls in warme white Wine, it is a gentle purgation.

Sowbread root one 3 di. with honied water, purgeth grosse phlegme and filthy humours.

Stecadosse, or French Lavander, opens all stoppings in body, and expels all corrupt humours, it is an excellent hearb for Man.

TUtsane seed lii 3, small powdred in decoction, purgeth Choler and is good for Dropisie, drinke water two dayes after it.

Turnesole one M. boyled in white Wine, purgeth Choler and phlegme.

Turbith one 3 di. in an Electuary with Syrup of Violets and Ginger, purges phlegme.

Tinchimill seed or Spurge corrected, discretly purges both wayes.

Three-leaved-grasse, the Decoction with Honey and Salt for a Glyster purgeth the guts of slime and filth.

248 *The secrets of Physicke*

Violets the syrup iii ℥, purgeth gently, you may sharpen it with any the precedents.

WOad one pennyworth of the seed boyled with Water and Honey, purgeth choler.

Wormwood purgeth by Siege and Urine a weake stomack, troubled with choler and phlegme.

These Hearbs purge Head and Braine.

THe powder of the root of stinking Gladwine snuffed or taken with a Pipe.

The powder or fume of Tobacco taken as aforesaid.

The root of Lacerwort chewed in the mouth, purgeth and easeth the Tooth-ache.

The rooe of Primrose stamped and strained, snuffe the juyce, purges and helps the Meagrom.

The root of Masterwort chewed.

The powder of the root of wilde Hellyboare.

The roots and leaves of Pellitory of Saidn chewed, purgeth phlegme.

The juyce of Betts snuffed.

Dazie roots and leavs stamped and strained, and the juyce snuffed.

The roots and leaves of the winde flower.

The juyce of Pimpernel gargarized, helps the Tooth-ache, and purgeth.

The juyce of Ivie snuff'd, purges and stayes running eares, and cureth old sores in eares, mix'd with a little oyle of Roses.

The Spice called Graides chewed.

The juyce of Pilewort or little Celandine mix'd with honey, and snuffed.

The dry or Greene leaves of Spurge Lawrell chewed.

The juyce and powder of Bettony helps the sight, and purges.

The juyce of young Sprouts of Nettles snuffed.

The powder of Pepper.

The juyce of a white Onion snuffed, purgeth.

A brieve discourse of the Colours and Judgements of Urines.

URine fat and troubled, betokens a burning fever of Cholera, or red and thick all over with a black circle, sheweth sicknesse all over the body.

Urine white and thin little in quantity sheweth cold in the body.

Urine cleere with a black circle, sheweth the sick hath the Ptsick.

Urine red and thin with a bright circle, sheweth a bad Stomack.

Urine thin and greenish above shews a cold complexion, if blue in casting 'tis the Ptsick.

Urine thin if it shew black above betokens great losse of Nature.

Urine thick and troubled horspisse signifieth head-ache.

Urine fat in the bottome, white in the middest, and red above, shews the Fever quartan.

Urine fat like flesh with dregs in the bottome like shodowing, shews the Dropisie of Cold, but if it be whey above, cleere in the

the middest, and shadowing beneath sheweth hot dropfie.

Urine with black dregs in the bottome like gobbets of coales sheweth wormes.

Urine with black contentr like Mothes in the midst shews an Impostume under the side.

Urine with contents like shavings of Parchment, in the bottome, sheweth stopping in the Reines and Pips of the Liver.

Urine black and green with a long white Contents signifies the Palsie.

Urine that hath grains under the circle, sheweth the stomack is full of wormes, and also burning of the heart.

Urine soule above, sheweth heate in the Heart, Lungs, and Spleen.

Urine with black contents in the bottom sheweth Constivenesse.

Urine that is long lasting, betokens byting in the body and great Rheume.

Urine thick, little in quantity, and high coloured, sheweth great burning in the body.

Urine frothy, cleer and a little red, shews pain under the right side.

Urine frothy sheweth winde and paine under the left side.

252 *The secrets of Physicke*

Urine very red sheweth an Inpostume on the Liver.

Urine as red as burn'd gold if it be Hydroptick betokens death.

Urine in a hot Fever, one part red, another black, another green, another blew signifieth death.

Urine in hot axis black and little in quantity and stinking betokens death.

Urine all coloured as lead, sheweth a prolonging of death.

Urine darke and cleer beneath signifies death.

Urine that shineth raw and bright, if the scum in the bottome shines not, shews death.

Urine thin in substance fleeting above like a darke sky shews death.

Urine dirty, stinking and a darke skie shews prolonging of death.

Urine like water with a darke skie in a fever sheweth death.

Urine with dregs in the bottome mingled like bloud, sheweth death.

Urine black and thin, if the sick do loath when he goes to the stool, and speaks overthwart, or understands not aright, if his sicknesse goeth not from him, signifieth death.



Womens Urine, their significations.

URine white, heavy and stinking, shews paine in the Reins, and Mother and Cold.

Urine that fleeteth fat above, shews paine in the Reins of the back.

Urine with black contents in the bottome shews falling of Flowers.

Urine with white contents in the bottome, shews much falling of Flowers.

Urine coloured as Linseed, shews death if she have the Flux.

Urine red as gold with a watery circle above, shews she is with childe: mark if you see your face in a womens water, if shee be without a Fever, she is with Childe.

Urine of a woman with childe shall have some cleer stroaks, the most part is troubled in a reddish manner of a Tawny, this token never fails as soon as the childe hath life, if it be a Girle, the troublesomenesse will draw down-

254 The secrets of Physicke

downward ; if a Boy, the troublesomenesse will be above, this fails not.

Urine bright as gold, shews lust, or desire to marry.

Urine coloured as white Lead, if she be with Childe, sheweth the Childe is dead within her, if she be not with Childe, and the Urine stink and coloured as Lead, sheweth the Mother is rotten.

A rule



*A rule to know the danger of falling sick by the
Diary judgement of the Moon.*

- 1 **I**Nprimis, he that falleth sick on the first
day of the Moon, shall soon dye if the
sicknesse be tedious or fierce.
- 2 Although he be sore sick, hee shall be
cured.
- 3 He may with due regard in Physick be
cured.
- 4 He shall be soon restored to health.
- 5 He shall be sick but ten dayes, and then
restored.
- 6 He is in no danger.
- 7 He shall enjoy life but three moneths.
- 8 Hee shall continue sick and languish a
long time.
- 9 He shall have health after nine dayes.
- 10 He shall amend after ten dayes.
- 11 He shall be long sick, but at last reco-
ver.
- 12 He shall be sick xii dayes and recover.
- 13 He shall have a long and greivous sick-
nesse.

14 He

256 *The secrets of Physicke*

- 14 He shall be soon restored.
- 15 He shall easily escape death.
- 16 He shall be in great danger, if he take the open ayre.
- 17 He shall not prevaile with any Physick to do him good.
18. 19. 20. Be good dayes.
- 21 Sicknesse is mortall and incurable.
- 22 He shall escape after he hath layn three moneths.
- 23 He shall dye in few dayes.
- 24 He shall remaine a long time sick.
25. 26. 27. 28. 29. Be all good dayes.
- 30 He shall hardly escape with many Medicines.

To



To know the Humour that causeth the sicknesse
by the Patients Spittle.

INprimis, if the Spittle be white viscous,
the sicknesse comes of phlegme.

If black and clammy or like Lead, the
sicknesse is of Melancholy.

If Cytron, yellowish or Glassie, it com-
meth of choler.

If tawny or reddish mattery colour it
comes of Bloud.

If the white Spittle be not knotty, it sig-
nifies health.

If fummy or frothy, it signifies winde, and
a raw stomack and cold.

If gleary like horne, it shews a stomack
slack, raw, and slow of digesture.

258 The secrets of Physicke



*A judgement of the state of Mans sicknesse
by the Pulse.*

Lay your four fingers on the Pulse, then marke which finger the Pulse is most strongly under; if the Pulse under the little be feeble and weak, and so under every finger to the heart upward be more weak, it signifieth death.

Contrariwise, if under the little finger it smite strong, and under the Ring-finger stronger, the middle finger more strong, and under the forefinger next the heart strongest of all, it is a good signe and prognosticateth health.

FINIS.

That every one may know how to compound these Medicines, without the help of any other man, therefore the notes of all the Weights which are used among the Apothecaries, are placed underneath.

Grain.		gr.
Scruple.		ʒ.
Drachme.		ʒ.
Ounce.		ʒ.
Pound.		lb.
Quart.		qr.
A small handfull,	hath this	P.
or as much as		
you can take up	marke.	
with three fingers.		
A great handfull.		M.
Half.		di.
Of each.		ana
Receive.		℞.

As much as is sufficient q. s.